SPORT AT MONASH
ANNUAL REPORT
2018
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Director’s Remarks

The 2018 year was a very positive year for engagement across the University’s key student and staff cohorts. Total visits of 1.24 million were achieved to facilities, services, events, programs and activities for Sport at Monash in 2018, through a diverse range of service, activity, program, event and support mechanisms. Our 700 representative athletes and 5,000 sports club members also performed with distinction and their achievements were significant. This report aims to capture key achievements and highlights throughout 2018, and to demonstrate that Sport at Monash plays a meaningful role in student engagement, student health & wellbeing and enhances many elements of the campus experience.

The 2018 EBI Student Survey results* were compelling, with key findings indicating high levels of student satisfaction with the range and quality of programs & services, and customer service delivery and staff responsiveness within Sport at Monash. The 2018 results confirmed findings from recent years, which indicated that participation in sport and recreation initiatives on campus had a positive effect on: ability to study more effectively (86%), improved mental health (92%), enhanced campus experience (91%) student belonging (87%), sense of community (86%), transition to University life (84%), ability to effectively manage time (86%), meeting new people (83%), interaction with students from different backgrounds (85%), as well as building respect for, and acceptance by, other students (91%).

The 2018 student Net Promotor Score from this survey was 88%. That represented the very high regard the students hold for the sport and recreation service provision at Monash University and their willingness to endorse the services. These findings consistently reiterated results from the previous five years, which scored consistently high, ranging from 82% to 92%.

Pleasingly, the 2018 EBI student survey results* also strongly indicated that students who participated in sports and recreation initiatives believed that this increased their time spent on campus and enhanced their overall campus experience. Finally, the results clearly indicated that students value the quality of Monash University’s sports and recreation service delivery in enhancing their learning experience and their academic performance. This, combined with participation metrics, highlighted the incredible value that the sporting facilities and programs hold in the overall student journey. By way of example, over 7,000 students participated in Social Sport programs and more than 13,000 students signed up for Monash Sport memberships in 2018.

These results were supported by the University’s 2017 Pass Rate Metrics, which demonstrated a positive course progression rate score for students who enrolled in Monash Sport memberships when compared to the overall Monash student cohort***. Moreover, the same data indicated a positive result for student retention with students who enrolled in Monash Sport memberships, recording a 4.6% better student retention rate in 2017, than for the overall Monash University student cohort**.

In 2018 Monash Sport achieved Platinum Pool Accreditation for the Doug Ellis Swimming Pool at Clayton campus from Life Saving Victoria. This makes the operation one of the premier public swimming pools in the state to achieve this audit performance for leading safety and supervision standards and it is the eighth consecutive year this standard has been achieved. In addition, the Fitness Centre at Clayton campus was recognised as a quality accredited and endorsed provider by peak body Fitness Australia under a range of assessed criteria including safety, supervision, communication, member services, operational practices and procedures. It was the first University fitness centre in the country to achieve this status.

In addition, our award-winning Water Wise program enabled approximately 1,500 domestic and international students to learn how to swim for the first time in 2018 at the Doug Ellis Swimming Pool, and the sector-leading Staff Wellbeing and Activity Program (SWAP) engaged 1,470 staff across 180 x 8-10 week exercise programs in 2018.

The SWAP program was a finalist at the 2018 Vic Health awards in the ‘Promoting Health Through
Physical Activity and Sport category, and our Water Wise program has previously won national and state awards for innovation in aquatic programs.

Student engagement events continued to prosper in 2018 with a number of successful events conducted, including The College Clash (1,000 participants), The Campus Community Cup (1,000 participants), The College Games (840 participants), The MPA Basketball and Futsal Competitions (1,255 participants) and The Monash College Sports Event (2,200 participants). In addition Monash Sport transformed the running component of the Semester 2 Global Walk Run Event in 2018, significantly increasing participation and the professionalism of this event in collaboration with the Team Monash and Health & Wellbeing teams. The continued focus has been on increasing engagement and continuing innovation in events.

Our elite athletes have delivered some very notable performances in 2018, including outstanding achievements from Monash’s raquet sport superstars.

Firstly, both our Men’s and Women’s table tennis teams won their respective National University Sport Championships! Then our star students Heming Hu (table tennis), Sawan Serasinghe and Matt Chau (badminton) all competed at the Commonwealth Games on the Gold Coast. A truly incredible achievement representing Australia on such a grand international stage and performing at the highest level.

The Monash University mixed netball team also won at the National University Sport Championships, and in doing so, they achieved back to back success, being victorious in 2018 and 2017, to confirm their dominance.

Our amazing cheerleaders competed on the world stage at the World University Championships in Poland, claiming 3 silver medals in an amazing performance.

Finally, swimming champion and student Jack Gerrard won 9 medals at the National University Sport Championships, including six gold medals, breaking three national records and qualifying for the World Short Course Championships in China in 2019. All our student athletes represented Monash with pride.

Sports facilities on Monash campuses also hosted major University and community events such as University Examinations (48,000 attendances), the 2018 Winter Carnival (9,000 attendances) and the Monash City Council Festival of Colours (5,000 attendances). We are proud of our progress in developing effective partnerships and relationships with a range of University and community stakeholders, and the broad appeal of the services and partnering initiatives provided are captured in this report. In 2019 one of our key strategies will be to develop a “Health & Wellbeing Hub” operating from our newly developed pavilion function rooms, for student and staff programs and activities including learning seminars, mindfulness programs, staff health checks, immunisations, mental health first aid courses and nutrition programs.

Facility enhancement projects in 2018 included the re-tiling of the Doug Ellis Swimming Pool (main pool) at Clayton campus, the commencement of building three synthetic rectangular sports pitches as well as a new sports pavilion at Clayton campus, as well as enhancements to our gymnasium and group fitness facilities at all campuses. At Clayton campus this included the creation of a new Mind and Body Studio which will enable an additional 15-20 health and wellbeing classes per week, during semesters in 2019. This will facilitate additional meditation, mindfulness, yoga and Pilates programs. This recognises the strong participation growth trend over recent years, for these programs.

We passionately believe that active bodies complement vibrant minds and endeavour to facilitate more student and staff participation in order to encourage our on-campus communities to become more active, more often. We hope you enjoy reading this report, which highlights some of the key successes and achievements from what was an innovative and successful year, serving the University community.
Our memberships in 2018 at a glance...

2,988 Community Memberships
1,202 Staff Memberships
12,960 Student Memberships

Within these memberships...

43.9% Identify as female
56.1% Identify as male
Continuing from previous years, we offer a number of special memberships for excelling students, students of diverse backgrounds, and residential students.

