



Welcome to the December issue of the SPHC Newsletter.

December is an interesting time at the modern Australian University. Undergraduate students are often travelling the world or trying to scrape together enough money to pay for next year. Teaching staff are reflecting on how courses have run, recovering from examinations and thinking about the challenges of the next year. Many in our school will be planning how they can continue to give quality education and pastoral care to our ever increasing international cohort. Researchers begin to think, "maybe I can get a bit of time to finish that paper over the summer", and, administrators get ready for another few weeks of budgets, deadlines and closing dates.

The end of 2016 is even more complex than usual - this newsletter will be the last under the masthead of the School of Primary Health Care.

2017 will herald the changing of the School's name to the School of Primary and Allied Health Care. A number of our professional staff will be relocating to the Peninsula campus, and we will be welcoming the Department of Medical Imaging and Radiation Sciences to the new School.

The School name change acknowledges both the University's commitment to the Peninsula campus and recognises the ever-increasing strength and success of our allied health disciplines. All are financially profitable, generating increasing research and delivering consistently high quality teaching to an increasingly diverse student body.

2017 will also bring with it the opening of two new research Centres at the Peninsula campus— one focussed on Addiction Science and the other on Rehabilitation through the Lifespan. While the Addiction Centre will have a "whole of Monash" focus, the Rehabilitation Centre will, in the first instance, be oriented to the needs of the Peninsula community and of its associated health and community services.

Although renovations at the Peninsula campus have forced many (especially those in Occupational Therapy) to move offices temporarily, and some will have a very different morning commute in 2017, our philosophy with the changes ahead has been one of business as usual. A lot of our work over the last 6 months has been to ensure that the School's upward trajectory will continue unbroken into its new future.

During the latter part of this year, the School Executive has been re-investing in capacity. Given the ongoing importance of high quality clinical experience for our students, we have purchased a range of new simulation and other educational technology across a number of campuses.

More recently, the Executive has approved a Professional Development Policy for both professional and academic staff. Members of the school will be eligible for up to \$2000 of approved professional development in each calendar year. The amount will be adjusted on a pro-rata basis depending on work fraction.

It has been humbling, inspiring and a real honour to lead the School of Primary Health Care over the last five years. While I will commence 2017 as Head of the new School of Primary and Allied Health Care, I will be stepping down sometime in 2017, the Faculty has identified a new Head. So you will be hearing more from me!

As the year comes to a close, I would like to thank all in the School community for their commitment to excellence. While it would be unfair to single anyone out, I wanted to particularly acknowledge the Heads of Departments, Steve Maloney our Director of Education and Jan Coles our Director of Research. And, of course, no academic success would be possible without the insight, energy and wisdom of Gillian Paulse and her magnificent professional team.

I hope to see as many of you as possible at what should be a magic School Christmas Party and awards event at Doyles Bridge Hotel on 12th December.

- Grant Russell

SPHC End of year Function

The School invites our hard working staff to take a load off and celebrate the year that has been, at our end of year celebration on Monday 12 December, from 12-3pm. The event will again be held at The Nepean Room, Doyle's Bridge Hotel, 1 Nepean Hwy, Mordialloc. This is a great social event to catch up with colleagues from within the school. Please RSVP via <https://goo.gl/forms/4FtWow5OGBJA4Zjj1> by Monday 5 December.

REMINDER – Grant applications

Staff are reminded that they must ensure that they have completed a university costing model through the Research and & Revenue Hub prior to lodging a grant application on PURE.

The PURE system has a function that enables staff to upload budgets. By ensuring that the proper budget process has been completed it will assist in the grant approval process running smoothly.

What's new on the Intranet

- minutes - Education committee, OHS committee, Research committee
- small grants policy
- updated professional staff list
- Education committee awards and grant application forms



Can a bad bra be associated with shoulder or neck pain?

Although Dr Kelly-Ann Bowles from the Department of Community Emergency Health and Paramedic Practice, has spent a large amount of her research career looking at bra design features, there are still unanswered questions.

