UNDERGRADUATE CERTIFICATE OF MENTAL HEALTH

IMPROVE MENTAL HEALTH SERVICES AND SUPPORT
Help meet the diverse mental health needs of our community with the new Undergraduate Certificate of Mental Health

- Course code: M0501
- Study mode: Online
- Duration: One semester (full-time) or two semesters (part-time)
- Intake: Second semester (July 2021)

Now is the time to change how we think about and respond to mental health.

The Undergraduate Certificate in Mental Health develops your knowledge and skills in responding to mental health needs - from understanding mental illnesses, to different perspectives in mental health services, through to strategies for treatment and recovery.

You’ll learn from world-recognised mental health researchers and practitioners with a curriculum shaped by their global expertise and industry experience in the mental health sector, and includes contributions from those with lived experience in mental illness.

This course is delivered fully online, combining the flexibility required by working professionals. Some of the units are also offered over the summertime, giving you the opportunity to complete units outside the standard semester period.

Whether you’re looking to upskill, extend your practice or move into a senior role within your workplace, this course will equip you to meet the diverse mental health needs in our community.

In the Undergraduate Certificate of Mental Health you will:
- Develop an understanding of the main components of Australia’s mental health system.
- Identify the common forms mental health problems can take and how to best support people with these.
- Explore varying mental health needs within different population groups and diverse cultural understandings of mental disorders.

COMMONWEALTH SUPPORTED PLACES
Limited Commonwealth Supported Places (CSP) are available. The Government has allocated Commonwealth Supported Places for this course in 2021. Monash University is offering study grants for this course, so students will not be required to pay a student contribution amount for enrolled units in 2021.

Please note: This course is being offered under the Government’s new Priority Places Package, and will not be offered in 2022.

If you wish to commence this course part-time in semester two, you will need to undertake studies in the summer semester 2021 to complete the course.

FURTHER STUDY
With an Undergraduate Certificate of Mental Health, you may be eligible to apply for our Bachelor of Health Sciences.

CAREER OPPORTUNITIES
The social assistance sector has strong projected employment growth, and skilled workers in disability support, counselling, child welfare, youth and family services are among the most needed roles in Australia.

For further information about the Undergraduate Certificate of Mental Health, visit: monash.edu/study/course/m0501

Contact Us
T: 1800 MONASH
E: future@monash.edu
monash.edu/medicine

“The course ideally fills the gap for health, welfare, OH&S and educational sector workers, first responders, and those with a lived experience who want an introduction and grounding in mental health and mental health systems”

Professor Suresh Sundram
Head, Department of Psychiatry, Monash University School of Clinical Sciences at Monash Health, and Director of Research, Monash Health Mental Health Program