- **1,347** MRS Memberships
- **303** Subsidised Memberships from 12 faculties and departments
- **97** Indigenous memberships
- **237** Talent support program memberships
- **120** Excellence scholarship memberships
- **118** Clubs memberships

$1,508,319 of Monash Sport discounts provided to students in 2018
7,030 Social Sport Player Registrations

5,400 Group Fitness Classes Conducted

2,434 Fitness Centre Programs and Assessments Conducted

1,470 Staff Wellbeing and Activity Program Participants

1,400 Member Breakfasts Provided

1,500 Water Wise Participants

2,479 Monthly Personal Challenges Completed

160 Monash University Students Employed at Monash Sport

7,030 Social Sport Player Registrations

5,400 Group Fitness Classes Conducted

2,434 Fitness Centre Programs and Assessments Conducted

1,470 Staff Wellbeing and Activity Program Participants

1,400 Member Breakfasts Provided

1,500 Water Wise Participants

2,479 Monthly Personal Challenges Completed

160 Monash University Students Employed at Monash Sport
In 2018, our EBI surveys results highlighted the importance of the Sport at Monash offering to the student cohort at Monash University.

We are proud to advise that we have seen an increase in satisfaction across all of our results promoted in the 2017 Annual Report, with a notable result of 92% of respondents indicating improved mental health through usage of our facilities, services and programs.

An important part of our remit is to contribute to the overall campus experience for students. We are therefore pleased to promote those results highlighting increased effectiveness in studying (86%) and an overall enhancement of the campus experience (91%).

Finally, Sport at Monash recorded positive results through the University’s Pass Rate Metrics, showing a positive course progression rate score for students who enrolled in Monash Sport memberships when compared to the over Monash student cohort.*** The same data indicated a positive result for student retention with students who enrolled in Monash Sport memberships, recording a 4.6% better student retention rate in 2017, than for the overall Monash University student cohort.

***Source: 2017 Monash Sport Pass Rate & Retention Rate Metrics, Monash University Planning & Statistics, n = 6,592
91% of students surveyed indicated that Sport at Monash enhances their campus experience.

Satisfaction with Monash Sport customer service
- 92% of students surveyed are satisfied

Monash Sport experiences have helped improve students’ mental health
- 92% of students surveyed agree

Monash Sport experiences have helped improve students’ wellbeing and happiness
- 93% of students surveyed agree

Monash Sport experiences have helped improve students’ ability to study more effectively
- 86% of students surveyed agree

Students decided to stay on campus for longer to visit Monash Sport
- 87% of students surveyed agree

Students’ likelihood to recommend Monash Sport to new students
- 88% of students surveyed would recommend Monash Sport

For all statistics on page 10, results were obtained from the 2018 EBI Survey, conducted during October and November, 2018. n=453
Sport at Monash is proud of how we engage the community around us.

Using your phone’s camera or QR Code reader, scan the barcode and watch our ‘Monash Sport in 2018’ end of year wrap-up video.
AWARDS & ACHIEVEMENTS
In 2018 Sport at Monash continued our commitment to providing exceptional customer service. Our ‘Service Charter’ provides the framework for our operations at every level, with our staff values focusing on being: Innovative, Experts in their areas, Responsive, and showing Integrity.

Our success in receiving state-level accreditations and awards highlights this commitment to the Monash University and external communities.
MONASH SPORT RECEIVES PRESTIGIOUS RECOGNITION FROM GOVERNING BODY

In October 2018, Monash Sport received recognition from Fitness Australia (the fitness industry’s governing body) to be classified as a Quality Accredited Business (also known as a Centre of Excellence).

This level of accreditation is currently rare within the industry, with only six facilities obtaining accreditation Australia wide.

Monash Sport are also the very first University based facility in the country to be recognised in this way.

Achieving the accreditation was achieved by completing a demanding and stringent process, including a thorough, externally conducted audit.

The audit assessed a variety of factors relating to how Monash Sport operate including:

- Organisational Culture and Values
- Professionalism
- Leadership
- Member Services / Customer Care
- Member Engagement
- Staff Recruitment and Satisfaction
- Occupational Health and Safety and Risk Analysis
- Adherence to Industry Governed Standards and Practices

We pride ourselves on providing a welcoming and inclusive training environment where access to friendly, helpful and knowledgeable staff is second to none.

The way in which we provide our services and engage with members is unlike many other facilities and it’s great to have the industry’s governing body recognise the high standards we strive to achieve.

* Correct at time of award being received
JACK LLOYD AND TOM TROTMAN COMPETE AT THE SAILING GLOBAL TEAMS RACING CHALLENGE

Monash University had not one but two students compete at the recent Sailing Global Teams Racing Challenge in New York.

With teams from all over the world, our boys Jack Lloyd and Tom Trotman represented Australia at the inaugural event.

Both Jack and Tom had recently competed at the UniSport National Championships before heading to New Port, New York.

Looking to take their good form from Nationals, where they won a silver medal, Jack and Tom had to get used to the different conditions and rules.

“The format of racing was quite different to any other form of sailing I’ve done before,” said Jack.

The regatta paired countries against each other with each country having two boats; the team with whose boat comes in last place loses the match-up.

Jack said that the practice day on the Thursday, which was the day before the competition started, was crucial to their chances during the competition.

They used the day to get used to a boat that they had never sailed in before, in addition to getting used to the waters.

With competition starting in windy conditions on the Friday, Jack, Tom and their crew quickly adjusted to the foreign conditions and worked out the strengths of the other teams.

Jack highlighted the local New York team and the Brits were the teams to beat.

The Australian team started slowly but as the weekend continued, they found some form and finished the last day strong.

The Australian team finished 9th overall and qualified for next year’s event in Cowes, England.

“We came away from the regatta learning a lot about this new style of racing and knowing what we need to do to improve on our first experience in this new format.”

“From here, I have a very busy schedule with fleet racing traveling to NSW, TAS and NZL in the coming months for various regattas and possibly Miami early next year.”

“In addition, we will begin preparation for next year’s Global Teams Racing Challenge, but before any of this, I have to get through my exams first!”

“Thanks to Monash University for all their support in the previous few weeks, none of this would have been possible without the support of the Elite Student Performer Scheme. I look forward to representing the University for some years to come.”
Monash University varsity student, Phoebe Wardlaw, started her ballroom journey at age 10, having previous taken ballet and jazz classes.

“I always wanted to dance ever since I can remember. I was first introduced to ballroom dancing by my grandmother who use to dance herself and I loved it from the moment I started,” said Phoebe.

“When I first started, I couldn’t stop dancing or practicing what I had learnt no matter where I was.”

“I remember I used to practice in the middle of the class at primary school without a care in the world, I loved it so much.”

In the following years, Phoebe entered in her first competitions as her talent as a dancer became apparent.

At age 14 she registered with her first partner and started competing competitively in the youth C-grade events.

After working up the age group ranks, Phoebe entered the highest level of dancing, A grade, with her current partner, Clayton, in 2013.

The pair would go on to dance nationally and internationally.

“Competitive ballroom dancing takes a lot of dedication, time and passion to reach your goals.”

“It is a very technical style of dance and involves a high level of stamina and fitness.”

“We train on average five times a week for lengthy hours and compete about every month throughout the year, leading up to the biggest competition of the year in December- the Australian Dancesport Championships.”

All her dedication and hard work led to Phoebe competing at the recent Malaysian Dance Championships.

The event took place at the One World Hotel in Kuala Lumpur, in a grand ballroom.

Phoebe and her partner competed in the Adult Amateur Standard event, which included couples from around the world, with some ranked in the top 30 in the world.

