# Master of Professional Counselling

Course map for students commencing study in 2018

## D6006 Mater of Professional Counselling

*D6006 Handbook entry*: refer to the Handbook for authorised course and unit information.

### Course requirements

**Total credit points**: 96 points.

Students complete:
- Part A. Advanced preparatory units (24 points)
- Part B. Core units (48 points)
- Part C. Application units (24 points)

### Full-time progression – commencing February

<table>
<thead>
<tr>
<th>Year</th>
<th>Sem</th>
<th>Units</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
</table>
| 1    | 1   | **EDF4536**  
Counselling practice and theory  (6 pts) | **EDF5540**  
Children and adolescents counselling (6 pts) | **EDF5541**  
Personnel and career development counselling (6 pts) | **EDF5551**  
Psychological assessment and measurement (6 pts) |
| 1    | 2   | **EDF4537**  
Human growth and lifespan development (6 pts) | **EDF5542**  
Counselling skills: Individuals and couples (6 pts) | **EDF5543**  
Ethics and professional issues in counselling and psychology (6 pts) | **EDF5544**  
Group counselling skills and psychotherapy (6 pts) (20 hours contact) |
| 1    | SSA-02  
(Nov-Feb) | **EDF4538**  
Mental health issues: Grief, trauma and substance abuse (6 pts) | **EDF5545**  
Cognitive behaviour therapy (6 pts)  
(20 hours contact) | **EDF5552**  
Counselling practicum (6 pts)  
(252 hours total = 96 hours contact and 156 hours non-contact) | |
| 2    | Sem 1  
or Full-year | **EDF5546**  
Advanced personnel and career development counselling (6 pts) | **EDF5547**  
Counselling research design, statistics and program evaluation (6 pts) | **EDF5553**  
Research project in counselling (12 pts) | **EDF5554**  
Counselling internship (0 pts)  
(504 hours total = 192 hours contact and 312 hours non-contact) |
| 2    | 2   | **EDF4539**  
Counselling in a multicultural context (6 pts) | | | |

This is a conceptual outline only. Enquiries regarding the course structure should be directed to the Course Adviser at your home campus. Every effort has been made to ensure that the information provided is correct at the time of publication. Monash University reserves the right to alter this information as required. D6006.1 Version 2 - March 2018.
# Master of Professional Counselling

Course map for students commencing study in 2018

## Full-time progression – commencing July

<table>
<thead>
<tr>
<th>Year</th>
<th>Sem</th>
<th>Units</th>
</tr>
</thead>
</table>
| 1    | 2   | **EDF4536**  
Counselling practice and theory  
(6 pts) |
|      |     | **EDF5542**  
Counselling skills: Individuals and couples  
(6 pts) |
|      |     | **EDF5543**  
Ethics and professional issues in counselling and psychology  
(6 pts) |
|      |     | **EDF5544**  
Group counselling skills and psychotherapy  
(6 pts)  
(20 hours contact) |
| 1    | 1   | **EDF4537**  
Human growth and lifespan development  
(6 pts) |
|      |     | **EDF5540**  
Children and adolescents counselling  
(6 pts) |
|      |     | **EDF5541**  
Personnel and career development counselling  
(6 pts) |
|      |     | **EDF5551**  
Psychological assessment and measurement  
(6 pts) |
| 2    | 2   | **EDF5545**  
Cognitive behaviour therapy  
(6 pts)  
(20 hours contact) |
|      |     | **EDF5547**  
Counselling research design, statistics and program evaluation  
(6 pts) |
|      |     | **EDF5552**  
Counselling practicum  
(252 hours total = 96 hours contact and 156 hours non-contact) |
| 2    |     | **SSA-02**  
(Nov-Feb)  
or **SS-S1-01**  
(Nov-May) |
|      |     | **EDF4538**  
Mental health issues: Grief, trauma and substance abuse  
(6 pts) |
|      |     | **EDF4539**  
Counselling in a multicultural context  
(6 pts) |
|      |     | **EDF5553**  
Research project in counselling  
(12 pts) |
|      |     | **EDF5544**  
Group counselling skills and psychotherapy  
(6 pts)  
(20 hours contact) |
| 2    | 1   | **EDF5546**  
Advanced personnel and career development counselling  
(6 pts) |

