

# Are you: An 18-40 year-old female diagnosed with PCOS? VOLUNTEERS NEEDED!!!

## Women’s Cardio-Metabolic Health Study

We are conducting a research project to find out more about cardiovascular and bone health in these women.

Participation involves a **HALF DAY** visit to

Monash Centre for Health Research and Implementation (MCHRI) and Monash Medical Centre in Clayton for:

- Free** thorough medical check-up
- Free** blood tests
- Free** blood vessel function testing
- Free** DEXA scan (to assess body composition and bone density)
- Free** pQCT (to assess calf muscle composition)
- Free** BodPod (to assess resting metabolic rate)
- PLUS a **\$30 Thank You voucher**

### Interested?

Please contact our project coordinator Ms Rong Shen on (03) 8572 2620 or  
by email: [WomensCardiometabolicHealthStudy@monash.edu](mailto:WomensCardiometabolicHealthStudy@monash.edu)

This project has received Ethics approval from Monash Health Human Research Committee

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