

*Margaret Kartomi Gallery of Musical
Instruments and Artefacts presents*

The Place of Indian Music and Dance in Australia

*Case 7: Kathak Dance Culture
Acknowledgements*

Sanchita Abrol

Founder and Director - Sanchita Abrol Dance Creations and Kathaprana
South Asian Centre for Creative Arts Therapies, Australia
Donor of Kathak costume and jewellery



Sanchita Abrol is globally celebrated as a Kathak virtuoso, cultural entrepreneur, public policy expert, and Creative Arts Therapist, specializing in Dance Movement Therapy. Founder of the Melbourne Kathak Festival, Sanchita Abrol Dance Creations, and Kathaprana, South Asian Centre for Creative Arts Therapies Australia, her work beautifully intertwines dance with regional literature, contemporary narratives, therapeutic practices, and storytelling. Trained under the legendary Padma Shri Guru Shovana Narayan, Sanchita's performances span continents—Oceania, Europe, Africa, and Asia—gracing prestigious stages like the Commonwealth Games and SAARC, earning her numerous accolades. She is celebrated for pioneering Nātya Cards, a research-driven educational and wellbeing tool rooted in ancient Indian wisdom. As Australia's sole Indian classical dancer, cultural policy advocate, and Creative Arts Therapist, her advocacy integrates arts into education, health, and diplomacy, leaving a transformative global legacy, inspiring generations, and shaping the future of the arts in India and Australia.