Researchers know that most women do not wear a correctly fitted bra but they don't know if a bad bra fit could be associated with neck or shoulder pain. Kelly and her research team want to better understand how your breast size can affect the posture of women. This study will look at women's posture of all shapes and sizes, measuring their muscle strength around their shoulder, and collect information in things like bra size and shoulder or neck pain. No one has looked at the relationship between breast size and muscle strength and Dr Bowles is hoping that their research findings might help in future treatment plans for women with chronic shoulder or neck pain.

See Kelly's Nine News article [here](#).

Celebrating success

Congratulations to Dr. Christian Osadnik from the Department of Physiotherapy who was recently invited to become a member of the Australian Institute for Health and Welfare (AIHW) 'National Asthma and Other Chronic Respiratory Conditions Monitoring Advisory Group' in recognition of his expertise in the management of chronic respiratory conditions. AIHW manages the National Centre for Monitoring Asthma and Other Chronic Respiratory Conditions to undertake surveillance and monitoring of asthma and other chronic respiratory conditions. This includes monitoring their determinants, covering prevention, treatment, management, mortality, and differences between population groups; with an emphasis on cross-disease work reflecting the interrelated nature of many chronic diseases and their determinants. Dr. Osadnik's involvement will focus primarily on the management of respiratory conditions in primary health care and the burden of chronic respiratory conditions using the 2011 Australian Burden of Disease Study data (a major national epidemiological study that has provided crucial insight into the respiratory health of Australians).

Mindfulness sessions at Peninsula

A few minutes of mindfulness might be a great way to help keep energy levels (and sense of humour) in good shape, especially at this time of year.

Mindfulness involves a series of attention training practices and cognitive strategies that can help you unhook from unproductive thought patterns and behaviours. It involves learning to pay attention to the present moment rather than worrying or dwelling in the past. It also involves developing an attitude of friendliness toward yourself, as opposed to criticism or judgment.

Weekly mindfulness sessions are still running at the Peninsula campus by Chrissy Malm. You don't need to know anything about mindfulness to participate.

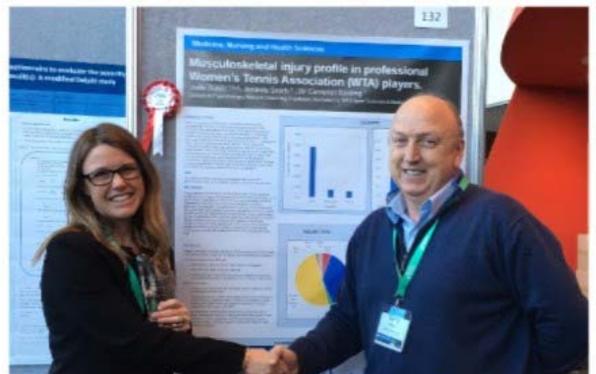
The sessions run every Thursday from 9 - 9:15am in room E2.55, Building E, level 2. What a great start to your working day!

Staff success at Sports Medicine Australia (SMA)

Conference

Congratulations to Jodie Dakic from the Department of Physiotherapy, and her co- investigators Dr Cameron Gosling from the Department of Community Emergency Health and Paramedic Practice, and Ms. Belinda Smith (Women's Tennis Association) who submitted two abstracts from a research project they are conducting as a collaboration with the Women's Tennis Association in Florida, USA.

The project is investigating a Musculoskeletal Tennis Specific Screening Tool aiming to identify players at risk of injury. Their presentation titled "Musculoskeletal injury profile in professional Women's Tennis Association (WTA) players" won the award of ASICS Best Poster – Injury Prevention. Well done!



10,000 step challenge

Congratulations to all of the staff members who participated in the 10,000 step challenge. The "Social Walkers" team filled with mostly Caulfield Social work staff, ranked third overall out of 700 teams across the country, and were also the highest ranking Caulfield team. A special mention to Lorraine Almeida who took out the best Caulfield Individual award. What a great effort!



