

# SCRAMBLED EGGS IN A MUG

Serves: 1 | Ready in: 5 mins | Cost per serve: \$0.45



1 tbsp milk



1 large egg



1 pinch black  
pepper

1. Whisk egg in a microwave-safe mug using a fork. Add milk and whisk until well blended.
2. Microwave on high until cooked through and fluffy, about 90 seconds. Season with pepper.
3. Serve on its own or with salad on toast.