



WOMEN IN LEADERSHIP PROGRAM

PRATO, ITALY 2026

Learning Objectives

Upon completion of the Women in Leadership program, participants will:

- Understand the principles of leadership
- Understand gender-based barriers and enablers to career progression and leadership opportunities
- Enhance insight into power and influence in leadership
- Enhance insight into strategies for career advancement - including mentoring, networking and leadership development
- Clarify personal drivers and purpose for leadership and influence
- Enhance self-awareness and intentionality in their leadership journey
- Participate in a dynamic community of Women wanting to deliver impact

Location

Monash University
Prato Campus
Via Pugliesi, 26, 5900
Prato PO, Italy



ONLINE PRE-WORK

Self-guided 1.5 day equivalent

E-Modules:

- Welcome & Gender Equity in Healthcare Leadership
- Beyond Gender: Leadership and the Intersection of Marginalised Identities
- Leadership Essentials
- Leadership Through Purpose
- Optional - Leading & Implementing Systems Change

Resources

- Pre-Reading
- Google Drive Access



DAY 1 | WELCOME EVENING

Introductions, Objectives & Dinner

5:30pm - 9:00pm

Welcome Drinks & Nibbles | Official Introductions & Networking | Dinner

- Why we're here and what we aim to achieve together
- Professional networking with other program participants
- Establish a shared understanding of the program's objectives and intention



DAY 2 | 9:30am - 4:00pm

Keynote: A Journey to Leadership

Hear from Prof. Helena Teede AM as she shares her personal journey to leadership.

SESSION 1

Gender & Leadership: Why Does it Matter? Power, Merit, Bias & Imposter Syndrome

Understand gender-based barriers and enablers to leadership and career progression, gain insight into power and influence in leadership contexts, and grasp core leadership principles and their practical application.

MORNING TEA

SESSION 2

Ferocious Warmth Leadership

Explore the concepts of Ferocious Warmth Leadership, balancing the head and the heart.

LUNCH

SESSION 3

Ferocious Warmth Leadership *continued*

Explore emotional, strategic and learning intelligence, and strengthen self-awareness to strengthen self-awareness to lead with clarity and purpose.

Guided Tour | Art Walk Around the Historic Prato Centre





DAY 3 | 9:00am - 4:00pm

SESSION 1

Reflections

Leadership – Building Team & Organisational Culture

The collaborative learning culture ladder, pillars of a thriving team culture, and the secret to team psychological safety.

MORNING TEA

SESSION 2

Leadership – Building Team & Organisational Culture *continued*

LUNCH

SESSION 3 SESSION 4

Leadership Through Purpose

Clarify your personal values, drivers and purpose for leadership and influence.

Work Life Integration

By understanding the concept of 'work life integration', discover strategies for respecting your capacity as a leader.

Group Dinner





DAY 4 | 9:00am - 4:00pm

Reflections

SESSION 1

Tools for Influence & Impact: Influencing Individuals, Systems & Policies

Learn how intentional leadership can strengthen teams, tackle workplace challenges, and inform strategic change. Discover how to influence through leadership opportunities including committee and board roles.

MORNING TEA

SESSION 2

Mentoring & Professional Networking

Understand why mentoring and professional networking are key strategies for your leadership journey, and explore how to identify and approach mentors to maximise its value.

LUNCH

SESSION 3

Tools for Influence & Impact: Effective Presentation & Engagement to Lead

Discover impactful communication and engagement strategies.

SESSION 4

Wrap Up & Evaluation

Reflect on key learnings, revisit learning objectives, and explore next steps to support ongoing leadership development and impact.