Student services report

The School of Primary Health Care Student Services team was established on Monday 5th September. The team can be contacted by staff on #44456. The job desk has been disestablished and staff should now forward requests for assistance

to sphc.studentservices@monash.edu.

Semester 2 exam papers were received from all Departments and uploaded into TRIM by the university deadline. Thank you to all departments for submitting the documents to student services on time. A large number of In Semester and End of Semester Special Consideration applications have been received from students.

Applications have been forwarded to the relevant unit coordinators for assessment.

The 2017 re-enrolment period has been a busy time for the student services team. Course architecture changes have resulted in an increase of students requiring course progression

advice and assistance. The university forced 'full year' enrolment mode has also generated a higher number of re-enrolment enquiries.

Returning deferred students have been contacted and asked to accept their place for 2017 (by Friday 4th November).

Semester 2 result review meetings were held with each Department on Monday 21st and Tuesday 22nd November. Result spreadsheets have been provided to unit coordinators and were uploaded by the team.

VTAC Early Round enrolment sessions will be held on 29th November. VTAC Round 1 enrolment days will be held on Monday 23rd January and Wednesday 25th January 2017.

Any student who has met their course requirements at the end of Semester 2, will be course completed by the student services team after the release of results (Monday 5th December). Student details will then be provided to AHPRA (for relevant courses).

Planning has commenced for Orientation activities in 2017. The program will be finalised by mid December.

Partnerships and Clinical Placements Report

Clinical Placement Academic Directors met recently to form a committee to manage plans for our international clinical placement conference in 2017 and a number of other exciting possibilities were discussed as well including the possibility of joint research and joint arrangements for multi-disciplinary placements, to be explored further in 2017.

The Schools clinical placement team have been busy with administrative record keeping as the end of year fast approaches.

Benita Sankey, our Compliance Officer has prepared a procedures manual for the role which has been new this year. Benita has done a wonderful job liaising with program staff about requirements and assisting with developing procedures to manage immunisations and security checks for all students in the School.

We will be looking at other administrative areas that might be centralised such as coordinating invoice payments, etc in the new year.

Social Work have come through a most challenging year with a very large increase in enrolments for placements, subsequent new staffing who had not undertaken field placement work before and therefore new procedures to help manage the enormous amount of administration needed. An amazing effort by everyone despite some of the hitches and glitches. Amid all of this Grace Brown has managed to initiate or participate in the following research projects:

1. in collaboration with Dr Bernadette Saunders, 'An exploration of health/allied health students perceptions of law, legal systems, and legal professionals - enhancing education that enhances professional collaboration'
2. in collaboration with social work students, 'an investigation into graduate employment outcomes,' to inform future planning in social work education programs
3. on behalf of the Combined Schools of Social Work (CSSW), an investigation into the role of university liaison social workers in Victoria across 7 schools of social work.
4. in collaboration with Sussex University, 'a comparative study evaluating training of field educators in the UK and Australia.'
5. in collaboration with Monash Health, Dr Uschi Bay, Dr Cathi Flynn, 'social work students discovering, exploring, and representing contextual knowledge relevant to professional practice.'

In the next newsletter we will feature one of the other allied health programs and research relating to clinical placements.

Development work continues with regional placement providers to make arrangements for further student placement "hubs" for 2017 as do arrangements for international placements.





Amendment to Grade awarded - Clinical Placement Extension Units - CPL ****

The Faculty has reviewed the grade awarded to Clinical Placement Units.

At the conclusion of the placement, students will now receive a NAS - Non Assessed grade. This grade is to be awarded regardless of the outcome of the accompanying coursework unit.

The procedure has been updated on the intranet.

<http://www.med.monash.edu.au/intranet/student-admin/clinical-extension-admin-procedure.html>

Results for clinical placement units that have already been submitted to the Faculty will be amended accordingly.