“We were really happy with this result.”

“More importantly we felt that we had improved from our last competition and that the hard work and training was paying off.”

“We were really happy with how we went and feel motivated for nationals in December, back in Melbourne.”

This, however, is just the beginning of Phoebe’s career and she plans to continue developing as a dancer.
MENTAL HEALTH AND EXERCISE PROGRAM

In 2018 a new project initiative, “Student Mental Health and Exercise Program”, was piloted at Monash Sport in conjunction with Counselling & Mental Health Programs. This pilot program involved Counselling & Mental Health Programs identifying students with anxiety and depression that can be helped with exercise and then referring these students into a complimentary Monash Sport membership. The Monash Sport membership included all of the typical benefits of any Monash Sport membership in addition to having a staff member at each campus proactively monitor the participants in this program including looking after their individual consultations and programs.

The program engaged a small number of students (n=50) across Clayton, Caulfield and Peninsula campus and pre and post testing (K10 test) conducted by the 50 students which participated in the pilot program demonstrated that 77% of these students showed reductions in anxiety and depression, with some of those reductions being very significant. The pilot results support the substantial academic literature on this subject matter. Improving someone’s physical health has been shown to improve all aspects of their life, including their mental health.

Monash Sport is looking to formalise this program and extend its availability to a greater number of students in 2019, with SSAF funding making the program cost-free for these students.

SOCIAL SPORT

The Monash Sport Social Sport Program is a great way to exercise in a fun and friendly environment with competitions to suit all levels. It is run across our three campuses at Clayton, Caulfield and Peninsula. We offer a variety of competitions and place a strong emphasis on participation with over 250 teams and 7,000 participants competing in our competitions each semester. The competition is focused on the social aspect of sport and participants are encouraged to have a go and enjoy themselves.

STAFF WELLBEING ACTIVITY PROGRAM

The Staff Wellbeing Activity Program (SWAP) provides opportunities for Monash University staff to change behaviours and mindsets when thinking about physical and mental wellbeing in the work environment.

Programs are held across campuses either within faculty/department locations, or at Monash Sport, allowing increased accessibility and convenience for participants.

In 2018 over 18,600 participants across over 30 programs, events and services per week benefitted from the program.

In 2018, Monash Sport and Monash Wellbeing submitted these outstanding achievements and were awarded with finalist status in the VicHealth Awards, under the category of ‘Promoting Health Through Physical Activity and Sport’.

Monash Sport and Monash Health and Wellbeing health checks have proven that promotional of physical activity leading to healthy lifestyles has been a success. From the University’s 2013 Staff Health Checks - highlighting only 30% of respondents recording at or above the recommended guidelines for physical activity, to 2017 showing 62% recording above those recommendations - the range of resources, programs, events and services has been a major contributor in our goal of achieving a healthy workforce.
MONASH SPORT
GAME CHANGER

The ‘Monash Sport Game Changer’ award recognises staff who show exceptional customer service, in line with our ‘Service Charter’.

Each month, a peer nominated member of our team is selected based on a range of criteria that were developed to provide a strong link between the award and our values.

At the end of the year, one monthly award winner is selected as an annual winner; with their efforts recognised as being above and beyond in their demonstration of customer service. In 2017/2018, Monash Sport was proud to award Kamil Chetty with the ‘Annual Winner’ award.

Kamil has been a long-standing casual employee at Monash Sport, repeatedly demonstrating excellent customer care in his roles as Customer Service Officer and Social Sport Supervisor.
THE 2018 MONASH UNIVERSITY TEAM CAPTAINS

Congratulations to both Laura and Toby on their selection as team captains!

Name: Toby O’Brien
Degree: Bachelor of Medicine / Bachelor of Surgery
Number of Nationals: 4 (including 2018)
Best Memory from Nationals: So many to choose from…but winning my first medal in 2015 was pretty cool
Most notable achievement at past nationals: 2015 – Gold in 3000m steeplechase / bronze in 5000m
Most notable achievement in sport: 6th place in 3000m steeplechase at Australian champs in 2016

Name: Laura Cummack
Degree: Bachelor of Science and Engineering (Honours)
Number of Nationals: 3
Best Memory from Nationals: The camaraderie of the teams even if we were just short of winning Gold
Most notable achievement at past nationals: A lot of second places
Most notable achievement in sport: VNL player for 5 years over
STUDENT AND CLUB REPORTS
When we talk about building community, we so often think about our various Sport Clubs. These clubs offer a friendly, inclusive and safe place to meet and give students an opportunity to volunteer in the spaces that they love.

Sport at Monash fosters students’ growth and development, giving them skills that they can take with them throughout their lives.

Monash University provides students with the ability to combine their academic success with sports of performing arts excellence through the ESPS (Elite Student Performer Scheme). A range of support services and benefits are provided to those students who are performing to an elite level in their sport or discipline. Page 42 showcases these results.

We are proud to be present in such an integral stage of their personal and professional journey.
- Successful inaugural summer competition

- Players from over 10 countries (Australia, Chile, China, Denmark, Germany, India, Italy, Malaysia, Singapore, Spain and Sri Lanka) competed for the Gryphons this season.

- Founder and club legend, Frank Interrigi returns to coaching Senior team.

- Club stalwart, Rony Patel coaches the Reserves in his debut coaching season.

- Established a team for veterans of the club aka ‘the Uncles’
- Veterans team won the Metro Div 7 league in their inaugural season.

The Caulfield Gryphons Soccer Club Retained the MONSU Cup defeating Monash Peninsula 1-0.
MONASH UNIVERSITY CRICKET CLUB

In the 2017/18 summer season, the Monash University Cricket Club had six men’s teams and a women’s team playing in various associations. The club enjoyed more overall successes than in any previous season, with a premiership as well as multiple semi-final appearances.

The Men’s firsts played in a Semi Final, the seconds came runner’s up, the fourths and fifths also played in semi-finals and the sixth eleven won the premiership.

In 2018 the club raised over $500 for charity, including the McGrath Foundation and Proud2Play.

In the 2018 winter season, the cricket club entered three teams with all teams making it into the semi finals. Two teams faced off in a Monash semi final derby, with the Lions progressing the grand final and securing the Xavier Shield premiership for the second season in a row.

So far in the summer season of 2018 the women’s team sit undefeated on top of the T20 ladder, with each of the six men’s teams with at least one win, and two sides in the top four.
MONASH UNIVERSITY
DODGEBALL CLUB

The Monash University Dodgeball Association has had an incredibly successful first year. We managed to engage over 230 students through our dodgeball sessions and tournaments and received a total of 43 annual members and 14 semester members.

Our weekly casual play sessions had an average attendance of 35 throughout the year. We have built a strong and inclusive community that aims to cater for a range of skill and experience levels. A number of our members who began with no dodgeball experience have gone on to play in external social leagues, the Victorian state leagues and Monash University’s competitive team.

