ASK PCOS RESOURCES
FOUR YEAR IMPACT ANALYSIS
2018 – 2022

PCOS Guideline
92k views
46k downloads

GP Tool
5k views
1.5k downloads

Consumer Booklet
2.5k views
1.7k downloads

PCOS Infographics
8.6k downloads

Question Prompt List
1.4k views
800 downloads

Resources for Women with PCOS incl. videos and podcasts
13k visits

PCOS Clinic
1.3k downloads

"What is PCOS?" animation

"I understand PCOS better after watching this animation"

"I wish I had seen this when I was diagnosed with PCOS"

"I liked how simple this was. It was really easy to understand."

"Everyone with PCOS should watch this."

Let's talk about PCOS webinar
Interactive webinar with keynote speakers and Q&A session

MONASH University
Monash Centre for Health Research and Implementation
ASK PCOS APP IMPACT ANALYSIS 2018 - 2022

33k App users and 10.6k registered users
The number of women using the AskPCOS app increases steadily.

Used in 183 countries
The AskPCOS app is used in 183 countries, with the majority located in Australia (29%) followed by the United States (21%), Netherlands (9%), the UK (7%) and India (6%).

Topics of interest
1. My Dashboard
2. Topics/Causes, Diagnosis and Symptoms
3. Lifestyle
4. Topics/Management and Treatment
5. PCOS and diet

The App is available via your usual browser or the Apple and Google App store
www.askpcos.org

New features and updates 2022
- We created a discussion forum for women to discuss relevant topics within the growing AskPCOS community
- A symptoms analysis feature to analyse tracked symptoms. We developed this feature to facilitate and support women when discussing their symptoms with health professionals
- All factsheets are now also available in Arabic, Simplified Chinese and Spanish
- We added a new factsheet “PCOS and psychological well-being”

Mobile vs Desktop use
The App is used on mobile and large screens, with a split of 26% vs 73% on mobile.

Used in 183 countries

The number of women using the AskPCOS app increases steadily.

33k App users and 10.6k registered users

Used in 183 countries
The AskPCOS app is used in 183 countries, with the majority located in Australia (29%) followed by the United States (21%), Netherlands (9%), the UK (7%) and India (6%).