Physiotherapy at Monash
What is a Physiotherapist?

• Physiotherapists are people who play many important roles in health service delivery

• Most commonly, physiotherapists assist people with movement problems

• May occur after disease or injury

• Also promote health to avoid disease and injury
Where do Physiotherapists work?

- Private practice
- Public and private hospitals
- Community centres
- Rehabilitation facilities
- Sports clubs and organisations
- Schools, major businesses
- Health departments
Some familiar roles......
Some less familiar........
Some less familiar........
Bachelor of Physiotherapy (Honours)

- 4 year full time Undergraduate degree
- No mid year intake
- Cohort around 120 students
- Around 20-24 contact hours per week (plus additional self-study time)
- Interprofessional learning opportunities
- Clinical placements in Years 2, 3 and 4
- Peninsula Campus only
What’s special about the Monash course?

• Students enrol only in PTY units
• Students form a tight knit cohort
• All our staff are Physiotherapists
• Great educators with advanced clinical skills
What’s special about the Monash course?

• Small campus life (Peninsula)
• Big campus life (Clayton)
What’s special about the Monash course?

• Learn relevant physiotherapy content from Year 1, week 1
Small group, case based learning

• E.g. weekly case: a person with a knee injury
• Learn:
  – Relevant anatomy
  – Relevant biomechanics
  – Physiological responses to trauma
  – How to assess the knee for ligament integrity
  – Evidence based interventions for knee rehabilitation
  – Psychology of return to sport
What’s special about the Monash course?

• An exceptional anatomy program
Great facilities
Practical skill development
Simulation
What’s special about the Monash course?

- Rural health care education opportunity
- Close clinical partnerships (e.g. Monash Health, Alfred Health, Peninsula Health)
- Elective options in 4\textsuperscript{th} year e.g. sports physiotherapy, Australian Ballet School, National Institute of Circus Arts, Disability Development in Nepal, Alfred Hospital Emergency Department
## Clinical Education

Total of around 1000 hours

<table>
<thead>
<tr>
<th>Year 1</th>
<th>Inter-professional activities, master classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 2</td>
<td>Master classes; Clinical enrichment opportunities (pre-clinical); 3 x ½ days clinical experience</td>
</tr>
<tr>
<td>Year 3</td>
<td>Clinical education (including simulation)</td>
</tr>
<tr>
<td>Year 4</td>
<td>Clinical education (2 units)</td>
</tr>
</tbody>
</table>
What’s special about the Monash course?

• Fully accredited permitting registration to practice on completion (with AHPRA)
Selection: course pre-requisites

• All students must have completed VCE units 3 and 4 with a study score of at least 35 in English (ESL) or 30 in any other English,

• All students must have a study score of at least 25 in any two of:
  • Chemistry
  • Biology
  • Mathematical methods
  • Physics
  • Specialists mathematics

• Students should aim for an ATAR of around 95

This applies to all students (VCE, Non-Year 12, International)
Selection: Non Year 12 applicants

- Applicant ensures they meet the VCE pre-requisites
- An applicant’s entire academic record/GPA is considered
- A distinction average (minimum) for any other tertiary study*

*a competitive process
Selection: course pre-requisites

• If applicants have not met the VCE pre-requisites, successful completion of two semesters of tertiary studies in the pre-requisite VCE subjects at a recognised tertiary institution would be considered comparable to VCE success in those subjects.
  – For example Physiology 1 and Physiology 2, or Physics 1 and Physics 2, etc

• Alternatively, students can study the required VCE unit/s at their local TAFE or via Open Universities Australia
Selection

• If applicants have not completed the pre-requisite subjects they will not be eligible until they have met this criteria
Pathways into Physiotherapy

- Complete at least one year of full time tertiary study and achieve an average grade of at least 70+ (distinction level – competitive process)
- Applicants must meet the VCE pre-requisite units
- Applicants must still apply through VTAC (except for Monash – see internal transfer application process)
- Credit for previous study is rarely awarded (even if students have studied Physiotherapy at another University)
- No ‘quota’ of Year 12/non year 12 places
Pathways into Physiotherapy

• Tips
  – Undertake a course that you have the best chance of achieving a high academic score (GPA)
  – Study subjects you will enjoy and are more likely to perform well in
  – Undertake a course you would be willing to continue should you be unsuccessful in gaining entry to physiotherapy
Further Information

Phone:
1800 MONASH (1800 666 274)

Website:
http://www.med.monash.edu.au/physio
Physiotherapy webpage

- Bachelor of Physiotherapy (Honours) course structure
- VCE and IB entry requirements
- Non Year 12 (Mature aged) student requirements
- Pathways into Physiotherapy
- International student requirements
- Special Entry (including Monash Guarantee)
- Careers in Physiotherapy
- Download the Physiotherapy brochure
- Download the Physiotherapy Information Session
- Meet our current students and Graduates