

# 2025 KEY FINDINGS

AUSTRALIAN DIABETES  
CLINICAL QUALITY REGISTRY  
(ADCQR)

## DEMOGRAPHICS



**65**

Participating  
Centres



**3705**

Patients



**32**

Centres of Excellence  
& Tertiary Care Centres



**33**

Secondary &  
Primary Care Centres



**6**

States  
& Territories

### SEX DISTRIBUTION



**43.2%**

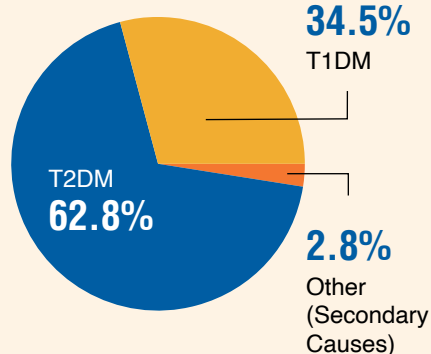
Females



**56.8%**

Males

### TYPES OF DIABETES\*



\*Excluding unknown or unstated diabetes type

### MEAN AGE



### MEDIAN DURATION OF DIABETES



## BLOOD GLUCOSE MONITORING

### T1DM BLOOD GLUCOSE MONITORING

**8.3%** Blood Glucose  
Self Monitoring  
Only

**86.8%** Continuous  
Glucose  
Monitoring Only

**4.8%** Both Blood &  
Continuous  
Glucose  
Monitoring

### T2DM BLOOD GLUCOSE MONITORING

**14.2%** No Regular  
Blood Glucose  
Monitoring

**76.5%** Blood Glucose  
Self Monitoring  
Only

**7.1%** Continuous  
Glucose  
Monitoring  
Only

**2.2%** Both Blood &  
Continuous  
Glucose  
Monitoring

T1DM: Type 1 Diabetes Mellitus; T2DM: Type 2 Diabetes Mellitus

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## T1DM

**8.1%**

MEAN HBA1C (%)

**7.6%**

MEDIAN HBA1C (%)



**63.7%**

Multiple Daily Injections Of Insulin



**36.3%**

Continuous Subcutaneous Insulin Infusion



**12.4%**

Additional Non-Insulin Therapy

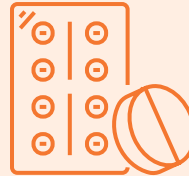
## T2DM

**8.4%**

MEAN HBA1C (%)

**7.8%**

MEDIAN HBA1C (%)



