

DRINK SPIKING

This sheet is designed for Monash University students and staff seeking information about support and reporting services.

Drink Spiking is when someone deliberately adds alcohol or drugs to another person's drink without their knowledge, which can leave them vulnerable to sexual assault, robbery and other harmful actions.

Any drink can be spiked, including soft drinks, juice, water or alcohol, and drink spiking can occur anywhere drinks are being served or consumed.

Drugs that are used to spike drinks are usually depressants that sedate or incapacitate a person, making them more vulnerable.

Signs of a spiked drink: feeling suddenly drowsy, unbalanced or "out of it", vomiting, lose consciousness, experience muscle spasms or have respiratory difficulties.

For more information, visit www.police.vic.gov.au/drink-spiking.

Drink spiking is illegal in all Australian states and territories. You can take action to be prepared and seek support if something goes wrong.

What can I do?

Ensure safety

If you believe there is an immediate risk to yourself or another person, call:

- ▶ **03 9905 3333** for Security on campus
- ▶ **000** for an emergency off campus

Seek advice

You can seek confidential advice from Safer Community Unit. We'll help to:

- ▶ keep you safe
- ▶ connect you with the most appropriate support services for your situation
- ▶ give you information on your formal reporting options so that you can make decisions that are right for you
- ▶ assist you with the reporting process, if you decide to make a formal report

How do I help someone else?

If someone you know has experienced drink spiking, you should encourage them to discuss the matter with Safer Community Unit, who can provide them with information, advice and support specific to their circumstances.

Safer Community Unit can also provide advice for you to pass on, and they can also help you with any support you may need.

For more information:


- ▶ visit monash.edu/safety
- ▶ download the **Monash bSafe** app from the Apple or Google Play stores

ON CAMPUS

Respond

Security Services

For emergency assistance on campus, or to request a security escort.

 03 9905 3333 (emergency)


03 9902 7777 (non-urgent)


Report

Safer Community Unit

Your key point of enquiry, support and response to concerning, threatening or inappropriate behaviour.

 03 9905 1599

 safercommunity@monash.edu

 monash.edu/safety

Support

Monash Counselling

Health and counselling services, programs and resources to keep you healthy in mind and body.

 03 9905 3020

1300 788 336 (student 24/7 counselling)

1300 360 364 (staff 24/7 counselling)

 monash.edu/health/counselling

OFF CAMPUS

Respond

Police


For an emergency response:

 000

Report

Police Assistance Line and Online Reporting


To report non-urgent crime 24/7.

 131 444

 <https://www.police.vic.gov.au/palolr>

Crime Stoppers

To anonymously report criminal behaviour or suspicious activity.


 1800 333 000

 <https://crimestoppers.com.au/>

Support


Victims of Crime

Information, advice and support to help you manage the effects of crime and guide you through the legal process.

 1800 819 817


South Eastern Centre against Sexual Assault and Family Violence (SECASA)

Counselling for victim/survivors of sexual assault and sexual harassment.

 03 9594 2289

1800 RESPECT

24/7 information, counselling and support for people impacted by sexual assault, family violence and abuse.

 1800 737 732

