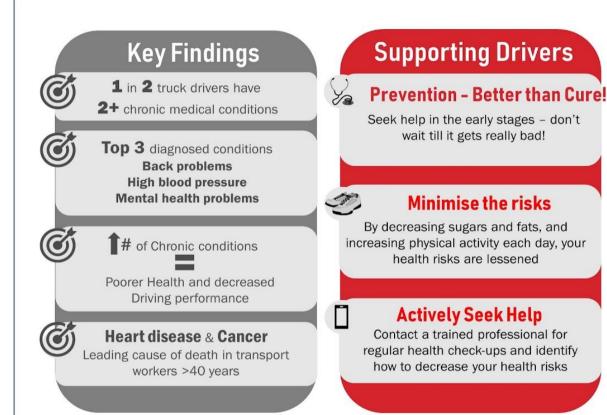




Health Conditions and Aussie truck drivers

"[Companies are] more interested in drug and alcohol than doing blood pressure and sugar testing... any one of the four is as bad as each other and they don't worry about that." Driver



"Drivers have got to realise that the body needs to move. You've got two aspects... fatigue and chronic disease. Both can be fixed with a bit of exercise." Driver

For support speak with your GP/ health professional. Complete findings can be found on <u>drivinghealth.net</u>

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