Monash University’s three teams placed second, third and fourth at the 2018 Dodgeball Federation Australia University Championships, with both the female and male MVP awards being received by our players. We ran a number of initiatives in 2018, including a free women’s dodgeball session and free “destress” dodgeball sessions during Week 12 of both semesters and also assisted a number of other university clubs with their dodgeball events, including the Monash Residential Services’ College Games, the Korean Appreciation Students’ Association and the Vietnamese Students’ Association.

Despite being a new club, MUDA has built a strong reputation both within the Monash University community and the wider dodgeball community and we are proud to play a vital role in the grassroots growth of the sport. We were honoured to receive The Most Outstanding New Club Award at the Clubs Awards Night and we look forward to another great year in 2019!

Christopher Leung-Chee-Hang (President)
Monash University Dodgeball Association
MONASH UNIVERSITY
FENCING CLUB

In 2018 the fencing club increased its membership to 47 from 34 the previous year despite having to contend with dwindling numbers due to a roof failure at the end of 2017. We had impressive performance from our fencers in competitions, as well as one fencer achieving 3rd in state competitions and another fencing in national competitions.

We successfully promoted the club at orientation events, sometimes pulling in crowds of up to 15 prospective fencers at a time.

- Irene at Nationals.
MONASH UNIVERSITY KICKBOXING CLUB

The Monash University Kickboxing Club aims to increase fitness, wellbeing and self-esteem through the practice of martial arts in a safe, inclusive and social environment. The main achievements and successes of 2018 were the introduction of a third training day and a first semester camp and the creation of new uniforms and logos.

In addition to extending Tuesday and Thursday classes by an extra half an hour, the Kickboxing Club was able to introduce an extra hour and a half session on Mondays, to cater for more advanced members. These increases in training hours remained financially feasible to our members at no extra cost and focused on more technical work / sparring as opposed to cardio and pad work.

While camps have traditionally been in second semester, a first semester camp was introduced this year. The goal of this camp was to accommodate for the large influx of new members in semester one who sought to form new friendships and improve their health and wellbeing in a social environment. Our members participated in kickboxing / Muay Thai and other martial arts disciplines with skilled coaches, as well as team building exercises.
2018 has been a remarkable year of transition for the Monash University Water Polo Club. We celebrated diversity as we had our first female president in our 34-year history. We strengthened our club administration and complied with organisational responsibilities with flying colours. This culminated in being awarded the TeamMONASH Sporting Club of the Year, to our delight. We proudly transitioned into the new TeamMONASH uniform, matching the other sporting teams. We became financially stable through thorough collection of fees and three successful large fundraisers – our Summer Splash social competition, annual Black Tie Ball and Ballarat Junior Tournament. We had a superb intake of university students this year (most were new to the sport), and have created a positive, friendly, inclusive culture where people feel welcome to come and learn the game while making new friends. Our members train up to three times a week, play in the weekly state league competitions, and engage with each other socially – on their own or through club-organised events where we have had great participation this year. We are one of the largest water polo clubs in the state having entered seven senior teams and two junior teams into the state championship league this year, with at least five teams on track to make their finals. I am so proud of the community we have nurtured at Monash University Water Polo, and we look forward to many more years as a leading water polo club which caters to a large variety of skill levels.

By Kai-Xing Goh (President 2018)
This season, 2018, the club had mixed fortunes. Our senior men had a tough year but still remain in the VAFA’s Premier B division for 2019 and have retained Premierships coach Mark Passador for the 2019 season and, with players already in preseason training, everyone is keen for the new season to begin.

Our senior women, in only their second year, played in the club’s first ever women’s preliminary final. Regrettably, they didn’t win, but they acquitted themselves honorably and made all at the club proud. In just two seasons, under the guidance of Coach Ian Mills we now have a strong, vibrant and competitive women’s side. Moreover, such was the demand for women’s football this year, we established a 2nd women’s side coached by Julie Carter.

But, the jewel of the year was no doubt our Fourth’s winning their Grand Final against Kew. This was the first flag won by any Monash team in 15 years. It was a tremendous day, especially for Captain/Coach Shane “Muncha” Chapman, whose three-quarter-time address to the players and supporters was nothing short of inspirational.

Monash Blues is now fielding seven teams in the VAFA with around 270 registered players. With this increase, we have needed to increase our support staff. We now can boast to have 14 Trainers, Physio, Strength and Conditioning Coaches, Player Welfare and Mental Health Officers in addition to the many other support personnel.

Off-field, Monash University has begun the refurbishment of the old Pavilion and when completed (mid-March 2019) we will have some of the highest quality facilities for both men and women within the VAFA. These upgrades come at a time when we are now playing regularly three and four games on Saturday (including twilight games), not to mention the occasional Friday night game.

I will finish off with this, from a former President: “We have a fantastic culture at Monash and should be very proud of everything we achieve, both on and off the field” - Phil De Young.

Peter “Pistol” Russell
President and Director Football Operations
MONASH UNIVERSITY
BADMINTON CAULFIELD CLUB

Attached is the Annual Report of the Monash Caulfield Badminton Club (MCBC) for 2018.

Throughout the year, we focused on maintaining a high level of satisfaction for our members whether it’s by providing better equipment or shuttles, or to just simply talk to them and make them feel more comfortable. Our club grew to a family that consisted of some old members and a lot more new members, and it’s nice to know that they still plan to join the club next year.

As for achievements or successes, we were able to hit our maximum capacity of 60 members for both semesters, and we were able to properly train the new officers for next year since we entered this year with minimal training and understanding regarding the ins and outs of running the club. Overall, we believe that the best success for a social club like us is achieving a high satisfaction level for our family of 60.
2018 was a year of new challenges and experiences for Monash University Taekwondo Club.

We started the year off enthusiastically, welcoming over 100 new members to our club, and the ways of Taekwondo. Our social events including Welcome Dinners, Camp, Ball, and many more social gatherings to foster the team spirit. Additionally, the club saw the implementation of a new grading syllabus. With the support of extra hall bookings for practice, this proved to be more challenging but also more rewarding for those that achieved new belts and stripes.

The club held its 4th Victorian Inter-University Championships, extending invitation to competitors from the broader Taekwondo community in Victoria. The championships ran smoothly, with thanks to the organisers, support of both Monash Taekwondo Committee and Melbourne University Taekwondo Committee, and countless volunteers. We also saw a high level of referees and equipment, increasing the competition standards even more.

The club also had an increasing number of members competing in external competitions, with Max Partos achieving Gold at the ATV State Selection Taekwondo Championships, and Bronze at the National Championships. Eric Tu and Alice Song also competed at Hanmadang in Jeju, Korea for Traditional Poomsae Pairs.

With many of our past competitors graduated, it was a tough road to building up the team’s skills to the high expectations of 30+ years of winning Australian University Games. Our team leading up to Nationals Division 1 in Gold Coast was filled with new competitors, but that didn’t stop us in taking home the gold in the Women’s division, and Overall. This secured the club’s position to compete again in 2019. Overall, a very successful year.
Monash Ultimate Frisbee Club (MUF) is socially inclusive and welcomes beginners, intermediate and experienced players from different backgrounds. This year was hugely successful with over 140 members, many joining for the sport and staying for the people! MUF always welcome new members with open arms!

