

Monash University Policy

Policy Title	Mental Health Policy (Updated)
Date Effective	27 April 2017
Review Date	27 April 2020
Policy Owner	Executive Director, Campus Community Division, Office of the Vice-President (Administration)
Category	Operational
Version Number	1.1
Content Enquiries	campuscommunitydivision@monash.edu
Scope	All staff All students Australian Campuses
Purpose	To promote awareness and assistance to staff and students who experience mental health issues within the University community.
POLICY STATEMENT	

Monash University aims to facilitate and promote positive mental health and wellbeing by providing a safe, healthy and supportive environment.

The university will promote positive mental health and respond to the needs of students and staff who are experiencing mental health difficulties by:

- promoting understanding and recognition of mental health issues through awareness raising and education;
- encouraging staff and students with mental health difficulties to seek assistance;
- providing guidance and training to staff and students on responding appropriately to those experiencing mental health difficulties;
- providing a range of proactive programs and services for staff and students;
- ensuring that the sources of support and advice are clearly communicated to staff and student.

Supporting Procedures	
Responsibility for implementation	Chief Medical Officer Manager, Counselling and Mental Health Programs
Status	Reviewed
Approval Body	Name: Meeting: Date:

	Agenda item:
Endorsement Body	<p>Name: Standing Committee on Mental Health</p> <p>Meeting: 1/17</p> <p>Date: 26-April-2017</p> <p>Agenda item: 5.5</p>
Definitions	
Legislation Mandating Compliance	<p>Occupational Health and Safety Act (2004)</p> <p>Disability Discrimination Act (1992) (Commonwealth)</p>
Related Policies	<p>Conduct and Compliance Policy and Conduct & Compliance - Resolution of Unacceptable Behaviour in the Workplace Procedure</p> <p>Equal Opportunity Policy</p> <p>Monash University Student Charter</p> <p>Occupational Health and Safety Policy and Procedures</p> <p>Assessment in Coursework Units: Adjustments to Assessment Procedures</p> <p>Wellbeing & Support Policy</p> <ul style="list-style-type: none"> • Wellbeing & Support procedure - Employee assistance program (Staff Counselling) and Manager Assist Service, • Wellbeing and Support procedure - Staff with Disability: Requesting Reasonable Workplace Adjustments
Related Documents	<p>Workcover Guide to Managing Healthy Workplace Kit - Your guide to implementing health and wellbeing programs at work.</p>