Please note this menu is subject to availability and prices are subject to change without notice.

Please provide 48 hours notice for large catering orders.
Corporate and Private Healthy Choices Catering Menu

BREAKFAST

- Bacon and egg roll – $6.00
- Bacon, tomato, lettuce, toasted with rye – $7.50
- Bagel with cream cheese – $5.00
- Raisin toast – $4.00
- Swiss fruit toast – $4.00
- Yoghurt and muesli – $3.50
- Yoghurt with passionfruit, berry or mango – $3.50

LUNCH

Sandwiches (are made with Schwob’s Bread) – $7.50 each

Sourdough, white, light rye, dark rye, multigrain, baguette, focaccia, ciabatta, bagel, roll, panini, wrap

**Please note, if sandwich fillings are not specified when ordering, a variety of fillings and bread will be provided.

Meat-based fillings

- Chicken breast, bacon, tomato, lettuce and mayonnaise
- Cajun chicken breast, lettuce, carrot and spiced mayonnaise
- Chicken, avocado, baby spinach and mayonnaise
- Smoked chicken, tomato, lettuce and cranberry
- Smoked ham, tomato, mesculin, cheese and chutney
- Smoked ham, swiss cheese, mesculin and seeded mustard
- Tuna, celery, baby spinach, peas, mayonnaise and cracker pepper
- Rare roast beef, lettuce, capsicum and avocado
- Salami, tomato, lettuce and tasty cheese.

Vegetarian fillings

- Falafel balls and salad
- Egg, lettuce, spring onion, parsley and mayonnaise
- Grilled Mediterranean vegetables – eggplant, zucchini, red capsicum, spinach and pesto
- Tomato, lettuce, cheese and mayonnaise
- Garden salad, tasty cheese and chutney.

Cafe Monsu
Wraps
- Sweet chilli chicken, lettuce, cucumber and red capsicum
- Ham, tomato, lettuce, carrot and mayonnaise
- Tasty cheese, tomato, lettuce, spinach, red cabbage and carrot
- Herb chicken, lettuce, carrot and mustard mayonnaise
- Egg, bacon, tomato, lettuce, mustard and mayonnaise
- Cajun chicken breast, lettuce, carrot and mustard mayonnaise
- Falafel, tabbouleh and tzatziki.

Tarts and frittatas — $4.50 per item, which can be served cold
- Spinach and feta tart
- Egg and bacon tart
- Pumpkin, leek and asparagus tart
- Layered vegetable frittata — eggplant, sweet potato, zucchini and red capsicum.

Finger food — Prices range from $1.50 to $3.50 per piece. We recommend 3-4 pieces per person
- Thai beef balls with coconut milk, nuts, garlic and chilli paste
- Thai chicken balls with red capsicum, corn, nuts, garlic and chilli paste
- Variety of sushi (minimum order of 1 dozen)
- Smoked salmon canape, party baguette.

Gourmet cheese platter — $7.50 per person
- Cheese platter, dried fruit and crackers.

Fruit platter — $5.50 per person
- Fresh seasonal fruits, served either as a platter or as a fruit salad.

BEVERAGES
- We can supply freshly brewed coffee, variety of T2 tea and jugs of water at your venue — $4.50 per person
- Bottled water — $3.00
- 100% fresh fruit juice at $3.50 per person or 2 litre bulk 100% fresh fruit juice — $9.50.