

# Family and child care

## Health and Wellbeing

### Parkville



Below you will find information about programs, resources and useful links for students and staff with children. For Monash University sponsored family and child care services please visit [www.hub.monash.edu.au/family](http://www.hub.monash.edu.au/family) or call 9905 3156.

#### Family Day Care

Family Day Care is a flexible, home-based child care service. A Coordination Unit managed by the sponsoring body, for example a Local Government body, supports and resources the registered care-providers within the service. Family Day Care services will offer any, or all, of the following types of care for children aged up to 12 years:

- Full-time or part-time care;
- Care for children with additional needs;
- Overnight care;
- Weekend care;
- Before and After school care;
- School holiday care;
- Occasional care;
- Emergency care;
- Respite care.

For more information please call 9686 9797 or visit [www.familydaycare.org.au](http://www.familydaycare.org.au)

#### Victorian Kindergarten (Pre-school)

Kindergarten aims to develop children's social, emotional, intellectual, physical and language abilities, and encourages family involvement. The Victorian Government funds kindergarten programs in a range of organisations, in a variety of settings (including many child care centres) to provide this program to children in the year prior to going to school. The funding contributes to the cost of providing a kindergarten program but most kindergarten services charge fees in addition to the government's contribution. Many of these programs are sessional, where the children attend a few times per week.

To find a local kindergarten or child care centre with an integrated kindergarten program please visit [www.ncac.gov.au](http://www.ncac.gov.au) or [www.education.vic.gov.au](http://www.education.vic.gov.au)

#### Maternal and child health

The Maternal and Child Health Service is available for all Victorian families with children aged 0-6 years. This supports families and children, offering information and advice regarding parenting, child health and development, child behaviour, maternal health and wellbeing, child safety, immunisation, breast feeding, nutrition and family planning. First time parents can join groups that provide health information and an opportunity to meet other parents in the local area.

For more information please call 13 22 29 or visit [www.melbourne.vic.gov.au](http://www.melbourne.vic.gov.au)

#### Playgroups

A Playgroup is an informal session where babies, toddlers, preschoolers, parents and carers can meet in a relaxed environment. Children who go to playgroups can make new friends, have new experiences, gain self-confidence and develop physically, socially, emotionally and intellectually. Parents and carers can meet new people, practice English language skills and share cultural exchanges in an Australian early childhood setting.

For more information please visit [www.playgroup.org.au](http://www.playgroup.org.au) or [www.melbourne.vic.gov.au](http://www.melbourne.vic.gov.au)

#### Parentline

Parentline is a telephone counselling, information and referral service for families with children from birth to 18 years. It is a confidential and anonymous service that is the cost of a local telephone call throughout Victoria.

Telephone: 13 22 89

Hours of operation:

Monday to Friday 8am – 12 midnight and Saturday and Sunday. 10am – 10pm.

Website: [www.parentline.vic.gov.au](http://www.parentline.vic.gov.au)

#### Child Care Benefit (CCB)

The Family Assistance Office administers CCB via Centrelink and Medicare offices. CCB is a Federal Government initiative to assist families with the cost of child care. For further information concerning CCB, application forms and your nearest Centrelink office, visit

[www.familyassist.gov.au](http://www.familyassist.gov.au) or [www.centrelink.gov.au](http://www.centrelink.gov.au)

#### Monash University family outings and social events

Monash Health and Wellbeing organises social events and excursions for families to various places of interest. The aim is to help partners and children of international students and staff at the university to meet new friends, establish social networks and adjust to life in Australia.

For more information please call the Health and Wellbeing Hub on 9903 9635 or email [hub.parkville@monash.edu](mailto:hub.parkville@monash.edu)

#### School enrolment

Children aged five years old by 30 April can attend school. All children living in Victoria between the age of six and fifteen must attend school. State, private and church run primary schools are located within close proximity to all Monash University campuses and accept enrolments from children from culturally and linguistically diverse families.

To enrol in a State Government school and for more information please call the Department of Education and Early Childhood on 9637 2990 or visit [www.study.vic.gov.au](http://www.study.vic.gov.au)

#### Useful links

For child care services, kindergarten, children immunisation and playgroups:

- [www.melbourne.vic.gov.au](http://www.melbourne.vic.gov.au)
- [www.yarracity.vic.gov.au](http://www.yarracity.vic.gov.au) (City of Yarra)
- [www.mvcc.vic.gov.au](http://www.mvcc.vic.gov.au) (City of Money Valley)
- [www.immunise.health.gov.au](http://www.immunise.health.gov.au)
- [www.hub.monash.edu.au/family](http://www.hub.monash.edu.au/family)

