**Course code**
M2001
CRICOS code: 075117M

**Study mode**
On-campus (Clayton)

**Intakes**
First semester: February

**Durations**
Full time: 3 years

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“As a nutrition science student, you’ll examine the broad scope of food in our society and gain an understanding of nutritional and biomedical science from specialists in dietary intake and metabolism, public health nutrition, food sustainability, sports nutrition and much more.

Your theoretical knowledge will be enriched with hands-on training and practical study at our innovative Be Active Sleep Eat (BASE) facility, equipped with an industrial kitchen, sleep lab and body composition suite.

In the Bachelor of Nutrition Science you will:
- develop an in-depth understanding of nutrition, health and disease.
- train to be effective nutrition communicators
- gain professional experience with work placement opportunities in the food industry or a public health setting
- build your research skills and have opportunities to apply them to real research projects in human nutrition.

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Charlotte Barber
Bachelor of Nutrition Science student

“To find out more about what you’ll study, visit monash.edu/study/course/m2001

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Charlotte Barber
Bachelor of Nutrition Science student

“I was drawn to the specialised nature of the course – all of the units are specific to nutrition and we are exposed to a plethora of fields in the discipline. I like that we benefit from smaller class sizes and I am constantly inspired by the teaching staff, who all come from a range of diverse nutrition backgrounds.”
PRACTICAL EXPERIENCE

As part of your degree, you’ll have the opportunity to get hands-on industry or research experience. You’ll conduct nutrition-focused laboratory practicals inside our new Biomedical Learning and Teaching Building. You’ll also study infant nutrition, develop a functional food product, and conduct a food sustainability audit.

In your third year, you’ll put your research skills into practice and work on a real-world nutrition research project, paired with one of our expert supervisors. You also have the opportunity to apply to undertake an 11-week placement in the food industry or public health sector with one of our placement partners.

SCHOLARS PROGRAM

High achieving students may be eligible for the Bachelor of Nutrition Science Scholars Program. This program will guarantee entry and open the door to the Master of Dietetics, where graduates are eligible to become members of Dietitians Australia (DA).

CAREER OPPORTUNITIES

Studying a Bachelor of Nutrition Science can lead to a range of rewarding careers, including:

- Food technologist
- Product development coordinator
- Applications technologist
- Health promotion officer
- Food safety officer
- Nutrition researcher
- Dietitian (further study required)

Our degree is also the only course in Australia accredited with the UK Association for Nutrition (AIN), allowing graduates to register as an Associate Nutritionist in the UK.

FURTHER STUDY

- Accelerated entry into the Master of Nutrition and Dietetics
- Master of Food Science and Agribusiness
- Master in public health
- Master in other allied health professions

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“The diversity of this course never ceases to amaze me! We study physiology, microbiology, food standard codes and regulations, food science, human nutrition, public health, research and so much more. I personally enjoy the integration of science with nutrition the most.”

Delaram Ansari
Bachelor of Nutrition Science graduate (2019)

LEARN MORE

For further information about the Bachelor of Nutrition Sciences, including entry requirements, fees and scholarships, visit monash.edu/study/course/m2001 or contact:

FUTURE STUDENT ENQUIRIES

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E future@monash.edu
monash.edu/medicine

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