**14.3%**

On 1 Glucose Lowering Therapy



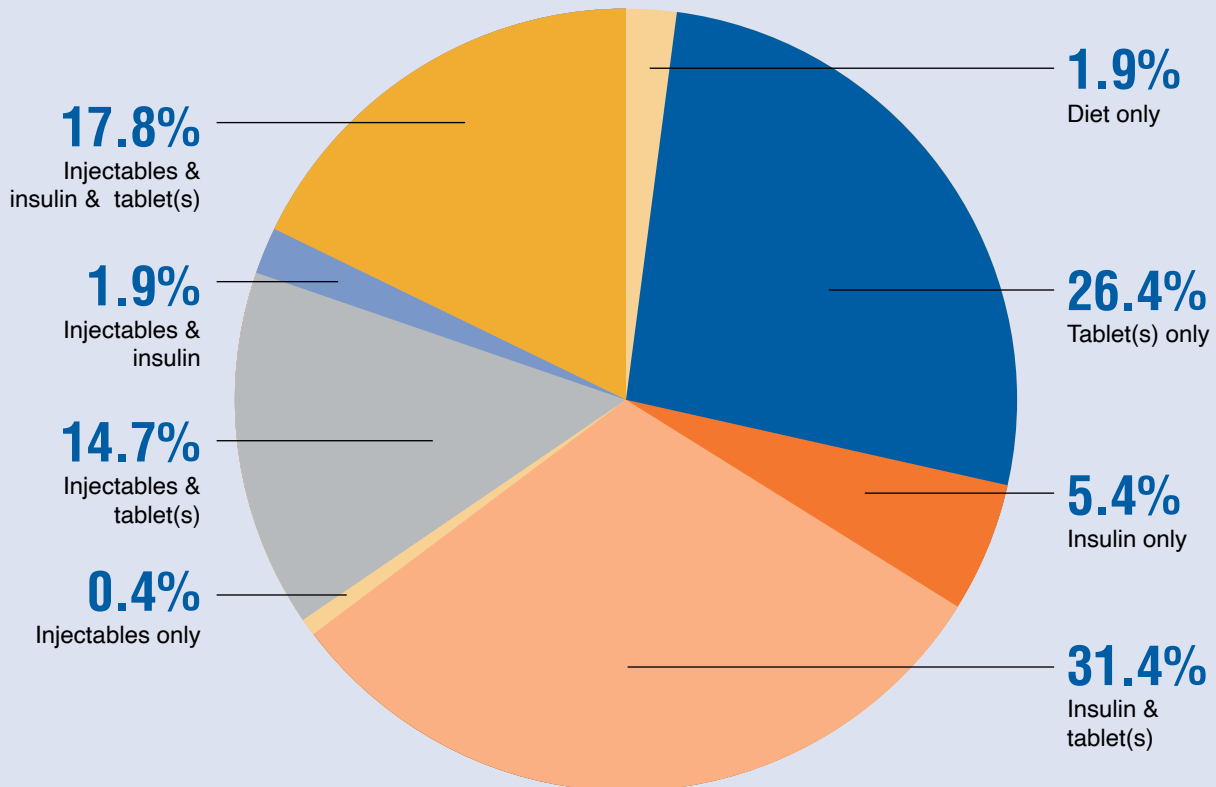
**27.6%**

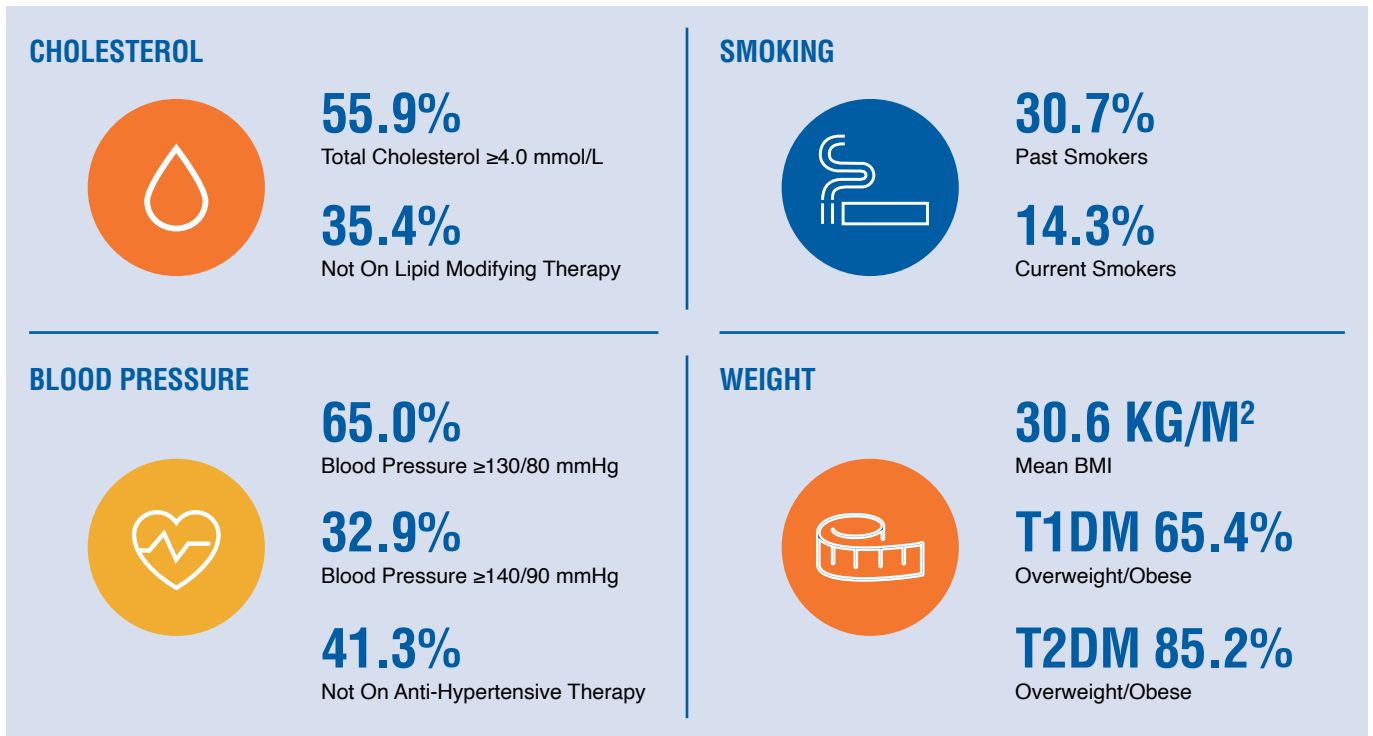