New email address for student services

Staff are advised the Student services office are no longer using the job desk. Instead, academic staff should email sphc.studentservices@monash.edu

Small grants policy now available on the intranet

The Small grants policy can be downloaded from the SPHC Intranet site

<http://www.med.monash.edu.au/intranet/sphc/>, under the "Research" heading.

Private vehicle claim – change to process

Staff are advised that HR have recently reviewed some of their processes with regard to private vehicle claim forms, and now require the Supervisor, or Authorising staff member, to submit private vehicle claims on behalf of the employee. This is to ensure that the submitted form has been authorised for payment.

Once your private vehicle claim has been approved by your supervisor, please forward it to your Department's PA or your direct Manager to forward the forms on to HR.

Are you ok Day

Are you ok day was celebrated across the School's three locations, Notting Hill, Peninsula and Caulfield. The main reception areas were celebrated with lots of yellow balloons and some areas also had refreshments. R U OK? Day is a national day of action and a reminder to regularly check in with family, friends and workmates.



OT students contribute to local primary schools

The Monash Department of Occupational Therapy in collaboration with SCOPE therapy services implemented an innovative supervision model to provide fieldwork placements for occupational therapy students at Beaconsfield Primary School and Pakenham Springs Primary School in 2016. SCOPE "is a not-for-profit organisation that exists to support people with physical, intellectual and multiple disabilities achieve their goals in life." Three groups of four students each from the Bachelor of Occupational Therapy (Honours) and Master of Occupational Therapy Practice programs completed fieldwork placements in these primary

schools during April to September 2016. The students provided supervised occupational therapy support to students of the two primary schools at no additional cost to the schools or families, under the supervision of Occupational Therapists from SCOPE School Team Southern Division. In addition to occupational therapy students obtaining invaluable learning experiences, their supervised work in supporting primary school students at the two schools as part of their fieldwork placements have also contributed to the students, teachers, and the schools in a very positive way. Lisa Kid, a Grade 2 Teacher, from Beaconsfield Primary School gave some feedback about the partnership. *"Beaconsfield Primary School has been extremely fortunate to have Occupational Therapy Students from Monash University working on placement with our primary students. Teachers have reported that they have learnt exciting new strategies to support student learning and the students have shown an increase in their confidence and fine motor skills. The program has been very successful."*

The Department of Occupational Therapy values its collaborative partnership with SCOPE, through which this supervision model was trialled for the first time this year. As can be seen, it was a win-win-win for Monash occupational therapy students, SCOPE, the two schools involved and the children in the schools.



Collaborative Interprofessional Health Care in Vietnam: 2016

This month a group of students from within our Faculty are setting off on a new initiative exploring interdisciplinary health care in a completely different context. Twelve students will travel to Ho Chi Min City in Vietnam during November and December 2016 to meet local health professionals and Australian Aid workers.

This 4 week international student mobility program is a pilot project of undergraduate interprofessional practice and volunteering led by Alison Francis-Cracknell from the Physiotherapy department, building upon Alison's own healthcare volunteering experience in Vietnam in 2012/2013. It is a joint project of the Departments of Physiotherapy, Occupational Therapy, Community Emergency Health and Paramedic Practice

and the School of Nursing and Midwifery, supported by Monash Abroad, the School of Primary Health Care and external engagement with Scope Global project management.

Students will have the opportunity to explore health and health education in Vietnam, meeting with staff and students from the University of Medicine and Pharmacy in Ho Chi Minh City, visiting 4 hospitals and a rural community health service, undertake local language classes and meet with Australian health volunteers currently working in Vietnam. They will also work on group projects aimed at developing their international health care perspective, cultural capabilities and insight into the delivery of culturally appropriate healthcare services.



