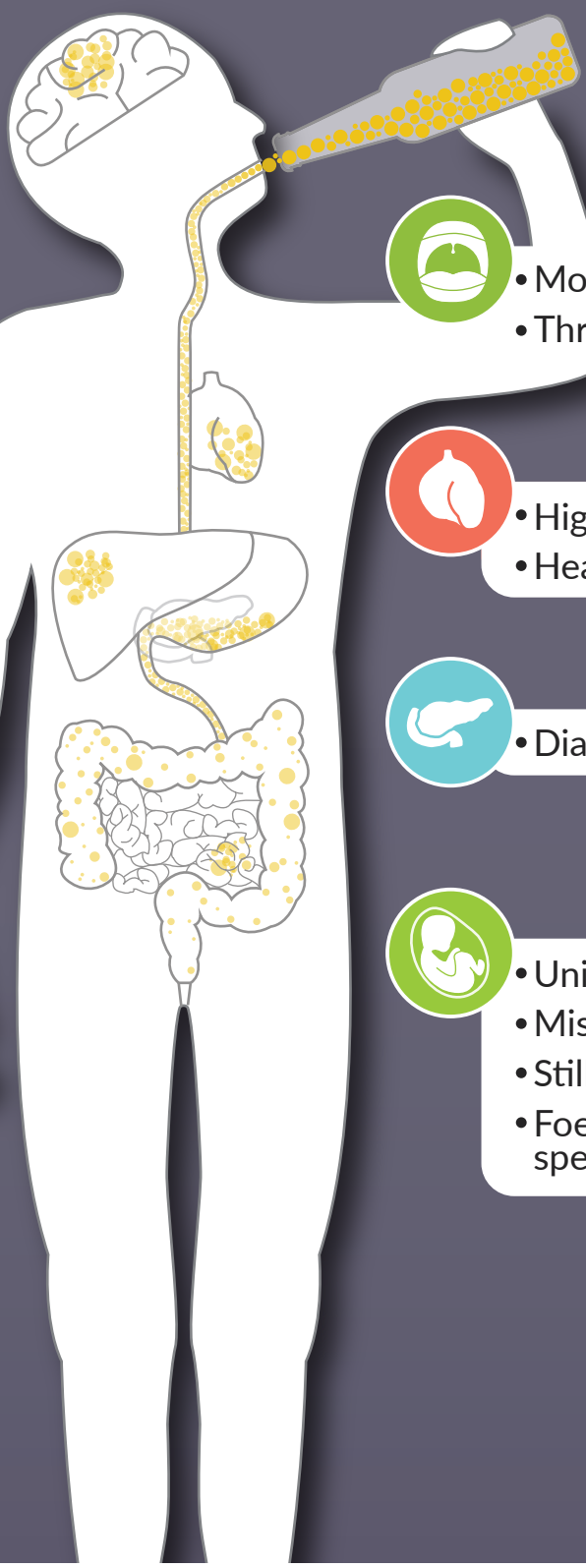
How alcohol harms your health



- Depression
- Stroke
- Anxiety
- Alcohol dependence
- Dementia

- Breast cancer

- Liver cancer
- Liver disease

- Digestive problems
- Colon cancer

- Sexually transmitted infections

- Mouth cancer
- Throat cancer

- High blood pressure
- Heart disease

- Diabetes

- Unintended pregnancy
- Miscarriage
- Still birth
- Foetal alcohol spectrum disorder

Talk to your doctor today about your alcohol use

VicHealth enliven MONASH University Griffith UNIVERSITY Health Issues Centre HSCU MonashHealth phn NORTH WESTERN MELBOURNE UNSW SYDNEY

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