In 2018, MUF hosted social and competitive Ultimate events. Some major competitive events included MUF Kings & Queens hat tournament and the MUF Women’s Tournament, which attracted many players and spectators from Monash University, other universities and the Ultimate community in Victoria.

Furthermore, MUF has a diverse social events calendar. In 2018, MUF hosted popular social events including Trivia Night, MUF Camp, Kaliviotis Night (Awards Night), pub crawls, movie nights and Glow Frisbee. MUF also actively facilitates friendships between members and students from other universities. By co-hosting events with other Ultimate clubs from different universities, MUF provides more than a club and greater access to the wider Ultimate community.

Lastly, MUF competed at the University Mixed Ultimate Championship in Bundoora, Melbourne. MUF sent two mixed-gender teams to compete against Victorian and South Australian university teams. Our A-Team finished in second place, while our B-Team demonstrated tremendous growth during the tournament and highlighted why we are incredibly proud of our members.

To increase community exposure, MUF has engaged with our amazing sponsors since 2017. These include Rubixwear and Schnitz. MUF also entered into a partnership with the newly-established Australian Ultimate League.

If you are looking for something different in 2019, MUF is where it is at!
2018 was an historic year for the Monash University Soccer Club as the Men’s Senior side took out the title for the first time since the club’s inaugural year in 1966. Between the first team and the reserve side, the club lost just 2 games out of 46 played, in the process of being promoted to State League 3. The undoubted highlight being the final game of the season, where more than 200 people witnessed the championship being sealed, at Clayton Campus.

Outside the top two men’s teams, it was a mixed season on the pitch, but the club continues to thrive off it. Our women’s teams continued to build in numbers as the sport continues to reach greater heights than ever before and despite not quite achieving ideal results, the dedication to the game from that side of the club was unprecedented and continues to grow.

Similarly our men’s social teams once again saw vast numbers of players eager to get involved and represented the club admirably if not always successfully!

As always, our social calendar was another highlight with the pinnacle as usual being Presentation night. This year was particularly special, as not only did our Mens Senior side receive their trophy, but we inducted two new life members. Jess Gibson became our first female life member, alongside long serving treasurer Kenny Kanagalinggam. It was a fitting and fantastic end to a wonderful year at MUSC, which set us up brilliantly for an exciting new era with the facilities upgrade for next season.

A tough year to top, but bring on 2019!

Ned Rocke
Monash University Soccer Club President
MONASH UNIVERSITY CHEERLEADING CLUB

In its first year as an Australian University Championships competition, our Cheerleading team was made up of 91 cheerleaders across 6 different teams. After competing in the 6 events over two days, our combined medals crowned us overall champions.

Our individual team’s results were:

First in the 1/2 All Girl Cheer
First in the 3/4 Coed Cheer
First in the Hip Hop
First in the Pom Duo (Julia Colman & Melis Rutherford)
Third in Jazz
Fourth in 1/2 Coed Cheer

A highlight of the year for 2018, was our amazing efforts at the World University Championships in Poland. It was an honour just too even compete in the championships, but Monash Cheer also managed to snag themselves 3 silver medals, a special performance from a truly special cheer team, amazing.
MONASH UNIVERSITY
HOCKEY CLUB

The Men's and Women's sides experienced great success this year in their first year in Vic League 1.

We had 5 teams reach finals this year, with one team making the Grand Final for the second year in a row. We also saw the last years of our Juniors program. This team has been with the club for the past 8 years, and in that time has made the finals 5 years in a row and winning one flag in 2016. Most importantly, all of our teams held their grades, meaning that there will be no relegation’s in 2019.

The off-field achievements from the 2018 season have included our Charity Day where the club raised awareness and much needed funds for The Resilience Project. Members and supporters raised $1507.60 and the club was able to match this contribution for a great cause. Other awareness activities included the promotion of Fair Go Sports round in Round 15 and Women’s Round in Round 4, where all members wore pink socks during their games. We were also about to secure a grant from St John’s Ambulance who in partnership with CFA Australia donated a Defibrillator machine to our clubhouse. We congratulate some of the achievements of our individual members through the year. This includes Vic League 1 Reserves Player Sarah Duncan who was promoted to Premier League Umpiring, the first at Monash. Courtney Knowler represented the Northern Territory in the Australia Hockey League, which was another first for Monash. We also congratulate Wendy Opie, Anne Opie, Leonie Coleman and Robyn Burns who represented Victoria at the Australian Women’s Masters Championships in WA.

Rachel Rodrigues
Monash University Hockey Club
MONASH UNIVERSITY
VOLLEYBALL CLUB

This year we were able to secure victory for both the male and female volleyball varsity games, with the women winning 2-0, and the men winning 2-1. Monash University also had another successful year at state league, entering 15 teams overall. Eight teams into the men’s program and seven into the women’s program. This included a competition first – where we were given permission to enter a second team into men’s division 1 as a reflection of the depth of skill in our club.

We had five teams make it into the grand finals, a further three teams making it up to the preliminary finals before unfortunately being eliminated. The ladder finishes for each of the team are shown in the table below. These results helped us to secure the ‘Tomas Santamaria Shield’ once again, the overall competition award for the most successful club.

Another highlight that we are proud to share is the large increase in our junior program this season, with the addition of a few more coaches, we were able to enter two junior girls teams, as well as two junior boys teams. With one of the junior boys teams taking on the challenge and choosing to compete in the senior division.

As a final note, the social program that we run each week for university students, and those that are just beginning volleyball, continues to grow in popularity. Some weeks we can have up to 100 students coming down to socialise and stay active playing volleyball.
<table>
<thead>
<tr>
<th>Volleyball Team</th>
<th>Ladder ranking at the end of the season</th>
<th>Final ranking (after finals)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premier Men</td>
<td>2nd</td>
<td>3rd</td>
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<tr>
<td>Premier Women</td>
<td>2nd</td>
<td>2nd</td>
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<tr>
<td>Division 1 Men Team 1</td>
<td>1st</td>
<td>2nd</td>
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<td>Division 1 Men Team 2</td>
<td>4th</td>
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<td>Division 1 Women</td>
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<tr>
<td>Division 2 Men Team 1</td>
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<td>Division 2 Women Team 1</td>
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<tr>
<td>Junior Girls Team 1</td>
<td>3rd</td>
<td>2nd</td>
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<tr>
<td>Junior Girls Team 2</td>
<td>9th</td>
<td>9th</td>
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</tbody>
</table>
MONASH UNIVERSITY
TABLE TENNIS CLUB

2018 has marked one of the most successful years for Monash University Table Tennis Club. A few social events were organised during the year allowing new and returning members to meet both on and off the table. Some notable events include the welcoming BBQs and free sessions to celebrate World Table Tennis Day.

Several club members were awarded a Monash Blues Award in recognition for their dedication, success, and contributions to table tennis in 2017, with the awards night being held in March 2018.

Members of the club competed in various competitions including the Melbourne v Monash Varsity Challenge, Victorian Inter-Varsity Games singles, and teams’ events as well as the Nationals Division 1. Some notable achievements from these competitions include dominance over the University of Melbourne in the Varsity Challenge in both the men’s and women’s divisions and claiming the 2018 Men and Women’s Teams table tennis champions title.