---

This is a conceptual outline only. Enquiries regarding the course structure should be directed to the Course Adviser at your home campus. Every effort has been made to ensure that the information provided is correct at the time of publication. Monash University reserves the right to alter this information as required. D6006.1 Version 2 - March 2018.
## Master of Professional Counselling

### Course map for students commencing study in 2018

#### Part-time progression – commencing February

<table>
<thead>
<tr>
<th>Year</th>
<th>Sem</th>
<th>Units</th>
</tr>
</thead>
</table>
| 1    | 1   | **EDF4536**  
Counselling practice and theory (6 pts) |
|      |     | **EDF5540**  
Children and adolescents counselling (6 pts) |
| 1    | 2   | **EDF4537**  
Human growth and lifespan development (6 pts) |
|      |     | **EDF5542**  
Counselling skills: Individuals and couples (6 pts) |
|      | SSA-02 (NOV – FEB) | **EDF4538**  
Mental health issues: Grief, trauma and substance abuse (6 pts) |
|      |     | **EDF5545**  
Cognitive behaviour therapy (6 pts)  
(20 hours contact) |
| 2    | 1   | **EDF5546**  
Advanced personnel and career development counselling (6 pts) |
|      |     | **EDF5547**  
Counselling research design, statistics and program evaluation (6 pts) |
| 2    | 2   | **EDF4539**  
Counselling in a multicultural context (6 pts) |
|      |     | **DF5544**  
Group counselling skills and psychotherapy (6 pts)  
(20 hours contact) |
| 3    | 1 or full year | **EDF5541**  
Personnel and career development counselling (6 pts) |
|      |     | **EDF5551**  
Psychological assessment and measurement (6 pts)  
**EDF5553**  
Research project in counselling (12 pts) |
| 3    | 2   | **EDF5543**  
Ethics and professional issues in counselling and psychology (6 pts) |
|      | SSA-02 (NOV – FEB) | **EDF5552**  
Counselling practicum (6 pts)  
(252 hours total = 96 hours contact and 156 hours non-contact) |
| 4    | FULL-YEAR | **EDF5554**  
Counselling internship (0 pts)  
(504 hours total = 192 hours contact and 312 hours non-contact)  
(504 hours total = 192 hours contact and 312 hours non-contact) |
# Master of Professional Counselling

## Course map for students commencing study in 2018

### Part-time progression – commencing July

<table>
<thead>
<tr>
<th>Year</th>
<th>Sem</th>
<th>Units</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>EDF4536 Counselling practice and theory (6 pts)</td>
<td>EDF5542 Counselling skills: Individuals and couples (6 pts)</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>1</td>
<td>EDF4537 Human growth and lifespan development (6 pts)</td>
<td>EDF5540 Children and adolescents counselling (6 pts)</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>2</td>
<td>EDF5545 Cognitive behaviour therapy (6 pts) (20 hours contact)</td>
<td>EDF5547 Counselling research design, statistics and program evaluation (6 pts)</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
<td>SSA-02 (NOV - FEB) or SSA-S1-01 (NOV - MAY)</td>
<td>EDF4538 Mental health issues: Grief, trauma and substance abuse (6 pts)</td>
<td>EDF5553 Research project in counselling (12 pts)</td>
</tr>
<tr>
<td>2</td>
<td>1</td>
<td>EDF5546 Advanced personnel and career development counselling (6 pts)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>2</td>
<td>EDF5543 Ethics and professional issues in counselling and psychology (6 pts)</td>
<td>EDF5544 Group counselling skills and psychotherapy (6 pts) (20 hours contact)</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>1</td>
<td>EDF5541 Personnel and career development counselling (6 pts)</td>
<td>EDF5551 Psychological assessment and measurement (6 pts)</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>2</td>
<td>EDF5552 Counselling practicum (6 pts) (252 hours total = 96 hours contact and 156 hours non-contact)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
<td>SSA-S1-01 (NOV - MAY)</td>
<td>EDF5554 Counselling internship (0 pts) (504 hours total = 192 hours contact and 312 hours non-contact) (504 hours total = 192 hours contact and 312 hours non-contact)</td>
<td></td>
</tr>
</tbody>
</table>