



We've had a great year!

And we can not wait for what is ahead.

Whilst busy and sometimes overwhelming, the end of the year provides a convenient point in time - one that forces a pause. I think it creates a nice space for us to look back, and celebrate another fantastic year for the Community and Researcher Engagement program here at the Central Clinical School.

CaRE Program Achievements in 2022:

Involvement across 18 diseases / illnesses building our breadth of community involvement.

- Community members in the program have contributed to at least seven submitted grant applications, some listed as Associate Investigators!
- Held 11 meetings externally with key industry stakeholders / foundations to build connections for better research outcomes.
- Provided five presentations about consumer engagement internally at Monash University to raise awareness of the value and necessity for community involvement in research.
- Participated in one Monash Partners panel discussion event (watch the webinar here: [Monash Partners Webinar: Better Together: exploring the current state of consumer and community involvement](#)).
- Facilitated four community outreach events (read more about these or rewatch them on our [News and Events](#) page) and two private lab tours.
- Had three requests for involvement / support from parties external to CCS, which tells us word about our awesome work is spreading!

Established even more research partnerships(!):



We are so proud of our achievements this year. Building a new program with no budget can be tough, but it is so motivating to look back and see what we've achieved. We're also acutely aware that the best thing about our achievements is that we accomplished these with, and because of you - our community members!

Exciting news!



Donate

Donate to CaRE to support our community engagement program.

We are thrilled to announce we now have our very own donation button on our [website](#)! This means that we can receive funding directly from the community to improve the health and wellbeing of everyday Australians. Our research goals are to develop better ways to diagnose, treat, care for and ultimately cure serious health conditions.

Some of today's modern research discoveries were only made possible by the support and generosity of donors. Every donation helps our research to progress and create discoveries.

People who donate to the CaRE program have the opportunity to contribute to:

- support a disease or condition themed area,
- individual research projects,
- individual researchers, and
- community engagement projects or the CaRE program in general.

Donate to our CaRE Program!

All donations of \$2 or more are tax deductible.



Have your say!

Shape the future of community engagement in research!

The National Health and Medical Research Council is inviting industry and community members to contribute to a discussion to review the National [Statement on Consumer and Community Involvement in Health and Medical Research](#) (the Statement).

Find out more by signing up to receive their regular newsletters, or have your say by completing the [Consumer Statement Workshop feedback form](#).

We welcome participation by all community members impacted by the medical conditions we study

We are currently seeking community representatives to join specific research projects including:

- **BOWEL CANCER**
- **CHRONIC KIDNEY DISEASE**
- **DIABETES**

Know someone? Ask them to
[Express Interest Here!](#)

Your ideas really matter

Your ideas and feedback are the best way for us to improve. They will tell us how we can continue to build the best possible consumer engagement program.

[You can give feedback at this link any time!](#)



Did you know CaRE Committee member Dr. Arwel Jones was featured in the video series. He shares insights into his research about severe flare ups of lung conditions.

[Click here to watch Arwel's video showcase](#)

Alfred Health Week Video Showcase

In November Alfred Health celebrated Alfred Health week.

Every year during Alfred Health Week, Alfred Health presents a video showcase of 18 researchers (of 1500 researchers and 1100

postgraduate students) so they can tell us a bit about their field of study.

These are judged and ranked by a special committee including three of our very own CaRE community members! Thank you to those who participated in this project. I'd also like to thank those of you who put your names forward but did not participate - we had a really strong response, in fact several more people than Alfred Health asked!

You can watch the video series at this link:

www.alfredresearchalliance.org.au

If this piqued your interest, you can read more about the Alfred Health Research Alliance in their [Annual Report](#)!

Some interesting topics to keep your brain ticking through the silly season:



The Cochrane Institute recently published this article, ['Engaging consumers from diverse backgrounds in guideline development: lessons from research & real world settings'](#) (Shauna Hurley).



In October the **CaRE Program** hosted the hybrid event ['Myeloproliferative neoplasms – towards precision medicine'](#), which explored the rare and difficult to treat group of

blood cancers. We learned that understanding the genetic lesions in MPNs can transform diagnosis, prognosis and treatment.



MedTech and Pharma Growth Centre recently hosted this webinar, ['Principles of Aboriginal and Torres Strait Islander health research and engaging meaningfully with community'](#).

Follow us on Twitter and now
Facebook too!

Keep up to date with our latest
news, interesting information & meet
the team!



I think you might identify with this one...

Monash partners recently published a newsletter, "The importance of plain language in health". It is all about ensuring the community can access the important information and messages they need to stay healthy, or become healthy again. Just like our program, it is about bringing health and medical information **to** the community.

I thought many of the ideas would resonate with you. You can read the piece [here](#).

Together we can work towards improved medical outcomes.

Ange and the CARE Committee

CARE Program, Central Clinical School

Faculty of Medicine, Nursing and Health Sciences



MONASH
University

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YEARS OF
MAKING
CHANGE

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