



MONASH University

# Treatment for **persisting** concussion symptoms

## What are we offering?

We are trialling approaches to treating persisting post-concussion symptoms, **free** of charge in the Melbourne-based study: Interdisciplinary Rehabilitation for Concussion Recovery ([i-RECOVeR](#))

## You will be randomly selected to receive either:

- A neuropsychology and physiotherapy assessment, followed by an 8-week interdisciplinary treatment program for concussion.
- A neuropsychology and physiotherapy assessment, followed by educational resources for managing concussion and symptom monitoring for 8 weeks.

## You are eligible to participate if you:

- Have had a concussion within the past **2 years**
- Have had persisting post-concussion symptoms for **at least 2 weeks**
- Are aged between **16-70 years**
- **Do not** have an acute psychiatric condition, significant neurological history, or regularly use recreational substances

## If you are interested, please contact us:

- By email, at [spp-irecover@monash.edu](mailto:spp-irecover@monash.edu)
- By phone, on **(03) 9426 8923**

