

Bolton Clarke Research Institute

Better Evidence: Better Health and Wellbeing



Who is Bolton Clarke?

- Australia's largest and most established not-for-profit Community and Aged Care provider (formerly known as RSL Care + RDNS)
- Home-based Nursing, Retirement living, Residential Aged Care

Who is the Bolton Clarke Research Institute?

- A multi-disciplinary academic research unit within Bolton Clarke
- We conduct high impact translational research that is grounded in real life, with pragmatic outcomes
- We support our clients and residents to lead fuller, more satisfying and healthier lives

Our Approach

- To identify pressing health needs and find ways to resolve them
- Co-design multidisciplinary studies with clients, residents, families and frontline staff

Our Expertise:

- Dementia, frailty, falls, diabetes, wounds, continence, medication management, end-of-life, mental health, social isolation
- Big data, epidemiology, qualitative methods, mixed methods, co-design

Come and join our team on placement:

jlowthian@boltonclarke.com.au | judy.lowthian@monash.edu