All in all, the club is extremely proud of the achievements this year and look forward to continued growth, development and more success stories in 2019.

The 2018 National Division 1 Championships created a huge amount of memories. Our team was full of spirit, we bonded like a family both on and off the table tennis court supporting each other through difficult times. We shed a few tears and laughed through some unforgettable moments. Without any one member of the team, we could not have had such an amazing experience, nor could we have won the National Division 1 Table Tennis Championships. Thank you, girls!

- Mengrui Li and Rossa To
In 2018 our varsity and sporting club participation highlighted a significant level of engagement...

- **694** Varsity Participants
- **2,482** Community Fitness Event Participants
- **53** Trained Support Crew Volunteers
- **289** Elite Student Performers

**5,315** Affiliated Sporting Club Members
MONASH IN MOTION SPORTING COMMUNITY AWARDS

NAME: Georgia Griffith  
SPORT: Athletics

NAME: Heming Hu  
SPORT: Table Tennis

NAME: Linden Hall  
SPORT: Athletics

NAME: Laetisha Scanlan  
SPORT: Shooting
NAME: Matthew Chau  
SPORT: Badminton

NAME: Sawan Serasinghe  
SPORT: Badminton

NAME: Rhydian Cowley  
SPORT: Walking

NAME: Emily Whitehead  
SPORT: Gymnastics
NAME: Sian Gillam
Cahlia Haslam
Georgia Stirron
Jacqui Trotto
Lucy Dawson (Coach)
SPORT: 3x3 Basketball

NAME: Trevor Vincent
SPORT: Athletics

NAME: Mazenod College
SPORT: Volleyball

NAME: Run Melbourne

NAME: Wings for Life
2018 ESPS Wrap-up

ESPS Members

- 159 Men (55.02%)
- 130 Women (44.98%)

Support

- ESPS Grants
- International Travel Grants
- Gym Memberships

2018 World University Sport Representatives

- Isacc Hoshi, Jelena Kalajdjic, Dean Dritas (Karate)
- Grace Mahmoud (Modern Pentathlon)
- Monash Cheer Team (Cheerleading)
- Anna Dowling (Orienteering)
- Callum Nott, Jayden Grey (Rowing)
- 3x3 Girls Team (Basketball)

Monash University’s 2019 Elite Student Performer Scheme

2018 Participants

- Full time (88.58%)
- Part time (11.42%)

Top 10 Disciplines

- Athletics
- AFL
- Rowing
- TKD
- Sailing
- Badminton
- Cheerleading
- Hockey
- Netball
- Swimming
Courses/Faculties of ESPS members

8 from Art, Design and Architecture
31 from Arts
76 from Business and Economics
18 from Education
48 from Engineering
4 from IT
18 from Law
77 from Medicine, Nursing and Health Sciences
40 from Science

2018 ESPS Wrap-up

Support
ESPS Grants
International Travel Grants
Gym Memberships

2018 ESPS Members
Men (55.02%) Women (44.98%)

2018 World University Sport Representatives
Isacc Hoshi, Jelena Kalajdjic, Dean Dritas Karate
Callum Nott, Jayden Grey Rowing
Anna Dowling Orienteering
Grace Mahmoud Modern Pentathlon

2018 Participants
Full time (88.58%) Part time (11.42%)

Top 10 Disciplines
Aths AFL Rowing TKD Sailing Badminton Cheerleading Hockey Netball Swimming

Courses/Faculties of ESPS members

8 from Art, Design and Architecture
31 from Arts
76 from Business and Economics
18 from Education
48 from Engineering
4 from IT
18 from Law
77 from Medicine, Nursing and Health Sciences
40 from Science

2018
SOCIAL AND COMMUNITY ENGAGEMENT
Enriching the student experience is one of our strategic directions for Sport at Monash.

In collaboration with other stakeholders, we have organised a number of events and activities which engage our students, staff and the community.

These events and activities embrace cultural diversity, facilitating an inclusive and supporting environment, and are designed to enhance campus life.
SUMMERFEST

COLLEGE CLASH

The Monash Residential Services and Non-Residential Colleges annual College Clash was held on the 14 March, 2018. Sport at Monash opens our grounds to over 1,000 students from 21 Halls and Colleges for this evening of challenges catered to a range of skills and abilities.

Throughout the evening, the students were able to compete in; basketball shootouts, cup stacking, skipping-rope challenges, 100-piece puzzle solving, 2 inflatable obstacle courses, giant tug of war, and the crowd favourite - tunnel-ball. The evening ended with the wipeout competition, a tough challenge testing students’ ability to balance on 4 large inflatable spheres.

The key aspect of this event is the large-scale student engagement, through participation and support for the team. Monash Sport is incredibly proud to be able to host such a fantastic event and looks forward to doing it all again in 2019.

DIVE-IN CINEMA

The Dive-In cinema in 2018 engaged with over 60 staff, students and Monash community members for an evening of family-friendly movie watching.

An old favourite, ‘Cool Runnings’, kept the participants entertained as well as free ice-cream, popcorn and soft drinks. A great event that provided a cool change from the Summer weather.
SOCIAL SPORT

Our Social Sport competitions are open to teams wishing to compete in a range of lunchtime and evening sporting competitions.

The Social Sport Program is a great way to exercise in a fun and friendly environment with competitions to suit all levels. It is run across our three campuses at Clayton, Caulfield and Peninsula.

We offer a variety of competitions and place a strong emphasis on participation with over 250 teams competing in our competitions each semester, in total over 7,000 participants.

The competition is focused on the social aspect of sport and participants are encouraged to have a go and enjoy themselves.

7,030 participants across 3232 games in 2018
Held at Clayton campus, the Monash Staff Games were an opportunity for staff across all Victorian campuses of the university to play modified sports in a fun and friendly environment. The 2018 Monash Staff Games offered a number of different sports and activities with an emphasis on getting involved and ‘having a go’.

All skill levels were encouraged to take part from beginners to those that are advanced.

This event catered for staff by ensuring competitions were run for only a short period of the day. Due to the competition growth, this year’s sports were held over two days to provide staff with the opportunity to play in multiple competitions.

A total of 275 staff competed across 8 different ‘open’* sports.

A fantastic event that helped raise the awareness of collegiality and team-building outside of the office space.

* all sports were ‘Open’. Eg: All male teams could compete, all female teams could compete, mixed teams could compete. The exception to this is Mixed Netball, with a maximum of 3 males on the court at any one time.
The Monash Residential Services and Non-Residential Colleges annual College Games was held on 8 August, 2018.

A range of engaging sporting activities were offered for this event, with a variety of mixed, open and women’s categories available.

Participants were able to select from:

- Dodgeball
- Downball
- Basketball
- Carpet Bowls
- Slot Car Racing
- Fast 5 Netball
- Volleyball

These events are integral to assisting areas of the university in building active cohorts. Sport at Monash is proud to continue offering opportunities for engagement through physical activity.

