



A practical update for dietitians

## Dietary Treatment of Chronic GI Disease: More than just FODMAPS

Friday May 29th

# Program

This workshop will provide an update on research projects in various gastrointestinal diseases and management strategies.

### Topics:

- Irritable Bowel Syndrome: A Clinical Perspective - Dr Rebecca Burgell
- How important is Fructose Malabsorption? – Dr Jaci Barrett
- FODMAP certification program- Dr Jane Varney
- Role of Dietary Salicylates in IBS – Sree Malakar
- Dietary Therapy in Eosinophilic Esophagitis – Dr Hamish Philpott
- The use of the Low FODMAP diet in endometriosis – Judy Moore
- Role of Dietary Salicylates in IBS - Sree Malakar
- Adding glucose to fructose to improve symptoms does it really work? - Caroline Tuck
- The use of gut-directed hypnotherapy in IBS- Simone Peters
- The value to breath testing & probiotics- CK Yao
- Coeliac 5 year study and NCGS – Evan Newman
- Food composition and prebiotics - Dr Jane Muir
- Panel discussion

Morning tea, lunch, and afternoon tea will be provided including low FODMAP foods.

**Venue:** Level 5, The Alfred Centre , 99 Commercial Rd, Melbourne 3004.

Take the 'B' Lifts to level 5, the lecture theatre is through the glass doors and immediately to the left.

**Public Transport:** The Alfred Centre can be accessed via the 72 Tram from the City or Camberwell (Stop 27) or is a 10 minute walk from trams 3, 5, 6, 16, 64, 67 that run down St Kilda Rd. Prahran Railway Station is a 10 minute walk from Greville St. The 284 bus also runs down Punt Rd from Richmond Railway Station.