



# FINKEL CHAIR IN GLOBAL HEALTH

2019 IMPACT REPORT

CHANGE IT.  
FOR GOOD.

**“I am privileged to have been appointed to the Finkel Chair in Global Health in June 2018. In the first year, I am very pleased to report that an effective program of research and research translation in global health, with a particular focus on women’s health, mental health and early childhood development, has grown and progressed.”**

**– Professor Jane Fisher AO.**

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# THANK YOU

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The School of Public Health and Preventive Medicine is privileged, and delighted, to host the Finkel Chair in Global Health. The School is committed to contributing through research, and knowledge exchange, to reduction of health inequalities in Australia and internationally. We take innovative approaches to understanding and addressing obdurate and complex global health problems, including in chronic non-communicable conditions, environmental and occupational health, and infectious diseases and epidemics. We are committed to building capacity through supervision and teaching of students from the nations in our region and have one of the largest cohorts of international PhD students in the University.

The Finkel Foundation's generous support has enabled us to appoint a scholar of international standing, Professor Jane Fisher AO, as Finkel Research Chair in Global Health. Professor Fisher's research about the perinatal mental health of women and the early development of their children in resource-constrained countries has contributed to the World Health Organization's recognition of this problem.

Maternal mental health has been identified as essential to addressing disparities in pregnancy-related mortality and morbidity between countries and to improving early childhood development. Professor Fisher's work contributed to the recently launched World Health Organization and UNICEF Nurturing Care Framework for Early Childhood Development which has been accepted by all member nations. We are very pleased that Professor Fisher was invited to chair the Guideline Development Group for the implementation of this framework, one of very few Australians to have been afforded this honour.

We appreciate Alan and Elizabeth Finkel's far-sighted commitment to the public good and we look forward to working closely with them to realise their aspirations for global health.

**Professor Sophia Zoungas**

MBBS(Hons) FRACP PhD  
School of Public Health and Preventive Medicine  
Head, Division of Metabolism, Ageing and Genomics  
Monash University



Professor Jane Fisher at her Investiture as AO in April 2019.

# REPORT FROM THE CHAIR

I am privileged to have been appointed to the Finkel Chair in Global Health in June 2018. In the first year, I am very pleased to report that an effective program of research and research translation in global health, with a particular focus on women's health, mental health and early childhood development, has grown and progressed.

I lead Global and Women's Health, a unit in Public Health and Preventive Medicine, which aims to generate evidence to explain health inequalities in their local and global contexts; translate research to promote health and improve health services; and build capacity through supervision and mentorship. It is a multi-disciplinary group of academics and research higher degree students who use social science methods to understand the social determinants of and inequalities in health, underscored by an appreciation of the significance of gender.

All our research is collaborative, and is undertaken with partners, including government departments, international and national non-government organisations, health services and people with lived experience. We are interested to co-develop proposals, co-design projects, co-conduct research and co-disseminate findings.

The United Nations Sustainable Development Agenda 2015-2030 applies to all nations and has at its core the reduction in health inequalities within and between countries. Our program is informed in particular by Sustainable Development Goal 3 *Ensure healthy lives*

*and promote wellbeing for all at all ages, and Sustainable Development Goal 5 *Achieve gender equality and empower all women and girls.**

## GLOBAL HEALTH

Through longstanding collaborations with partners in low- and middle-income countries and through supervision of research higher degree candidates from the neighbouring countries of the Indo-Pacific Region, Global and Women's Health has substantial experience in investigating the health of women and children in resource-constrained countries. They experience multiple risks to their health, which, among women who are pregnant, have adverse flow-on consequences for their very young children. We are involved in a community-based trial of a novel complex intervention, which addresses all the established risks to health of women who are pregnant and the early development of their children. We are also investigating the risks to women's reproductive and mental health of exposure to natural disasters in the context of poverty. We have conducted research to elucidate the reasons for committing infanticide among women in Malaysia, to understand adolescent marriage in Nepal and to examine adolescents' experiences of and lived reflections about interpersonal violence in Vietnam and its associations with their health and wellbeing.



The team of the Global and Women's Health Unit.

