



Building a Healthy Community, in Partnership

# Training Calendar

## 2020

### Jan - Mar

**All of LAMPS workshops are free unless otherwise stated**

### January

#### Introduction to Compassion Focused Therapy – 2 day

**Time:** 9:00 – 5:00

**Venue:** Monash University, Caulfield Campus

**Presenter:** Paul Gilbert

**Register:**

<https://shop.monash.edu/introduction-to-compassion-focused-therapy-2-day-workshop.html>

29<sup>th</sup>  
&  
30<sup>th</sup>

### February

#### Project Management – 2 day

**Time:** 9:00am – 5:00pm

**Venue:** Monash University, Caulfield Campus

**Presenter:** Learn4Results

**Register:** Please contact your Discipline Senior to register for this event.

4<sup>th</sup>  
&  
5<sup>th</sup>

### March

#### Relational Formulation – 2 day

**Time:** 9:00am – 5:00pm

**Presenter:** Origin

**Venue:** Dandenong Quest

**Register:** Please contact your Discipline Senior to register for this event.

4<sup>th</sup>

#### Theory and Practice of the Cognitive Disabilities Model including the use of the Large Allen Cognitive Level Screen (LACLS) – 2 day workshop

**Time:** 9:00am – 5:00pm

**Presenter:** OT Do

**Venue:** Sandhurst Club, 75 Sandhurst Boulevard, Sandhurst

**Cost:** \$180

**Register:**

<https://shop.monash.edu/introductory-functional-cognition-workshop-monash-mental-health.html>

### Weekly Mindfulness Sessions

Every Wednesday

Sacred Space, Dandenong Hospital

Instructors (alternating):

Prof. Graham Meadows & Dr Fran Shawyer

Time: 2:30 – 3:00pm

### Targeted Workshop Requirements:

For these workshops participants are expected to undertake follow up reflection and provide brief summaries of their learnings to their work unit