IMPROVE MENTAL HEALTH SERVICES AND SUPPORT
Help meet the diverse mental health needs of our community with the Undergraduate Certificate of Mental Health

- Course code: M0501
- Study mode: Online
- Duration: Two semesters (part-time)
- Intake: February and July

Now is the time to change how we think about and respond to mental health.

The Undergraduate Certificate in Mental Health develops your knowledge and skills in responding to mental health needs - from understanding mental illnesses, to different perspectives in mental health services, through to strategies for treatment and recovery.

You'll learn from world-recognised mental health researchers and practitioners with a curriculum shaped by their global expertise and industry experience in the mental health sector, and includes contributions from those with lived experience in mental illness.

This course is delivered fully online, combining the flexibility required by working professionals.

Whether you're looking to upskill, extend your practice or move into a senior role within your workplace, this course will equip you to meet the diverse mental health needs in our community.

COURSE STRUCTURE
In the Undergraduate Certificate of Mental Health, you'll complete the following units:
- Mental health essentials
- Contexts for mental health care
- Concepts in mental health care
- Recovery orientation in mental health

In the Undergraduate Certificate of Mental Health you will:
- Develop an understanding of the main components of Australia’s mental health system.
- Identify the common forms mental health problems can take and how to best support people with these.
- Explore varying mental health needs within different population groups and diverse cultural understandings of mental disorders.

COMMONWEALTH SUPPORTED PLACES
Limited Commonwealth Supported Places (CSP) are available for this course.

FURTHER STUDY
With an Undergraduate Certificate of Mental Health, you may be eligible to apply for our Bachelor of Health Sciences.

CAREER OPPORTUNITIES
The social assistance sector has strong projected employment growth, and skilled workers in disability support, counselling, child welfare, youth and family services are among the most needed roles in Australia.

For further information about the Undergraduate Certificate of Mental Health, visit:

monash.edu/study/course/m0501

“Monash looked at the pressures that are faced by full-time workers and created a program that is easily accessible, professional, in-depth and easy to navigate. Monash's Undergraduate Certificate of Mental Health is respected within the community and workforce, and it brings me confidence moving forward.”

Matthew
Victoria Police, Undergraduate Certificate in Mental Health (2021)