## HEALTH EDUCATION, HEALTH PROMOTION AND THE PREVENTION OF ILLNESS

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All Global and Women's Health research seeks to identify potentially modifiable risks to health and, with our partners, to translate this to evidence-informed psycho-educational interventions and health information to educate women, their families and the health professionals who care for them about prevention of mental and physical health conditions and the promotion of autonomy in health decision making. We are also interested in primary and secondary prevention and early intervention to promote women's health from conception to old age. We use multiple formats and communication strategies, including print, online and social media to disseminate information to suit diverse levels of health literacy and to increase autonomy.

## HEALTH EFFECTS OF INTERPERSONAL VIOLENCE

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Interpersonal violence occurs in both domestic and community situations, and includes acts of violence between people who are known to each other in families, as well as those who are not related to each other in the

form of random acts, abuse in institutions, and rape and sexual assault, across the life course. The World Health Organization regards violence perpetrated by a current or previous intimate partner as the greatest peacetime threat to the physical and mental health of women, and recognises violence as among the leading causes of burden of diseases among children and adolescents. We investigate women's experiences of interpersonal violence and the ways in which they interact with social circumstances to influence health and participation in health care. We also examine adolescents' experiences of multiple forms of victimisation (poly-victimisation) and its impact on their health and quality of life.

## FERTILITY AND FERTILITY MANAGEMENT

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We investigate aspects of fertility and fertility management from adolescence to midlife, in women and men, acknowledging diversity in the sexual identification, culture, and experiences of the community. Although we research matters such as contraception, unintended pregnancy, abortion, infertility, childbearing, assisted conception, and fertility preservation before treatment for cancer, we do not consider them each as applying to different people but understand that reproductive lives are complex. We use diverse methods including surveys, in-depth interviews, small-group discussions, and innovative online approaches.





## PERINATAL MENTAL HEALTH

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The Global and Women's Health Unit has very well-established expertise in contributing to knowledge about the mental health of women who are pregnant or have recently given birth to improve prevention efforts, clinical practice and public policies. This includes investigations of the psychological aspects of assisted conception, imaging technologies and genetic testing, diagnosis of foetal abnormality and caesarean childbirth, including their consequences for maternal-foetal attachment and breastfeeding. We have identified risks for early parenting difficulties and, informed by these, have developed and trialled a novel psycho-educational prevention program for perinatal common mental disorders. It is implemented in maternal and child health services and reach has been extended through a moderated blog and a smart phone app. It has been translated and culturally adapted for culturally and linguistically diverse groups, including Aboriginal and Torres Strait Islander, Sinhala, Vietnamese and Mandarin Chinese speaking peoples.

## WOMEN'S EXPERIENCES OF THEIR BODIES AND APPEARANCE

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There are psychological and social influences on how we experience our bodies and the ways we intervene to maintain or change them. Some illnesses, accidents, or other health conditions can result in altered or damaged bodies. Women, in particular, are subject to overt and subtle expectations and criticisms about their appearance; these can have adverse effects on mental and physical health.

As a contribution to understanding and reducing these adverse effects, we conduct research with women, with men, and with gender-diverse people, as well as on the social and cultural contexts that influence how women feel about their bodies, how they may resist expectations, and how they may seek to transform their appearance.

## HEALTH SERVICE ENHANCEMENT

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We partner with diverse organisations to improve the provision of health services. The organisations include other University Schools and Departments, hospitals, government agencies, registries, and consumer support groups. In particular, we bring to health services a psycho-social perspective (including appreciation of diverse individual needs) and skills in qualitative evaluation, as well as expertise in quantitative and qualitative research methods.

## PSYCHOSOCIAL ASPECTS OF CHRONIC HEALTH CONDITIONS

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We have a particular research interest in psycho-social aspects of chronic health conditions among women, whether present from birth or occurring later in life, and arising from myriad causes. Ill-health can have profound effects on all facets of daily life and on plans and hopes for the future. Families and the community also experience the ramifications of chronic ill-health, so our research extends to include these individual people and groups. Women often care for ill family members; we do not, therefore, confine our research only to women.

