



## Medicine, Nursing and Health Sciences

School of Clinical Sciences –  
Centre for Developmental Psychiatry and Psychology

# How I Feel: Asking adolescents about their emotions

**\$50**  
**VOUCHER**  
FOR PARTICIPATING  
TEENS



Emotional problems are often under recognised in young people with an intellectual disability.

The Monash University Centre for Developmental Psychiatry and Psychology are conducting research about how best to identify emotional difficulties in young people with an intellectual disability.

This project aims to develop a visual questionnaire (on an iPad) that helps adolescents themselves provide information on difficulties they may be having with their emotions.

We are looking for parents who have a child aged 12-18 years with an intellectual disability that either does or does not experience difficulties with their emotions. You can still help with this study even if your child does not have emotional difficulties.

### » For further information please contact:

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*This study has Monash University Human Research Ethics Committee (#CF15/6-2015000004) and Victorian Department of Education and Training ethics approval (2015\_002677).*

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