On 2 Glucose Lowering Therapies

**58.1%**

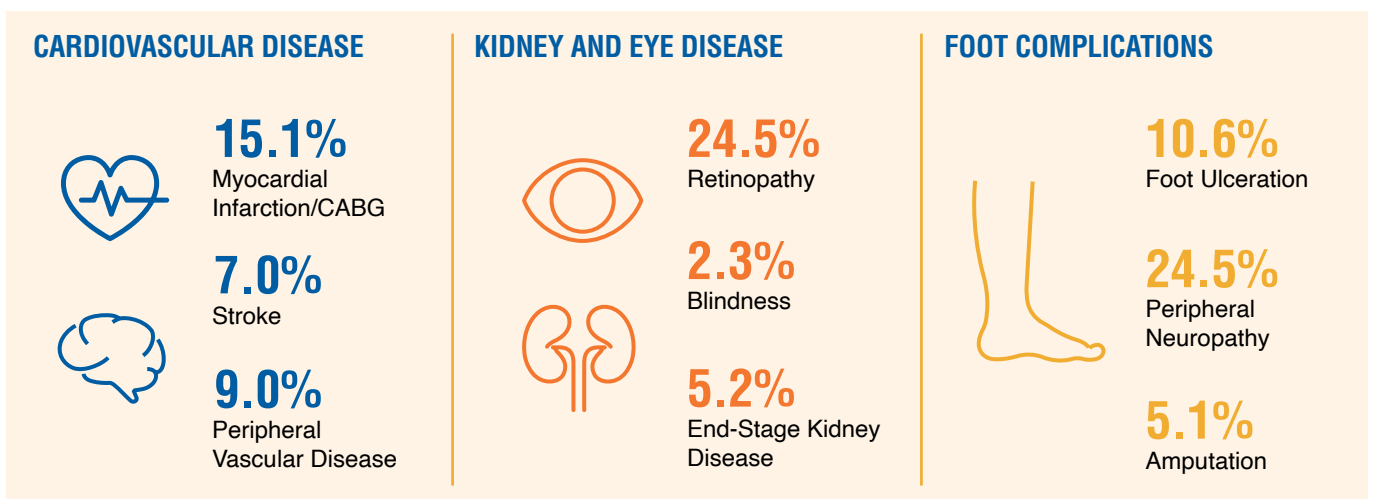
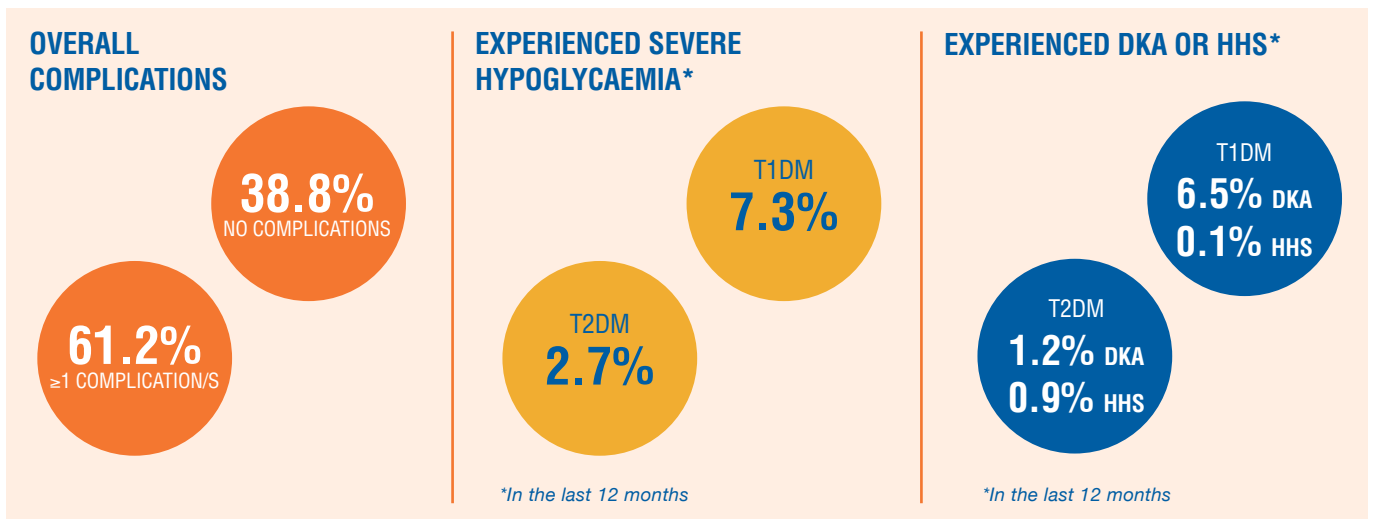
On ≥3 Glucose Lowering Therapies