# MAJOR GLOBAL HEALTH PROJECTS



## LEARNING CLUBS FOR WOMEN'S HEALTH AND INFANT DEVELOPMENT IN RURAL VIETNAM

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There are eight major risks to optimal early childhood development in resource-constrained settings: iron deficiency anaemia, iodine deficiency, intrauterine growth restriction, stunting, unresponsive caregiving, insufficient cognitive stimulation, maternal mental health problems, and exposure to family violence. Most children experiencing these simultaneous risks to development live in the world's low- and lower-middle income countries. To date, interventions in these settings have focused on one or at most two of these risks and outcomes for child development have been at best partially effective.

We are testing in a cluster randomised controlled trial whether a complex intervention is effective in reducing deficient cognitive development among children aged two in rural Vietnam. The intervention addresses maternal nutrition, mental health, parenting capabilities, infant health and development, and gender-based violence.

The Learning Clubs' intervention is an evidence-based program combining life-stage specific information, learning activities and social support. It comprises 19 accessible, facilitated groups for women and their partners at a community centre and one home visit, offered from mid-pregnancy until the baby is aged one. Content has been translated and culturally adapted for Vietnam, and acceptability and feasibility established in pilot testing. We have partnered with the Research and Training Centre for Community Development (RTCCD)-Vietnam, the University of Melbourne, the Burnet Institute, and UNICEF for this project, which is funded by the National Health and Medical Research Council.

Grand Challenges Canada is supported by the Canadian Government to fund *Bold Idea with Big Impact*. One of their initiatives, *Saving Brains*, supports promising programs to improve the development of young children in resource-constrained settings throughout the first 1000 days of a child's development.

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The Learning Clubs program has been selected by Grand Challenges Canada for support. They are providing funds to match the National Health and Medical Research Council funding to evaluate the economic impacts of the program and to undertake additional analyses to identify how it works and what will be needed to take it to scale in Vietnam.

## **IMPROVING THE MENTAL HEALTH OF YOUNG PEOPLE IN VIETNAM**

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Mental health problems among young people are more prevalent in low- and middle-income than in high-income countries. Despite 29% of young people in Vietnam experiencing low mood, suicidal behaviours, or problems with substance use in the prior year, there are no national policies or programs for adolescent mental health. We aim to establish in a cluster randomised controlled trial whether a cultural adaptation of the *Resourceful Adolescent Program* (RAP) is effective in reducing mental health problems among young people in Vietnam.

RAP was developed to build resilience and promote positive mental health in teenagers, and is widely used in schools in Australia and other countries. This adaptation will provide essential evidence for integration of RAP into school-based programs in Vietnam.

We have partnered with the Hanoi University of Public Health (Vietnam), and the Queensland University of Technology for this research, which is funded under a joint initiative of the National Health and Medical Research Council in Australia and NAFOSTED in Vietnam.

## **TAKING *WHAT WERE WE THINKING* TO SCALE IN VICTORIA**

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*What Were We Thinking* is a psycho-educational program addressing two potentially modifiable risks for postnatal mental health problems: unsettled infant behaviours and renegotiation of women's and men's roles and responsibilities following the birth of a baby. It is innovative in including fathers and babies, and is integrated into the universal maternal and child health service. It involves a face-to-face seminar run on a Saturday to optimise access, usual care from a WWWT-trained health worker and take-home materials. We demonstrated in two community-based trials that it was effective in preventing depression and anxiety, and in promoting parenting confidence in women six months postpartum and that this benefit was sustained when we re-assessed them eighteen months later.

The Victorian Government has implemented the Latrobe Valley Parenting Initiative (2018-2019) to improve the health and development of young children in one of the State's least well-resourced regions. We have trained all Maternal and Child Health Nurses and Family Support Workers in the City of Latrobe and the Shires of Baw Baw and Wellington. They are integrating *What Were We Thinking* in the First Time Parents groups for all parents in these areas.

In the first year of implementation, more than 360 parents participated in a *What Were We Thinking* group. More than 88% appraised it as useful and effective, and 97% that it should be made available to all parents. The Department of Health and Human Services is planning to take the program to other local government areas. President International Marcé Society for Perinatal Mental Health.

