

## First Aid for Burns Guidelines

As part of the local area induction, all staff and students must be made aware of the location of first aid kits and a list of local First Aiders.

Refer to the [First Aid Procedure](#) for information on applicable additional first aid kit modules, e.g. Burns Module.

### Important Information on Treating Burns

All burns can be potentially serious depending on where they occur. Severe burns may require ongoing medical attention.

- Do not apply ointments, creams or lotions to a burn.
- Do not touch the injured areas or burst any blisters.
- Do not remove anything sticking to the burn.
- If the burn is larger than a 20 cent piece or is deep, seek medical aid.

For chemical burns, use the appropriate [First Aid Kit Module](#) (e.g. General Chemical Module, Hydrofluoric Acid Module, etc.) and contact Poisons Information Centre Victoria: 131 126 if needed. See [OHS Information Sheet - Hydrofluoric Acid](#).

A 'cold' burn (i.e. tissue damage from extreme cold) should be treated differently to thermal burns. See the [St John Ambulance Fact Sheet on Frostbite](#) and [Health Direct Fact Sheet on Chemical Burns](#).

### First Aid for Burns or Scalds

1. Check for **danger** to yourself, bystanders and the casualty.
2. If you can safely access the casualty, follow DRSABCD.
3. Follow instructions as per pathways below.

#### If the casualty's clothing is on fire



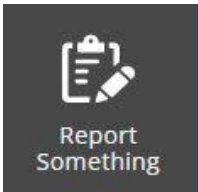
1. Stop the casualty from moving around.
2. Drop the casualty to the ground and cover or wrap them in a fire blanket or similar, if available.
3. Roll the casualty along the ground until flames are extinguished.
4. Manage the burns as per this document.

#### For all burns

1. If the burn is severe or if it involves the airway, call triple zero (000) for an ambulance.
2. As soon as possible, hold any burnt area under cool running water for 20 minutes.
3. Remove any clothing and jewellery from the burnt area, unless stuck to the burn.
4. Cover the burn with a loose and light non-stick dressing, preferably clean, dry, non-stick material such as cling (polyethylene) film.
5. Continue to check the patient for shock and treat if necessary.
6. Seek medical attention.

Follow the incident reporting guide as indicated by the table below.

## First Aid Documentation and Incident Reporting

| Documentation   | Reporting Process   |
|---|---|
| <ul style="list-style-type: none"> <li><a href="#">First Aid Report Form (hardcopy)</a></li> <li><a href="#">First Aid Report Online Form (e-Form)</a></li> </ul>   | <ul style="list-style-type: none"> <li>First Aider is to complete the First Aid Report Form</li> <li>First Aider must record all treatment provided</li> <li>First Aid Report Forms are available in First Aid kits or from the <a href="#">OHS website</a></li> <li>First Aid Report Form must be forwarded to the Occupational Health Team for retention <ul style="list-style-type: none"> <li>Email: <a href="mailto:BPD-OHNC@monash.edu">BPD-OHNC@monash.edu</a></li> </ul> </li> </ul> <p>The First Aid Online Report (e-Forms) can be accessed via the <b>QR code</b> on the first aid kit or from the <a href="#">OHS website</a>.</p>  |
| <ul style="list-style-type: none"> <li>Online Hazard &amp; Incident Report via <a href="#">SARAH+</a></li> </ul>    | <ul style="list-style-type: none"> <li>The casualty or supervisor must lodge an Incident Report as soon as practicable.</li> <li>Note: Anyone can enter a report on behalf of the casualty if they are not able to do so.</li> <li>Note: if the <b>casualty required medical attention it will be a notifiable incident</b> to a safety regulator (e.g. WorkSafe Victoria). Please ensure that the local Safety Officer/Manager/Supervisor is aware of the incident and that they must contact the Health, Safety and Wellbeing (OH&amp;S) Manager or their delegate immediately for advice. <ul style="list-style-type: none"> <li><b>In Australia</b>, where an incident occurs which may be notifiable to a Regulator, the Health Safety and Wellbeing (OH&amp;S) Manager must be immediately notified by phone on 03 990 20222 or after hours by contacting Monash Security 03 990 27777.</li> <li><b>At overseas locations</b>, the local OH&amp;S Manager or Chief Operations Officer should be notified immediately, who will subsequently notify the Health Safety and Wellbeing (OH&amp;S) Manager.</li> </ul> </li> <li>Safety Officers can provide assistance with submitting reports via <a href="#">SARAH+</a>.</li> </ul> |

## Reference documents

- [First Aid Procedure](#)
- [Health Direct Fact Sheet on Chemical Burns](#)
- [St John Ambulance First Aid Fact Sheet – Burn or Scald](#)
- [St John Ambulance Fact Sheet on Frostbite](#)