CSU social work celebration

Recently Charles Sturt University celebrated 25 years of social work education and its ongoing commitment to the provision of social work to rural and regional areas. The head of the Social Work Department, Professor Margaret Alston, was invited as a keynote speaker to present an overview of the development of social work at the university and across the region. Professor Alston, who began her academic

career at CSU, was a critical figure in the development of the program in 1991. While she had been part of the social welfare program previously on offer, the move into social work was facilitated by the commitment and foresight of a small group of CSU academics and local social workers. The group overcame a number of challenges before the program was approved by the university, the professional body and the wider social work community. The program captured the imagination of local people and was from its beginnings a very popular program. Hundreds of social workers owe their education to CSU and many attended the 25 year celebration.

Professor Alston went on to be appointed Professor of Social Work at CSU in the early 2000s before relocating to Monash in 2008. The celebrations were a fitting tribute to her contribution, to the ongoing commitment to social work at CSU and to the widespread community support across the regional areas served by the university.

Publications email closed

Staff are advised that the sphc-publications email account is now inactive.

The Research Output Collection Services (ROCS) team automatically search for publications by Monash staff. However if you have a new staff member who wants to create their myResearch profile or staff would like to make changes to their profile page, please email the ROCS team at adm-rocs-medicine@monash.edu.

Celebrating Success

Congratulations to Narelle Dalwood from the Department of Physiotherapy on being awarded an inaugural OLT Teacher Innovation and Impact Award for Innovation for her work 'Unmasking the reality' of clinical placements: The impact of concealing identity on peer simulation.



Graduate Education Supervisor Development Grant success.

Kelly-Ann Bowles (DCEHPP), A/Prof Brett Williams (DCEHPP), Nathan Stam (DCEHPP), Prof Terry Haines (Physiotherapy), Dr Cylie Williams (Peninsula Health) and A/Prof Stephen Maloney (Physiotherapy) have recently been awarded \$15,000 under the 2017 Supervisor Development Grant funding round.

Their project will be looking at strengthening supervisory partnerships with our Health partners.

The proposal outlines a measured approach to engaging external supervisors and developing skills commensurate with Monash University expectations. As Monash continues to develop relations with more industry partners, the approaches adopted by this team to close skills and expectations gaps between Monash supervisors and their industry colleagues will have the potential to be highly instructive for other academic units.

Libby Callaway from the Department of Occupational Therapy has also received funding success under the Monash Graduate Education Supervisors Grant. Her project is titled "Building social impact and industry partnerships within Australia's National Disability and Injury Insurance Schemes: Scoping graduate research needs in housing, assistive technology and support design for people with disability."

The grant will enable further work with key disability industry partners to identify and map current research activity relating to housing, technology and support design for people with disability, and identify gaps that may be addressed via graduate education programs, as well as supervisor capacity building in this area.

Grant Success

Congratulations to Linda Ross from the Department of Community Emergency Health and Paramedic Practice who was recently successful in obtaining a University Office of Learning and Teaching (MU-OLT) Education Focused Support Grant. These grants are for education focused academics engaged in the Better Teaching Better Learning agenda who lead change and innovation across their faculty and/or more broadly across the university that will impact on other staff and on students and lead to improvement of teaching and learning at Monash. Linda has been awarded \$7,500. Congratulations Linda!

Social Work book success

Congratulations to the Department of Social Work's Philip Mendes who has been busy writing two books. "Young people transitioning from out-of-home care: International research, policy and practice", is co-edited with Pamela Snow from LaTrobe University, and published by Palgrave Macmillan, October 2016. The book is to be launched in December. His second book, titled "Australia's Welfare Wars 3rd edition", published by New South Press, is due to be released in February 2017. A great effort Philip!

OT staff relocations

Building G of Peninsula campus is currently going through a significant refurbishment. As a result, Occupational Therapy staff have been temporarily relocated to Building H and Building W until mid-January when the works are to be finished.

The School and the Department of Occupational therapy would like to recognise some key staff who have facilitated making the 'not so easy' move happen as smoothly as possible. Special thanks go out to Nicola Sinclair (Departmental PA), Lianne Gordon (Senior Administrative Officer) and Michael Schrapel (eSolutions). The Paramedic department should also be commended for agreeing to allow a sudden influx of OT staff to occupy their building.