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# INTERNATIONAL AND NATIONAL ROLES

## **PRESIDENT INTERNATIONAL MARCÉ SOCIETY FOR PERINATAL MENTAL HEALTH**

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In 2014, I was elected in a worldwide ballot the 2016-2018 President of the International Marcé Society for Perinatal Mental Health, which is the expert professional organization for research, clinical practice, policies and programs related to mental health and child bearing. Since its establishment in 1980, the Society had held its biennial conferences, which are organized and convened by the President, in high-income countries, including England, America, France and Australia. However, the problems are much more common among women living in low- and middle-income than in high-income countries. When I stood for election, I argued that the conference should be held in a lower-middle income country. Co-convened with Professor Prabha Chandra, the 2018 Conference, *Global Experiences, Global Dialogues, Global Responses* was held at the National Institute of Mental Health and Neurosciences (NIMHANS) in Bengaluru, India on 26-28 September, 2018. There was widespread acclamation about the quality of science, exceptional opportunity for mutual learning and the power of the explicitly inclusive program, and participants described it as 'transformative', and 'pivotal'

## **CHAIR OF THE WORLD HEALTH ORGANIZATION GUIDELINE DEVELOPMENT GROUP FOR THE GUIDELINE: IMPROVING EARLY CHILDHOOD DEVELOPMENT**

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I have been a technical advisor to the World Health Organization about maternal, newborn, child and adolescent health, and mental health since 2005. In 2018-2019, I continued to serve as a member of the Early Childhood Development Advisory Committee. I was an invited participant in two technical meetings held in Geneva: *Updating the Guidance Related to Postnatal Care of the Mother and Newborn*, 8-9 April, 2019, and *Innovating for Early Childhood Development: What Have We Learnt to Strengthen Programming for Nurturing Care*, 13-14 June, 2019. In May 2018, I was appointed Chair

of the World Health Organization Guideline Development Group for the Guideline *Improving Early Childhood Development*. The Guideline has been finalised and submitted for approval to the Guideline Review Committee and will then be distributed to inform policy, programs and practice in all member nations.

## **NATIONAL HEALTH AND MEDICAL RESEARCH COUNCIL**

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In addition to reviewing grant applications, I was a member of the National Health and Medical Research Council Assigners Academy. I was Chair of the National Health and Medical Research Council Expert Advisory Group for Mental Health and Parenting, which reported in this period, providing a systematic review of the evidence about potential health sector actions to promote the social and emotional development of infants.

## **LOCAL BOARDS AND COMMITTEES**

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I am an active member of the following boards and committees:

- Chair, Psychosocial and Epidemiological Research in Reproduction Group, Royal Women's Hospital and Melbourne IVF
- Founding Board Member, Global Health Alliance Australia
- Member, Masada Private Hospital Medical Advisory Committee
- Member, Royal Women's Hospital Research Committee
- Member, Human Research Ethics Committee, Epworth HealthCare
- Member, National Women's Health Survey Expert Advisory Group

## **AWARDS**

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In the Australia Day Honours list 2019, I was privileged to be appointed Officer in the Order of Australia for my services to perinatal mental health, women and the community.



Professor Jane Fisher and the organising committee of the MARCÉ SOCIETY FOR PERINATAL MENTAL HEALTH conference.



Professor Jane Fisher and Professor Prabha Chandra.

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# PRESENTATIONS

## INVITED KEYNOTE ADDRESSES

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FISHER J. Understanding and responding to the social determinants of perinatal mental health problems: essential to making services, systems and policies effective. *19th World Congress of Psychiatry*, 21-24 August 2019, Lisbon, Portugal

FISHER J. Mental health of women who are pregnant or have recently given birth: recognition as a global health priority. *World Maternal Mental Health Day Conference*, 1 May 2019, Montreal, Canada

FISHER J. Gender-informed approaches to mental health promotion, what distinguishes them and do they work? *8th World Congress on Women's Mental Health*, 5-8 March 2019, Paris, France

FISHER J. Perinatal mental health: nature of the problems and implications for public health and clinical responses. *Qatar's First Perinatal Mental Health Symposium*, 2 March 2019, Doha, Qatar

