BYSTANDER ACTION

BYSTANDER INTERVENTION
Bystander intervention is the act of feeling empowered and equipped with the knowledge and skills to effectively assist in the prevention of Gender-Based Violence.

NOTICE THE EVENT
Being present and noticing what is happening around you:
- What do you hear?
- What do you see?
- What is the tone?
- What is the body language?
- Use of touch, or power

IDENTIFY IF THERE IS A PROBLEM
Recognise if there is a problem:
- Is it inappropriate?
- Is mutual?
- Is it harassing or abusive?
- Is it violent?

ASSUME RESPONSIBILITY
Take personal responsibility to act even if:
- Other bystanders are present...
- You feel uncertain...
- It doesn't appear "urgent" to others...
- If you think someone else might do a better job...

SOURCE: TAKET, A, CRISP, B 2017, BYSTANDERS FOR PRIMARY PREVENTION: A RAPID REVIEW, VICHEALTH
Bystander Action

Have the confidence to act
There are heaps of ways to do something, from showing how you feel, to supporting the person/s impacted by the gender-based violence to speaking up to disrespectful people.

Direct
To call it out and educate
Calmly disagree
Publicly declare the action or statement to be wrong or unacceptable (focus on the behaviour and not the person).
Explain why it’s important to stop the behaviour.

Distract
Distract either party to stop or diffuse:
Make a distraction
Make a light-hearted comment to stop the situation
Recruit Allies
Use body language to show disapproval

Delegate
You ALWAYS delegate to the appropriate service, person or authority:
Police
Safer Community Unit
Security
Other person/s of authority
Social Media Platform Administrators
E-Safety Commissioner