Better Teaching, Better Learning Photography competition success.

How would you capture the essence of learning and teaching in a single image? Joanne Tymms, Administration Officer from the Department of Community Emergency Health and Paramedic Practice, recently entered the inaugural Better Teaching, Better Learning Photography Competition and was awarded "Highly Commended" in the staff category.

Joanne's image of a paramedic student real life scenario, encapsulates many themes of the BTBL agenda, such as enriching learning experiences, articulation of skills and knowledge in real-time practice and flexible learning options. Joanne would like to pay credit to her fantastic model who made the image a winning one for the department. Can you guess who it is? Congratulations Joanne!





Award for service to mental health

The Department of Social Work's Dr Melissa Petrakis has won a research award in the 2016 The MHS Awards program for service to mental health.

Dr Petrakis won The Tom Trauer Evaluation and Research Award, in recognition of Academic mentoring, collaboration and co-production in mental health services research.

It was one of eight Awards made in the Service and Program categories, three for Exceptional Contribution, three for research and four for Media.

The award acknowledges excellence in the way Dr Petrakis approached research and championed co-design, co-production and co-authorship, with an emphasis on questioning and learning together, combined with respectful mentoring.

Dr Petrakis has worked in mental health services and programs for 20 years, the first decade as a clinician and the second as a practice-based researcher, collaborating in research with St Vincent's Hospital (Melbourne) Mental Health.

She has engaged in extensive collaborative research with people with lived experience of mental illness and their families, with interdisciplinary staff within clinical services, and with programs and staff across the community support services sector; evidenced by 37 publications (including 16 as first author). What a great achievement Melissa!



Celebrating success
Congratulations to Associate Professor Craig Hassed on receiving a 2016 Vice-Chancellor's Award for Exceptional Performance by Professional Staff - Team Category, Wellbeing at Monash Team.



Emergency responders descend on central Frankston for mock training session

MORE than 75 emergency responders from multiple agencies descended on central Frankston recently for a mock training exercise.

Department of Community Emergency Health and Paramedic Practice students, teamed with Frankston Police, Bayside Shopping Centre, Frankston CFA and Frankston Council for the drill designed to test the

organisations' co-ordinated responses.

A car fire simulation and two serious assaults were set up at Bayside Shopping Centre.

The drill went very well and the teams worked well together. It is great to see relationships with external partners being built to maintain community safety.

SPHC Professional Staff attend NZ conference

Recently, four Professional Staff from the School of Primary Health Care attended the Tertiary Education Management Conference (TEMC), held in Auckland. Gillian Paulse, Lianne Gordon, Joanne Tymms and Natalie Melder, attended the TEMC, which is a joint venture of the Association for Tertiary Education Management (ATEM) and the Tertiary Education Facilities Management Association (TEFMA). The team were fortunate with the opportunity to attend the conference through funding in the form of School travel grants and Professional Staff Awards.

The theme of the conference was: 'Rhetoric to Reality – The Unexpected Opportunity'.

The theme reflected the ongoing challenges for managers and professional staff in the tertiary sector; the differences between the ideas, and the necessity of reality.

There was a wide range of keynote speakers at the conference including: Sam Johnson, Director of WeMobilise, Nigel Latta, Clinical Psychologist and TV Presenter, Glenn Martin, founder of the Martin Jetpack, Frances Valentine, founder and Chair of The Mind Lab, and Sir Pita Sharples, founding co-leader of the Māori Party, Minister of Māori Affairs, and Associate Minister of Education and Corrections.

The concurrent sessions had the following themes: Property, Infrastructure and Support Service, Strategic Alignment, Opportunity, Challenges, Leadership, Engagement, and Technology.

TEMC was a fantastic opportunity for networking and learning about other university processes and procedures. It provided opportunities to learn about other university practices, and to gain advice on how to manage major issues and challenges within the administration of universities.