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FISHER J. When Reproductive Hopes and Reproductive Reality Diverge. *Fernandez Hospital Symposium on Perinatal Mental Health*, 1 October 2018, Hyderabad, Telangana, India

FISHER J. Maternal mental health and the World Health Organization and UNICEF Nurturing Care Framework. *Presidential Oration, The International Marcé Society Biennial Scientific Meeting 2018*, 26-28 September 2018, Bangalore, India

FISHER J. Into the Desert – Perinatal Mental Health. *Royal Australian and New Zealand College of Obstetricians and Gynaecologists 2018 Annual Scientific Meeting*, 17-19 September 2018, Adelaide

FISHER J. Derek Llewellyn Jones Oration. The relationship with an intimate partner: enabler or barrier to reproductive health. *Australian Society for Psychosocial Obstetrics and Gynaecology 44th Annual Scientific Meeting 2018*, 2-4 August 2018, Sydney

FISHER J. Global initiatives for perinatal mental health. *Italian Conference of the Italian Marcé Society for Perinatal Mental Health*, 12 May 2018, Padua, Italy

FISHER J. The Australian health system and its response to perinatal mental health problems among women. *Juntendo University Conference on Primary Health Care and Perinatal Mental Health*, 22 March 2018, Tokyo, Japan

FISHER J. Implications of the National Health and Medical Research Council Report on the Evidence About Promoting the Social and Emotional Development of Infants for clinical practice. *World Psychiatry Association Thematic Congress*, 25-28 February 2018, Melbourne

## CONFERENCE AND PROFESSIONAL DEVELOPMENT PRESENTATIONS

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FISHER J. Characteristics of women who seek care from Masada Private Hospital Early Parenting Centre and evidence of program impact. *Professional and Community Education Forum*, 13 August 2019, Melbourne

FISHER J. Community-based Learning Clubs to improve maternal mental health and infant health and development in rural Vietnam: establishing acceptability, feasibility and indicators of impact. *8th World Congress on Women's Mental Health*, 5-8 March 2019, Paris, France

FISHER J, Tran TD, Tran T, Tran H, Simpson J, Hanieh S, Biggs BA. Intimate partner violence against women and early child development in Vietnam. *Society for Research in Child Development 2019 Biennial Meeting*, 21-23 March 2019, Baltimore, Maryland, USA

FISHER J. Maternal and child health problems in Vietnam—evidence generated by the RTCCD-Monash and Melbourne Universities group. *Workshop for health and social professionals*, 13 December 2018, Hanoi, Vietnam

FISHER J. Cognitive functioning, wellbeing and social participation. *ASPREE Dementia Research Planning Day*, 13 November 2018, Melbourne

FISHER J. Men's Experiences of Infertility and Medically Assisted Reproduction: Implications for Clinical Care. *Fertility Society of Australia Annual Conference 2018*, 9-12 September 2018, Melbourne

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FISHER J. Gender-informed psycho-educational program to promote respectful relationships and prevent common mental disorders among primiparous women. *The International Marcé Society Biennial Scientific Meeting 2018*, 26-28 September 2018, Bangalore, India

Camilleri R, Hammarberg K, Dwyer S, Langford K, Rowe H, FISHER J. Content and reliability of information on menopause-related websites. Poster presentation at the *22nd Australian Menopause Society Congress*, September 2018, Brisbane

Camilleri R, Rowe H, Hammarberg K, Dwyer S, Langford K, Michelmores J, FISHER J. Understanding the menopause-specific information needs of women and healthcare providers: a multiple methods investigation. *22nd Australian Menopause Society Congress*, September 2018, Brisbane

Rowe H, Hammarberg K, FISHER J, Dwyer S, Camilleri R, Michelmores J. Improving women's and health professionals' satisfaction with clinical care for endometriosis. *Australian Society for Psychosocial Obstetrics and Gynaecology Scientific Meeting*, 2-4 August 2018, Sydney

Nguyen A, Tran TD, Nguyen T, FISHER J. Parenting Styles and Mental Health Problems Among Adolescents in Vietnam. *The Asian Conference on Psychology & the Behavioural Sciences*, 22-24 March 2018, Kobe, Japan

