



DIGITAL EVENT IDEAS

Register your R U OK? Day event



A conversation could change a life.

Fantastic! You've decided to bring together a group of your colleagues/friends for a digital event on R U OK? Day. The following slides provide some ideas and inspiration on what your digital event could look like.

**PASSIVE
DIGITAL
EVENT
IDEAS**

CLICKABLE
LINKS!

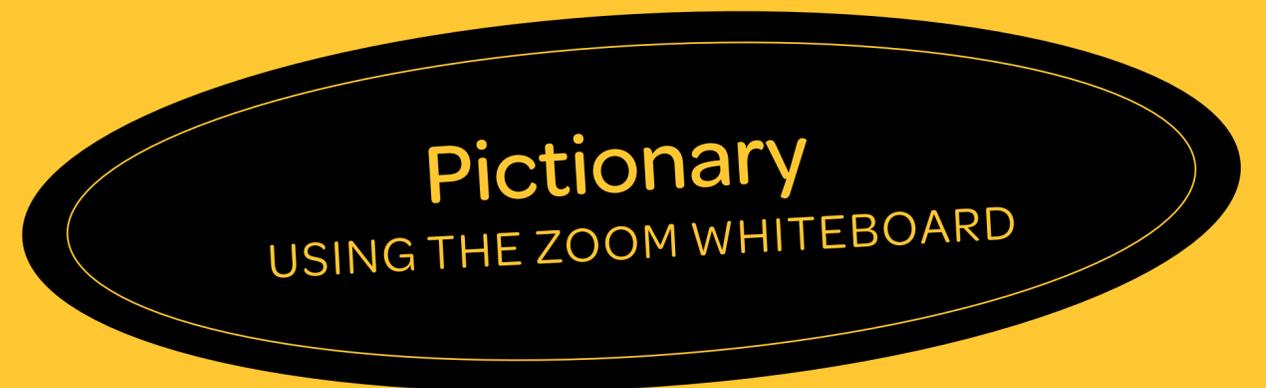
morning/afternoon tea
ALL BRING A DRINK & A SWEET!

guided lunchtime meditation

**MONASH SPORT * MONASH SPORT *
HOME
WORKOUT!**

morning coffee catch up
NOT WORK RELATED!

**GAME-
STYLED
DIGITAL
EVENT
IDEAS**



GAME- STYLED DIGITAL EVENT IDEAS

Spy / 5–20 players

- Each player receives a word/phrase from the moderator (i.e. Brad Pitt & Ryan Reynolds) to start the game via private chat on zoom for example. Do NOT share this with all.
- **Plebeians** receive one of the words/phrases. The **spies** receive the other word/phrase. E.g. if playing with 8 players, 6 get Brad Pitt, 2 get Ryan Reynolds.
- No player knows about their own identity or whether they are a Plebeian or Spy.
- Each player takes turns describing their given word. Descriptions must be different from other players. e.g. blonde, actor, American etc.
- After each round of descriptions, each player votes for who they think is the spy. The person with the most votes will be eliminated.
- Plebeians win when all spies are eliminated.
- Spies win when there are less than 3 players in the game or when plebeians give up during the game.
- The number of spies can be decided by the moderator depending on the size of the group.
- Try it out with simple ideas such as 'latte & cappuccino', orange & apple.



GAME- STYLED DIGITAL EVENT IDEAS

Whiteboard Games

To use Zoom's whiteboard, you'll want to click the share screen button located in your meeting toolbar, select the whiteboard, and click share. You should then see annotation tools that will let you use your mouse to draw as you would for Pictionary.



Pictionary

GAME- STYLED DIGITAL EVENT IDEAS

Werewolf / 6+ players
a little more involved, but FUN

ROLES:

- **Villager:** no additional skills.
- **Witch:** has 1 dose of poison that eliminates another player and 1 dose of cure that brings an eliminated player back to life (can be used on any player). The witch cannot use the cure and the poison in the same night.
- **Hunter:** when the hunter is voted out, they can choose to eliminate another player on the way out.
- **Prophet:** can check 1 player's identity each night.
- **Wisdom man/woman:** can forbid 1 player from speaking during the round. Werewolves can eliminate any player of their choosing each night. Ideally, villagers, gods and wolves are equal in number.

NIGHTS:

At night, the moderator tells all the players, "Close your eyes." Players with additional functions open their eyes in turn according to the moderator's instructions and choose to use their skills on others. Private chat between the player and moderator is required.

DAYS:

All the remaining players gather in the village and decide who to vote out based on who they suspect. Everyone can lie!

HOW TO WIN:

The villagers and gods (people with additional skills) win if they eliminate all werewolves.

The werewolves win if they eliminate all villagers or all gods.



GAME- STYLED DIGITAL EVENT IDEAS

Kahoot!

The moderator needs to create a Kahoot game room and the quiz questions before the event via create.kahoot.it. Moderator should share their screen so that players can see the questions. Players receive a pin to the game room, log in via phone/other device and create a nickname to start. Moderator starts the game when all players are logged in.

Players answer each question in less than 30 seconds. The system rewards fast answers with more points!

The player who has the most points is the winner!

The Kahoot! logo is displayed in a black, trapezoidal shape that is tilted upwards to the right. The word "Kahoot!" is written in a white, sans-serif font, with a thin white underline beneath the letters "oot!".

Kahoot!



OTHER DIGITAL EVENT IDEAS

There are so many great ideas online, just do a quick google search, the options are endless! To further compliment your get together, why not play the **Monash Mental Health** videos? These promote the Monash Counselling services at Monash:

STAFF

STUDENT

INTERNATIONAL
STUDENTS

Remember,



A conversation could change a life.

Take the time to have regular weekly or daily catch ups. Let your event on R U OK? Day be the beginning of a series of catch ups to stay connected with your colleagues and friends.