University Sport Trainer (ST)

Sport Trainer Role

A University Sport Trainer (ST) provides basic sports medical assistance including strapping & massage for team members competing in University approved sporting events, including Australian University Sport Events.

Sport Trainer Responsibilities

Prior to an Event

- Upon appointment to the position, liaise with the TO to coordinate their specific responsibilities during trials, training program and any competitions in which the team participates.
- Be in constant communication with assigned (sport specific)TO and the Sport Trainer TO.
- Provide Sport Trainer support to the assigned team in the lead up to the event.
- Coordinate with assigned TO to supply appropriate team medical materials for training and competitions.

During the event

- Be in constant communication with the TO on all relevant issues.
- Attend all competition games as directed by the TO.
- Provide first aid and similar support where required.
- Liaise with event organiser First Aid and Medical staff team as required.
- Coordinate with the TO to provide appropriate pre and post competition treatments sessions.
- Report all injuries and medical incidents to TO &/or Monash University Event UTM.
- Attend all team events and University functions as directed by the TO and Monash University Event UTM.

After the event

- Complete the Sport Trainer Report and submit it to the Monash University Event UTM within two week of the event.
- Provide suggestions to assist student athletes in their preparation and participation for events.

Qualifications

All Sport Trainers must hold a minimum current Level 2 First Aid qualification and must be currently studying for or be a recent graduate of Monash University Bachelor of Physiotherapy. Monash University may request evidence of relevant qualifications or academic progress.

ST Appointment

CO’s are appointed by the Monash University Event UTM following the nomination, interview and selection process.

Accountability

Each ST is accountable through their Team Organiser to the Monash University Event UTM.