FISHER J. Understanding and considering client – provider relationships. *Jean Hailes for Women's Health Practitioner Professional Development Forum*, 12 February 2018, Melbourne

## WEBINARS

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FISHER J, Breadon C, Donati D. Disenfranchised grief: exploring the impact of infertility on mental health. *Mental Health Professionals Network Webinar*, 5 June 2019

Milgrom J, FISHER J, Maher E. New e-resources for perinatal mental health. *Black Dog Institute Webinar*, 5 June 2019

## RADIO PROGRAM

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I am the regular guest each week of host Rafael Epstein on ABC Melbourne's Drive Program in a talkback segment called *Life and Other Catastrophes*. It is now in its ninth year and reaches an audience of 80,000 people.

# RESEARCH HIGHER DEGREE COMPLETIONS 2018 – 2019

## MAIN SUPERVISOR

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### *Nicola Beamish*

The effects of parents' use of mobile computing devices on parenting and the social and emotional development of children: a systematic review and exploratory study of expert opinion. Master of Philosophy, February 2018

### *Irena Bobevski*

Demoralisation as a novel construct for postnatal mental health. PhD, April 2018

### *Goma Kumari Khatri*

An Investigation of the Relationships among Women's Experiences of the 2015 Earthquakes, Mental Health Status and Pregnancy Outcomes in Nepal. PhD, January 2019

### *Trang Nguyen*

Comprehensive care for people with severe mental illness in rural Vietnam: Addressing policy evidence gaps. PhD, May 2019

## ASSOCIATE SUPERVISOR

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### *Jemimah Ride*

Efficiency and equity in perinatal mental health. PhD, March 2018

### *Nathan Wilson*

Fatigue in parents with unsettled infants. PhD, April 2018

### *Kate Young*

Partners not patients: Healthcare for endometriosis from the perspectives of women and clinicians. PhD, December 2018

### *Peter James McGlynn*

Community-level diagnostic tools and child under-nutrition in Papua New Guinea and Lao People's Democratic Republic. PhD, September 2019

# NEW AND CONTINUING RESEARCH GRANTS 2018 – 2019

Dasari P, Mahalakshmy T, FISHER J, Sastry J. *Actions louder than words: development of curriculum and course for health professionals and a mobile phone app for intrapartum women to actualize Respectful Maternal Care (RMC) in India*. Government of India – Ministry of Human Resource Development. \$99,000 (2019-2021)

Tran T, Nguyen H, FISHER J, Shochet I, Le M, Holton S. *Addressing an unrecognised public health problem in Vietnam: a clustered randomised controlled trial of the culturally adapted Resourceful Adolescent Program (RAP-V) to improve adolescent mental health*. NHMRC NAFOSTED International Joint Call. \$498,545 (2019-2021)

Rees S, FISHER J, Steel Z. *Refugee women, intimate partner violence and settlement: The first cohort study*. NHMRC Project Grant. \$ 670,788 (2019-2022)

Hickey M, Peate M, Norman R, Hart R, FISHER J. *Egginsurance? A randomised controlled trial of a novel Decision Aid for women considering egg freezing*. NHMRC Project Grant. \$593,042.72 (2019-2021)

Mishra G, Hickey M, Dobson A, Gannon B, Doust J, FISHER J, Cicuttini F, Huxley R, Tooth L, Brown H. *Centre of Research Excellence on Women and Non-communicable Disease (CRE WaND): Prevention and Detection*. NHMRC Centres of Research Excellence. \$2,495,848 (2019-2023)

Mazza D, FISHER J, Taft A, Black K, Lucke J, Haas M, Hussainy S, McGeechan K, Norman W. *SPHERE – The Centre of Research Excellence in Sexual and Reproductive Health for Women: Achieving Better Outcomes through Primary Care*. NHMRC Centres of Research Excellence. \$2,499,270.1 (2019-2023)