840 students from 21 Halls and Colleges competing in 7 engagement activities
Monash University celebrated a
colour filled weekend with the third
annual celebration of the ‘Holi
Festival of Colours (Rang Barse Holi
Festival of Colours)’ taking place on
Sunday 11 March, 2018. The event
attracted over 5,000 participants
to the sports precinct at Clayton
Campus.

The event, a collaboration between
Monash University, the City of
Monash and ‘Sankat Mochan Samiti’
celebrated peace, harmony and
friendship amongst friends, family
and strangers through a range of
diverse music and vibrant colours.

The aim of the festival was to
bring communities and individuals
together from all kinds of different
cultural, religious and national
identities and, now in its second
year, the festival was once again
a huge success with food trucks,
carnival rides and live performances
drawing in people from diverse
backgrounds.

Students and families from the
Monash community all came
together to take part in the vibrant
celebration of love and colour by
throwing coloured powder, supplied
by the festival organisers. The
vibrant colours being thrown around
the festival brought everyone closer
together and made the experience
unique for everyone involved in
attending and running the event.

3,500
student, staff and community
participants.
Year on year, Monash Sport is consistently delivering a high quality community support event in the form of MegaSwim. In 2018, in collaboration with City of Monash, we saw over 150 participants, mostly students, from 10 teams swim for 24 hours (6 - 7 October, 2018) with the ultimate aim to raise funds to help fight MS.

With an overall 880kms swum to raise over $20,000, the fundraiser was a huge success.

MS is a disease that affects the central nervous system. More than 25,000 Australians have MS, with an additional 1,000 diagnosed each year. Most people are in their 20s and 30s when first diagnosed. About one in 20 Australians will be directly impacted through a diagnosed family member, friend or colleague. There is no known cause or cure.

Funds raised by the MS 24 Hour Mega Swim provide people living with MS the opportunity to follow a dream through the MS Go for Gold Scholarship Program. The program aims to provide people living with MS in Victoria, New South Wales, Tasmania and the Australian Capital Territory an opportunity to fulfil their potential in life by pursuing aspirations in the fields of employment, sport, travel, education or the arts. Funds also support financial support programs and services provided by MS to benefit people living with MS.

The Monash MS 24 Hour Mega Swim is now in its 7th year and is one of the fastest growing community fundraising efforts. Monash Sport is proud to support this program, providing an important engagement opportunity to the Monash community.
Over 100 staff, students and community members participated in the ‘Commonwealth Games Challenge’.

The competition, designed to create a more active Monash University community, gave contestants a range of challenges to complete within the 2 week competition period.

Challenges were varied enough that it allowed participants to challenge themselves without having to learn completely new skillsets.

Over $400 worth of prizes were distributed to the highest achieving participants.
Our Group Fitness classes are suited to all fitness levels, creating a space that is conducive to the promotion of health and fitness to the Monash University community.

In 2018, we achieved the introduction of and additional 15-20 classes per week across our campuses resulting in over 60,000 total participants for the year.

In addition, we have seen:

- Participation growth in Group Fitness Classes of 15% at Clayton and 10% at Caulfield.
- The addition of new classes across all campuses to cater for strong growth.
- A new Running Group for Caulfield, catering to the increased demand for this program.
- Approval for a new ‘Mind and Body Studio’ and ‘Cycle Room’.

The delivery of 70 weekly classes at Clayton, 30 at Caulfield and 25 at Peninsula campus during semester leads to significant engagement opportunities for the community.

Over the last 4 years Group Fitness participant numbers have increased substantially, with an increase of 48%.
SPORT AT MONASH PROVIDES EXCEPTIONAL CUSTOMER SERVICE

Monash Sport is continually striving to provide customer service excellence and prides ourselves on the high quality service we deliver to Monash University students, staff and wider community, across a range of our facilities, programs and services.

We are committed to the ongoing development of our staff and have provided a number of customer service workshops over recent years, including ‘Exceptional Customer Service’, ‘Customer Service Across Cultures’ and ‘Handling Difficult Interactions’.

In 2018 Monash Sport engaged CSBA, who had previously conducted the Universities mystery shopping program to conduct a half day customer service workshop in providing Customer Service Excellence, attended by 45 staff across our Caulfield, Clayton and Peninsula campuses.

The Customer Service Excellence workshop delivered the following outcomes:

• Understanding our role in Customer Service
• Importance of first impressions
• Tools to sell/service our customers with confidence
• Communication styles
• Consultative selling skills - matching the needs and expectations of customers
• Understanding the difference between managing the customer vs managing the process

This workshop was positively received by staff who where able to adopt new techniques and skill sets when engaging with Monash Sport customers, ensuring they receive high quality customer service throughout their Monash Sport journey.

45 Staff across 3 campuses improving on their Customer service excellence
WATER WISE

Water Wise, developed and launched in 2015, is a free program providing learn to swim lessons at the beginner level to Monash University Students, at no cost to the participant.

The largest number of drowning deaths (43) occurred among people aged 25-34 years*. This age group represents our key demographic, and highlights the importance of our program in water safety.

The Monash Sport Water Wise adult learn to swim program reduces barriers for many international and domestic students and allows them to learn skills that could save their life, and provides them with opportunities to be involved in positive social activities in an aquatic environment.

The development and implementation of this innovative program was a direct response to Monash students lacking water confidence and capability, and in the worst cases, drowning in open water in Australia.

The Water Wise program has helped over 4,500 Monash University students enhance their water confidence and competence, since 2015.

There are other mental health, physical and social benefits of the program, which directly enhance the student experience for participants. Due to the broad range of social events in Australia that are conducted in aquatic environments, an understanding of swimming and water safety cannot be underestimated.

The Monash Sport Water Wise program has enabled an increasing number of Monash University students to access the facilities at the Doug Ellis Swimming Pool, one of only twenty five leisure facilities to be awarded the Lifesaving Victoria Platinum Pool award. This has transformed the social atmosphere at the aquatic complex, resulting in many small groups of domestic and international students gathering regularly to practice their new learned swimming skills. This has become an increasingly popular social hub for students.

Our Water Wise program has previously won national and state awards for innovation in aquatic programs, and was a finalist in the Aquatic and Recreation Victoria awards for 2018.

* Royal Life Saving National Drowning Report, 2017
SHARING THE UNIVERSITY EXPERIENCE THROUGH SPORT

On Wednesday, August 29, Monash University and the National Taiwan Normal University (NTNU) team played-off in a much-anticipated basketball game, hosted at the Monash University Stadium.

Melbourne decided to snap the winter blues by putting on the charm with a beautiful day.

Students and staff alike took the opportunity to soak up the brief reprieve from the cold and gathered in mass on the lawn in front of the big screen at Clayton Campus to enjoy both the sun and a great game of basketball.

The game was enjoyed by hundreds on the lawn and reached well over 16,000 on the Team Monash Facebook page.

The game did not disappoint with both teams fighting for supremacy throughout the game.

The Taiwanese team took advantage of their deep shooting, creating many of their chances from the perimeter.

The NTNU team put on a great first half display jumping out to a 12-point lead at the halftime buzzer.

