



# MASTER OF DIETETICS

Master of Dietetics combines theory and practical skills in the application of diet to good health and the treatment of disease, at one of the world's most prestigious universities.

Monash University is ranked in the top one per cent of world universities according to the Times Higher Education World University Rankings (2013-2014). The annual survey of global CEOs and recruiters published in The New York Times has again ranked Monash University as the best in Australia from which to hire graduates.

The Master of Dietetics at Monash University will equip you with the professional and personal qualities required for future dietetic practice in a variety of workplace settings.

The course integrates academic teaching and learning with food and nutrition knowledge, clinical dietetics, population health, food service, research and management skills. It is undertaken in both the university and professional practice settings including hospitals and public health agencies.

Graduates will fulfil the National Competency Standards for Entry Level Dietetics as defined by the Dietitians Association of Australia.

## COURSE STRUCTURE

The Master of Dietetics can be completed in 18 months or 2 years full time depending on your academic background. The course builds on your undergraduate knowledge in biochemistry, physiology, research and nutrition to expand into the role of nutrition in health and disease. Applied and practical learning experiences will develop your professional practice and research skills. This coursework only Masters degree provides you with excellent opportunities to develop research skills in preparation for PhD entry and fulfils the National Competency Standards for Entry Level Dietitians as defined by the Dietitians Association of Australia (DAA), 2015.

**All students will be required to obtain a Police Check, Working with Children Check and complete immunisation requirements as per Faculty policy.**

The course requires students to undertake off-campus supervised practice placements. In the practice setting students will have an opportunity to apply theory to practice under supervision. Placement may occur in metropolitan and rural settings, providing a great opportunity for hands on learning. Attendance and successful completion is mandatory in order to complete this degree. Placements may extend into non-standard university semester time.

## COURSE MAP

### SEMESTER ONE (JULY)

- Nutrition, activity and health in chronic diseases
- Public health nutrition
- Foundations of dietetic practice

### SEMESTER TWO (FEBRUARY)

- Introduction to Dietetic Practice (includes placement)
- Practice and research in Public health (includes placement)

### SEMESTER THREE (JULY)

- Dietetic Practice 1 – theory
- Food For Dietetic Practice (includes placement)

### SEMESTER FOUR (FEBRUARY)

- Dietetic Practice 2 (includes placement)
- Practice and research in Dietetics

Semester one is taken only by students completing the 2 year course. All students are required to complete semesters two, three and four.

## ENTRY REQUIREMENTS

To be eligible for entry to the Master of Dietetics you are required to have either:

**An undergraduate Bachelor's degree (at least a credit (60%) average) in a relevant area.** For example: biomedical science, food science, science, health sciences, nutrition, and exercise science, within the last 10 years. The undergraduate degree must include:

- Chemistry/Biochemistry 4 units – Chemistry (equivalent to 25% of a year study load) followed by Biochemistry (equivalent to a 25% year load). This content must include fundamentals of molecular biology, macronutrient structure, function and metabolism, cellular metabolism and regulation.
- Human Biology and Human Physiology 4 units – Human Biology (equivalent to a 25% year study load) followed by Human Physiology (25% of a year study load). This content must include systemic human physiology including the eight body systems (immune, gastrointestinal, endocrine, cardiovascular, respiratory, renal, muscular and nervous systems).
- Human Nutrition 1 unit (equivalent to 12.5% of a year study load). This must include general principles of nutrition, essential nutrients (food sources, storage and function of macronutrients and micronutrients), principles of energy balance and nutrient analysis of foods.
- Research Methods 1 unit (equivalent to 12.5% of a year study load). This should include fundamentals of study design, data collection methods, data analysis including basic statistics and epidemiology.

**OR An undergraduate bachelor degree in the discipline of nutrition science taught at Monash University.**

The Monash University Bachelor of Nutrition Science fulfils this entry requirement and students with excellent results can complete the Master of Dietetics in 18 months.

All applicants will be required to demonstrate effective interpersonal and communication skills and commitment to this career path through the completion of the supplementary assessments. International students are eligible to apply as long as they have the required pre-requisites including the language requirements of a minimum overall IELTS score of 7 with no individual band score less than 6.5.



## HOW TO APPLY

To apply please refer to the step by step online guide at: [study.monash.edu/how-to-apply](https://study.monash.edu/how-to-apply)

Note: The closing date for applications is the 31 May. All applicants that meet the minimum requirements are ranked and notified by the end June.

Please note this is a quota course.

## FEES

For information on fees please visit: [monash.edu/fees/course-fee-types](https://monash.edu/fees/course-fee-types)

## FACILITIES

The Department of Nutrition, Dietetics and Food has access to state of the art research equipment and is located in the Be Active Sleep and Eat (BASE) facility in Notting Hill. With consulting rooms, a commercial kitchen, exercise and fitness suite, body composition equipment such as an iDXA, bioelectrical impedance and a BodPod plus metabolic rate testing equipment, BASE is the supportive infrastructure to support learning in nutritional methodologies.

## ACCREDITATION

This course has been accredited by the Dietitians Association of Australia (DAA) and graduates are eligible to become Accredited Practising Dietitians (APD).

## FURTHER INFORMATION

See the department website for responses to Frequently Asked Questions.

**Department of Nutrition, Dietetics and Food**

Be Active Sleep Eat (BASE) Facility

A Level 1, 264 Ferntree Gully Road, Notting Hill, VIC 3168

T +61 3 9902 4270

E [nutrition.dietetics@monash.edu](mailto:nutrition.dietetics@monash.edu)



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