Hiscock H, Jorm A, Goldfeld S, FISHER J, Eastwood J, Reupert A, Sancu L, Yap M, Dalziel K, Eapen V. *Centre of Research Excellence in Childhood Adversity and Associated Depression and Anxiety*. NHMRC Centres of Research Excellence. \$2,495,356.5 (2019-2023)

Hamdani U, Tomlinson M, FISHER J, Chowdhary N, Neerja C, Dua T, Rahman A. *Preparing for Parenthood*. Bill and Melinda Gates Foundation. \$100,000 USD (2018-2019)

FISHER J, Rowe H. *Latrobe Valley early parenting – What Were We Thinking*. Victorian Department of Education and Training. \$139,191.16 (2018-2020)

FISHER J, Kirkman M. *Review and Evaluation of the Jean Hailes for Women's Health Anxiety Portal and e-resources for women and anxiety*. Jean Hailes Foundation. \$21,450 (2018-2019)

FISHER J, Kirkman M, Tran TD, Hammarberg K. *Contributing to optimal mental health for older women in Australia: a multiple methods research program*. Liptember Foundation. \$100,000 (2018-2019)

Biggs B, FISHER J, Hanieh S, Mahanty S. *Enteric pathogen infection and gut microbiota. Disturbance-association with child cognition in remote Indigenous communities*. The Royal Melbourne Hospital Home Lottery Grant in Aid. \$25,000 (2018)

Forster D, McLachlan H, Nicholson J, Shafiei T, Shiell A, FISHER J. *Preventing postnatal depression in new mothers using telephone peer support: a randomised controlled trial*. NHMRC Project Grant. \$850,069 (2018-2021)

True J, FISHER J, Tran T. *Establishing the Connection Between Women's Governance Representation and the Prevalence and Health Impacts of Violence Against Women in The Solomon Islands*. Monash University, Faculty of Arts and Faculty of Medicine, Nursing and Health Sciences, Interdisciplinary Research Seed Funding. \$15,000 (2018)

FISHER J, Luchters S, Tran TD, Le M, Nguyen T, Tran T, Tran H, Biggs B, Hanieh S, Nguyen V. *Learning clubs to improve women's health & infants' health and development in Vietnam. A cluster randomised controlled trial to inform transition to scale*. Grand Challenges Canada. CAD 500,000 (2018-2019)

Milgrom J, FISHER J, Kavanagh D, Rowe H, Smith T, Michelmore J. *Provision of a perinatal depression online support tool and smartphone application*. Australian Government Department of Health. \$ 858,000 (2017-2019)

FISHER J, Tran T, Le M, Azzopardi P, Kaligis F, Wiguna T. *Translation, cultural verification and formal validation of the Centre for Epidemiologic Studies Depression Scale–Revised (CESD-R) for young people in Indonesia*. The Australia-Indonesia Centre. \$ 58,615.34 (2017-2018)

Trembath A, Greenwood K, Fulu E, FISHER J, Lees S, Dicker K, Puiahi D. *Safe Families Multi-Component Qualitative Research Study – Solomon Islands*. World Bank- Sexual Violence Research Initiative. \$195,516 (2017-2018)

Johnson L, FISHER J, Hammarberg K, McLachlan R. *Your Fertility – supporting reproductive choices*. Australian Government Department of Health. \$956,000 (2017-2018)

FISHER J, Biggs B-A, Tran T, Luchters S, Tran T, Hipgrave D. *Learning clubs to improve women's health and infants' health and development in Vietnam: a cluster randomised controlled trial of a low-cost, evidence-informed, structured intervention*. NHMRC Project Grant. \$1,372,748 (2016-2019)

Biggs B-A, Dibley M, El-Arifeen S, Spelman S, Hamadani S, Grantham-McGregor S, FISHER J. *Defining the impact of universal iron interventions in young children: a randomized controlled trial in rural Bangladesh*. NHMRC Project Grant. \$2,794,372 (2016-2020)

Tran T (Jane Fisher is the Mentor) *Improving child health and development in resource-constrained settings: A multi-component study to inform policy and more effective interventions*. NHMRC Early Career Fellowship. \$314,644 (2016-2019)

## **FURTHER INFORMATION**

For further information about the impact of your gift,  
please contact:

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