

ABOUT ME

Check in

This form helps you tell your coaches/teachers if anything has changed in how they can support you in your community program.

Have your reasons for participating changed?

Have you learned anything new? Have you gotten better at something?

What is working well?

ABOUT ME

Check in

What are you finding challenging?

Is there anything that could be done differently to support you?

An important note for program leaders:

This information should be treated confidentially, and only shared with others with the consent of a young person. Thank you for all you do to encourage and mentor young people – your positive belief in a young person's ability to achieve their goals makes a huge difference.