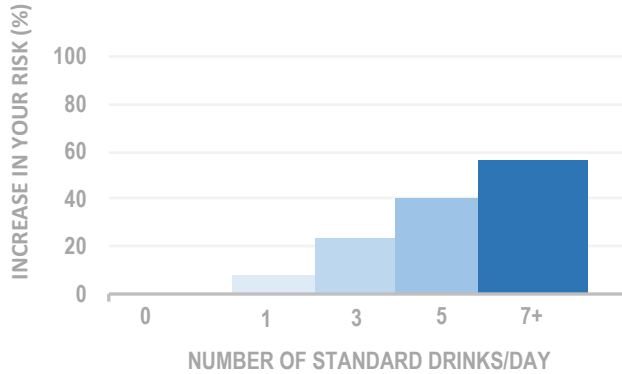
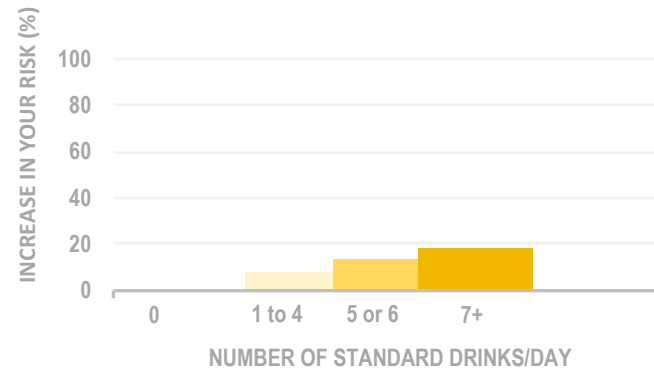


Alcohol and risk to your health

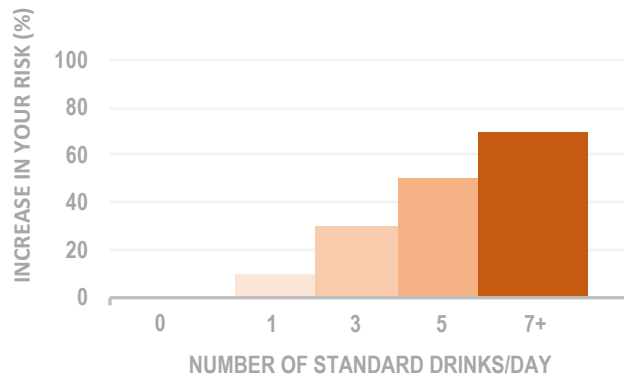
Breast cancer



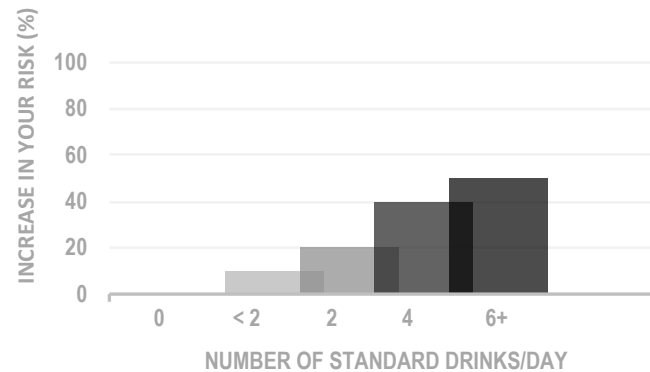
Prostate cancer



Colorectal cancer



Stroke



Suggested talking points for use with patients

- Cancer charts
 - Drinking alcohol increases your risk of many cancers. Your risk keeps increasing if you have more alcoholic drinks each day.
 - Breast cancer
 - Drinking one alcoholic drink a day can increase your risk of breast cancer by 10%. If you have seven alcoholic drinks each day, it can increase by 60%.
 - Prostate cancer
 - Drinking between 1 and 4 alcoholic drinks can increase your risk of prostate cancer by 10%. If you drink seven alcoholic drinks each day, your risk increases by 20%.
 - Colorectal cancer
 - Drinking one alcoholic drink a day can increase your risk of colon cancer by 10%. If you have seven alcoholic drinks each day, it can increase by 80%.
- Stroke chart
 - Drinking alcohol increases your risk of stroke. Drinking one alcoholic drink a day can increase your risk of stroke by 10%. Your risk of stroke keeps increasing if you have more alcoholic drinks each day. If you drink 6 alcoholic drinks a day, your risk can increase to 50%

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