



**Edition #02**

## A MESSAGE FROM THE DIRECTOR

### Welcome to the latest Turner Institute for Brain and Mental Health newsletter!



2019 has been a fantastic year for the Turner Institute. Since the launch of the Institute in July, our team has enjoyed many successes, bringing in over \$15 million in grant funding for brain and mental health projects. This is a tremendous achievement, and is testament to the quality of research undertaken by our researchers. We look forward to learning the outcomes of the latest ARC and NHMRC grant rounds in the near future.

I also extend my congratulations to Professors Alex Fornito and Murat Yücel, who have been recognised on the 2019 Highly Cited Researchers list, and Dr Laura Jobson who was recently awarded a Tall Poppy Award for Science.

I hope you enjoy reading this edition of our newsletter, and I look forward to welcoming you back in the New Year with more great news from the Turner Institute.

**Professor Kim Cornish BSc (Hons) PhD FASSA**  
Director, Turner Institute for Brain and Mental Health

*I acknowledge the Traditional Owners and Custodians of the lands on which I live and work and pay my respect to Elders both past and present*

## LATEST NEWS



## Turner experts named on 2019 Hi-Ci list

Professors Alex Fornito and Murat Yücel have both been named in the 2019 Highly Cited Researchers list by the Web of Science Group released last week.

[Read more](#)

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## Distinguished honour for Professor Cornish

Professor Kim Cornish, Director of the Turner Institute, has been honoured with the title of Sir John Monash Distinguished Professor, the most prestigious title conferred on serving professors at Monash University.

[Read more](#)

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## Tall Poppy Award for PTSD researcher

Congratulations to Dr Laura Jobson, who was the recipient of a Victorian Young Tall Poppy Science Award last month.

[Read more](#)

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## Taking science to the skies

Researchers from the Turner Institute have been collecting valuable inflight data on pilot and cabin crew health during Qantas' record-breaking ultra long-haul flights from New York and London to Sydney.

[Read more](#)



## Imagining a future without change



Earlier this month, the Turner Institute was featured as part of Monash University's campaign activation - A Future Without Change at Federation Square in Melbourne's CBD. The interactive display presented visitors with the confronting possibilities of what our society could become if we don't seek change.

Professor Cornish was featured on Radio National's 'Life Matters' program to discuss the significance of the campaign. [Listen to the replay here.](#)

## INDUSTRY ENGAGEMENT

### Building networks for mental health

Exploring opportunities for digital innovation in mental health research was the focus of an Industry Networking event held by the Turner Institute last week.

[Read more](#)



## RESEARCH GRANTS

### Enhancing early childhood development in regional indigenous communities

A two-year project aimed at improving focus and attention in developmentally vulnerable children during the early years of schooling has received funding from the Ian Potter Foundation.

[Read more](#)



## UPCOMING EVENTS



### **PUBLIC LECTURE** **How Genetics Informs Diagnosis and Treatment of Autism: Experiences from the North**

**Guest speaker: Professor Stephen Scherer, Hospital for Sick Children and University of Toronto**

Researchers have discovered about 10 genes that are involved in autism, which is informing early diagnosis and therapeutic intervention. Professor Scherer will share important findings from his and other research and how they are impacting the lives of people with autism in Canada.

This free event is made possible with the support of Illumina, Monash Children's Hospital, the Turner Institute for Brain and Mental Health and the Convergence Science Network

**Date:** Tuesday 25 February 2020, 6.00-7.15pm (Refreshments from 5.00pm)

**Registration:** Registration opens in 2020

## IN THE MEDIA

- [Artificial light, sleep and the battle to keep our circadian rhythms in tune](#), Monash Lens
- [Balancing equations](#), The Saturday Paper
- [Teen snooze study could unlock family harmony](#), Herald Sun
- [Qantas is running the first-ever 19-hour test flight from NYC to Sydney — here's what researchers on board are looking out for](#), Business Insider
- [Victorian road toll 2019: Fatigue likely the biggest killer on our roads](#), The Ballarat Courier



### David Winston Turner

Thanks to the generosity of the late David Winston Turner, Monash University was the recipient of Australia's largest single gift to mental health in October 2018, and is one step closer to proving ground-breaking research, training and treatment solutions for brain and mental health conditions. The Turner Institute is the first ever research institute at the University to take its name and inspiration from a Monash graduate and benefactor.



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MENTAL HEALTH**

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