



TARGET Nutrition Study

Newsletter

Issue **4**

Dec 2015

Starting

Feb/ Mar

2016



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The Augmented versus Routine approach to Giving Energy Trial

Seasons Greetings and Happy New Year

On behalf of Marianne Chapman and Sandra Peake

the TARGET Management Committee

ANZIC-RC and MRINZ

Merry Christmas

Wishing you a very successful 2016

...and a very successful TARGET year



Study Progress

2015 was a year of planning and preparation for the recruitment period for the TARGET management committee and our participating sites.

Ethics approvals granted for —

- * Canberra Hospital
- * Western Australian sites—4 public hospitals
- * Queensland, NSW, Victoria & South Australian sites under National Mutual Approach
- * New Zealand sites

Ethics submissions arranged for —

- * Tasmanian sites
- * 2 private hospitals in Western Australia



MEDICAL RESEARCH
INSTITUTE
OF NEW ZEALAND



MONASH University
Medicine, Nursing and Health Sciences



ANZICS Clinical Trials Group






TARGET protocol EN first shipment due in Sydney February / March 2016

Study Progress

Study feed —

- * TARGET protocol EN
 - ◆ Fresubin 1000 Complete Tube Feed 1kcal/ml in 1000 mls bag
 - ◆ Fresubin Energy Fibre Complete Tube Feed 1.5kcal/ml in 1000 mls bag
- * Blinded packaging like this 
- * Kindly provided by Fresenius Kabi Deutschland GmbH
- * Goal Rate = 1ml per kg Ideal Body Weight per hour
- * TARGET protocol EN bags are compatible with your ICU EN pumps and giving sets



Data Safety Monitoring Committee —

- * Chair—Professor Deborah Cook
- * Members—Assoc Professor Lauralyn McIntyre
—Professor Sangeeta Mehta
- * First meeting—held 21 October 2015

TARGET Nutrition Study is on target for start up February/March 2016

Farewell Dr Jack Iwashyna from Michigan USA; new Management Committee member.

So great to have you with us at ANZIC-RC for the past year.

Thank you very much for your contribution to TARGET.

Best wishes from the Management Committee

Christmas close down

Monash University is closed between 23 December 2015 and 3 January 2016 (inclusive)

Australian sites—please contact Lorraine Little

MRINZ is closed between 24 December 2015 and 4 January 2016 (inclusive)

New Zealand sites—please contact Diane Mackle

(contact details overleaf)



Special thank you to Di Mackle, Sally Hurford, Audrey Shearer and Ness Singh; an inspirational team and I so appreciate your hard work this year. Best wishes, Lorraine

