MENTAL HEALTH NURSING

Rewarding and challenging. Mental health nurses support the recovery of people living with a wide range of mental health disorders. Gain knowledge to be an effective member of the mental health team and with Commonwealth Supported Places available, there’s never been a better time to further your nursing career.

Learn from experts and leaders within the mental health nursing field, gain knowledge in key areas and with the latest emerging models of care and therapies.

Advanced and highly flexible, this course is designed to prepare you, a registered nurse, with leadership skills, to plan, implement, coordinate and evaluate health care, as well as formulate policy for a diverse and multicultural society. On competition you will be equipped to contribute to the health of individuals, families, communities and the development of the profession.

In the Mental Health Nursing specialisation you will:
- Gain leadership skills in mental health nursing to plan, implement, coordinate and evaluate person-centred and recovery-oriented health care
- Develop core skills on the nature of mental illness, the mental health nursing process, ethical and legal issues, and various contemporary psychotherapies and techniques to support person-centred and recovery-oriented care.

COURSE STRUCTURE

<table>
<thead>
<tr>
<th>CORE UNITS (Part A)</th>
<th>COURSEWORK OR RESEARCH (Part B)</th>
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<tr>
<td>NUR5215 - Mental health nursing concepts and practice</td>
<td>You have the choice of completing either a coursework or research stream. Choose from a range of electives in areas like nursing education and leadership, or undertake a minor thesis or research project.</td>
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<td>NUR5228 - Theories and philosophies of mental health nursing</td>
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<td>NUR5229 - Challenges and controversies in mental health nursing practice</td>
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<tr>
<td>NUR5008 - Contemporary psychotherapies for nurses, OR NUR5227 - Integrated mental health care</td>
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You may be eligible to exit early with a Graduate Diploma in Advanced Clinical Nursing if the award requirements have been met.

Course code
M6031

Study mode
On-campus (Clayton, Peninsula)
Multi-modal (Clayton, Peninsula)

Intakes
First semester: February
Second semester: July

Durations
Full time: 1 or 1.5 years
Part time: 2 or 3 years

“...gave me very practical knowledge and skills that I can apply in my practice. It was very satisfying to see that the knowledge I gained has improved my nursing care and ultimately benefited my patients."

Yookyung Lee
Master of Advanced Clinical Nursing graduate (2020)
ELECTIVES

As part of this Master’s degree, you’ll have the opportunity to customise your degree around your interests, with a choice of electives. You can pick nursing electives, or even units from another area of study (with the permission of the course convenor).

Explore a list of approved electives at handbook.monash.edu/current/courses/M6031

If you’re studying the on-campus mode, you’ll attend your nominated campus during Part A, and then attend both the Clayton and Peninsula campuses for Part B.

RESEARCH PATHWAY

Monash is recognised globally for research excellence. As part of the Master of Advanced Clinical Nursing, you may have the opportunity to work on a nursing research project, with one of our expert supervisors. Completing this can be used as a pathway to a graduate research degree, such as Doctor of Philosophy.

WHY CHOOSE MONASH?

- Complete the mental health nursing specialisation in 18 months
- Content developed and delivered by recognised experts
- Flexible learning delivery modes
- Study by all coursework or combine coursework and a minor thesis
- Elective units allow you to meet your career aspirations
- Network with like-minded nurses wanting to advance their careers
- Ranked #15 in the world for Nursing (QS World University Rankings 2021)

COMMONWEALTH SUPPORTED PLACES (CSP) AVAILABLE - this means your fees could be partially covered by the Federal Government.

LEARN MORE

For further information about the Master of Advanced Clinical Nursing, including entry requirements and fees, visit monash.edu/study/course/m6031 or contact:

FUTURE STUDENT ENQUIRIES

T 1800 MONASH (666 274)
E future@monash.edu
monash.edu/nursing

“My passion is supporting students to think critically about their practice and challenge pre-existing ideas of mental ill health. I have a strong focus on reducing stigma, supporting recovery-oriented mental health practice and promoting mental health in order to break down barriers and promote inclusion.”

Alison Hansen
Specialisation Lecturer

Monash University reserves the right to alter information, procedures, fees and regulations contained in this document. Please check the Monash University website for updates (monash.edu). All information reflects prescriptions, policy and practice in force at time of publication. CRICOS provider: Monash University 00008C CRICOS course code: XXXXXXX Produced by: Monash Medicine, Nursing and Health Sciences, May 2021.