## TYPES OF GLUCOSE LOWERING THERAPIES (T2DM ONLY)





## COMPLICATIONS (EVER REPORTED)



CABG: Coronary Artery Bypass Graft; DKA: Diabetic Ketoacidosis; HHS: Hyperosmolar Hyperglycaemic State

## HEALTH PROFESSIONAL ATTENDANCES (IN THE LAST 12 MONTHS)



**72.9%**

Diabetes Educator/Nurse Practitioner



**39.0%**

Dietitian



**79.8%**

Ophthalmologist/Optomestrist



**17.0%**

Psychologist/Psychiatrist



**52.1%**

Podiatrist



**23.5%**

Exercise Physiologist/Physiotherapist

## PHYSICAL ACTIVITY



**60.9%**

<150 Mins/Week  
Moderate Or  
Vigorous Activity



**56.2%**

No Muscle  
Strengthening  
Exercise

## NUTRITION/DIET MANAGEMENT

**17.4%**

Insufficient Time To  
Prepare Healthy Meals

**42.2%**

Too Costly To Eat Well

**8.2%**

Don't Know What Foods  
Are Best To Eat

**40.2%**

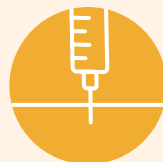
T1DM Only - Hard To  
Count Carbs/Weigh Food

## VACCINATIONS



**78.3%**

Did Not Receive A COVID-19  
Vaccination/ Booster  
In The Last 6 Months



**41.0%**

Did Not Receive  
An Influenza Vaccination  
In The Last 12 Months



**80.2%**

Were Not Up-To-Date  
With Pneumococcal  
Vaccination