

Issue 2
May 2017



TARGET
Nutrition Study

Newsletter

The Augmented versus Routine approach to Giving Energy Trial

Recruitment

1843/4000



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Details

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Interim Analysis

- **30 April 2017**—1,500th TARGET patient enrolled
- **30 April 2017**—Each site received a list of patients included in the interim analysis
- **30 July 2017**—1,500th patient reaches day 90
- **11 August 2017**—Deadline for all data entry to Day 90 *or to death whichever occurs first*
- **18 August 2017**—Deadline for data query resolution
- **mid September 2017**—The DSMC meeting will be held

THANK YOU

Thank you to our amazing sites for reaching this milestone in 45 weeks—a fantastic achievement!



frequently

asked questions



Daily Form Q4.1.9 Was there an interruption of EN for > 2 hours?



An “interruption” is defined as: a temporary stop for more than 2 hours but ≤ 24 hours. For example the TARGET protocol EN may be stopped for fasting but not ceased by prescription.

An interruption does not mean the TARGET protocol EN is ceased.

When the TARGET EN is stopped it should be documented as an interruption or ceased *according to the definitions (but not both)*.

“Ceased” is defined as: the TARGET EN is stopped for more than 24 hours. In this case, complete Form 3.



Co-enrolment

- ✓ SPICE
- ✓ STARRT AKI
- ✓ PEPTIC
- ✓ ICU ROX
- ✓ Nebulised Heparin
- ✓ PROTECTIN
- ✓ IMPACT
- ✓ PLUS
- ✓ SuDDICU

✗ Any nutrition study

✗ ASPECT

✗ LUCID

Current TARGET protocol EN due to expire at the end of July 2017

Now that we are nearing the end of the 2nd production shelf life you *may* see signs of EN separation such as discolouration and lumps in the TARGET EN. Formula separation is not uncommon and may occur when EN is nearing the end of the shelf life.

To reconstitute the formula or to prevent separation:

- Give the bag a good shake
- Knead the TARGET EN bag between your hands



We had a few incidences of EN separation with the 1st production when it was nearing the end of the shelf life. We sent the affected bags to the manufacturer for testing and assessment and the formula was deemed safe to use. If you have any concerns, please call the project managers.

We have requested an extension on the shelf life for the 2nd production of EN (expiry 07/2017). You will be notified when the decision comes through from the manufacturer. If we are given the go ahead ANZIC-RC and MRINZ will send out new expiry labels for bags and boxes.

Full list of studies at:

<http://anzicrc.monash.org/target>

TARGET Fast Facts

- We must recruit **270** patients per month to complete recruitment by January 2018
- We must complete recruitment when the 3rd production expires - February 2018
- **2157** patients to go
- **40** sites active (29 AUS / 11 NZ)

RECRUITMENT to 31 May 2017

