

Serves: 4 | Ready in: 20 mins | Cost per serve: \$0.95



2 x 420g canned four bean mix



½ tsp onion powder



400g canned diced tomatoes



1½ cup vegetable stock

- 1. In a bowl, lightly mash bean mix, leaving chunks
- 2. In a large saucepan, combine all ingredients including bean mix. Bring to a boil then reduce heat to simmer for about 10 minutes, covered, until flavors are blended.