Despite being down early, the Monash defence stood tall and kept them in the game.

As the game went on, Monash started to drive inside and work the ball into the paint to create their scoring opportunities, which proved key to their fightback.

Despite leading at every change, NTNU could not stop a Monash fightback that would see Monash University win by 4 points.

Team Monash Director Martin Doulton reflected on the game saying that it was an important step for Varsity Sport in Australia.

“The game was an opportunity for Monash University to increase its cross-cultural ties with universities from around the world,” said Mr Doulton.

“The high-quality game reflects our commitment to ensure that our students are supported with their sporting endeavours while they complete their studies.”

“We hope that the relationships built through this game will only strengthen and lead to great opportunities for our students to compete on the international stage.”

Thank you to the National Taiwan Normal University team for a great game and we hope to continue our close relationship in the future.
MEMBER BREAKFASTS

In 2018, Monash Sport introduced the ‘Member Breakfast’ series, offering customers across our Caulfield, Clayton and Peninsula centres a healthy breakfast option.

The offerings proved incredibly popular, with over 1,400 breakfast participants across the year.

Our breakfast options included input from on-site cafes, highlighting the benefits of collaboration across the campuses.

These breakfasts further support the programs and events that we run aimed at increasing overall community engagement on campus.

We will continue to deliver and build-upon these healthy breakfast offerings.

1,400 breakfast participants across 4 breakfast events
Monash Sport coordinated the Global Walk/Run Event at Clayton campus in 2018, with approximately 450 people in attendance. In addition, we were proud to have hosted the largest run event ever held with 60 participants.

This event, run in close collaboration with Team Monash and Monash Health and Wellbeing, is testament to the professionalism and dedication of the organisers’ commitment to creating opportunities for engagement across the University.

450 attendees, with 60 ‘run’ participants
MONASH IN MOTION

Following on the success of the inaugural 2016 and 2017 City in Motion event projects, the 2018 Monash-In-Motion international University Sport Festival was a great success. Activities included: MS Mega Swim, Global Walk/Run, 10,000 Steps, Water Wise ‘Surf’s up’, Aug Pep Rally, Schools Esport event and opening and wrap-up events.

With 1,788 participants being active across the eight scheduled events using eight different municipal and campus facilities this Festival showcased some of the best of the sporting and cultural facilities available. An audience of 122,000 was reached online through the stories and pictures produced during the Festival campaign. The 2018 Festival promoted the strong commitment of the University to improve its relationships with the municipality it is based in and encouraged a greater interaction between staff and community members for a common goal. This participation outcome was achieved with a greater number of staff and community members participating in this year’s Festival.

Across the festival a total of 1,788 from 57 teams raised over $30,000 for a range of causes.

The 2018 Monash in Motion Festival created the opportunities for extensive collaboration between parts of the two key organisations such as government relations, communications, community health and welfare, social media and marketing as well as the sport delivery agencies. From the created branding and media collateral conversations that created a unique and distinctive image of Monash in Motion.
BUILT SPACES
2018 welcomed a range of sport facility upgrades and maintenance across Monash University.

These upgrades act to provide further benefit to the Sport at Monash offering for the community.

They represent significant collaboration between key stakeholders, resulting in high-quality facilities.
FACILITY IMPROVEMENTS

The following enhancements to Sport at Monash assets were delivered in 2019:

- Mind and Body Studio Launched (Clayton Campus)
- Functional Training Space in the Clayton Fitness Centre increased
- Equipment upgrades across all sites
- Escape Room launched (Clayton Campus)
- Doug Ellis Swimming Pool Re-Tiling (Clayton Campus)
- Works commenced at Clayton Campus on 3 x FIFA accredited synthetic soccer pitches*
- Refurbishment of the Main Sports Pavilion* (Clayton Campus)
- LED Lighting Upgrades to the Stadium and Recreation Hall (Clayton Campus)
- Synthetic Cricket Wicket
- Installation of Baseball and Cricket training nets (Clayton Campus)
- AV system upgrades to Chisholm Hall (Caulfield Campus)

* Due for delivery in April 2019
FLOOR PLAN REDESIGN / ENHANCEMENT – CLAYTON FITNESS CENTRE

As part of our commitment to providing a varied and all inclusive training environment that caters to the needs of our members, an exciting new floor plan was implemented within the Fitness Centre at Clayton in June 2018.

The change was made after having identified an increased demand from members wishing to perform functional type exercises (e.g. deadlifting, the use of kettlebells, deadballs, sled track, ropes, plyometric exercises etc).

Throughout February 2018 we underwent a member consultation process which identified that 80.27% of members supported the concept of growing and enhancing the then existing functional training.

This supported our own daily and weekly insights, including informal feedback from members and customers, that there was a growing demand for functional training space within the Clayton Fitness Centre.

This change has complemented and has added to staged training enhancements implemented within the Fitness Centre over the past 4 years, specifically:

- 2014 – Installation of Matrix Training Unit (functional frame)
- 2015 – Relocation of cycle studio and creation of new functional training space, including a sled track
- 2016 – Enhancement of the Matrix Training Unit (functional frame) and procurement of additional functional training equipment
- 2017 – Installation of additional lifting platforms/ weight plates/ bars

This change included the addition of the following equipment / training aids:

- A wider Sled Track
- Prograde Kettlebells
- Coremax Aquabags
- Slosh Balls
- Torsion Bars
- Sandbells
- Bulgarian Bags

As well as extra of the following:

- An additional Lifting Platform
- Additional Bumper Plates
- Additional Medicine Balls
- Additional Foam Rollers
- Additional Powerbags
- Additional Deadballs

This new space has provided a much greater variety of progressive training options for members.

We’ve enjoyed seeing members benefit from this enhancement and how it has assisted us in further creating a welcoming and inclusive training environment and look forward to continuing to deliver high quality services and programs throughout 2019.
Functional Fitness

Cricket Pitch

Synthetic Soccer Pitches

Cricket and Baseball Training Nets

Pool Re-tiling
GLOSSARY

CEME
Campus Experience and Major Events

EBI Survey
Pre-built surveys aimed at judging overall satisfaction on a range of user-determined areas and deliverables.
Source: http://skyfactor.com/program-assessment-how-it-works/

ESPS - Elite Students Performer Scheme
Monash University provides students with the ability to combine their academic success with sports of performing arts excellence through the ESPS. A range of support services and benefits are provided to those students who are performing to an elite level in their sport or discipline.
Source: https://www.monash.edu/teammonash/talented-student-support/elite-scheme

Game Changer Award
An internal award system that recognises exceptional performance from Staff going above and beyond their normal role expectations.
Recipients of this award have been nominated by their colleagues, based on the below criteria:
- Demonstrates innovation
- Demonstrates and shares expertise
- Outstanding responsiveness
- Acts with a high level of integrity
Source: https://sites.google.com/a/monash.edu/sport-intranet/game-changer

Term: ‘Sport at Monash’
When using the terminology ‘Sport at Monash’ we refer to TeamMONASH & Monash Sport, and recognise the considerable contribution that Monash University makes in this space.

SECE
Student Engagement and Campus Experience