MENTAL HEALTH NURSING

Mental health nurses support the recovery of people living with a wide range of mental health disorders. Gain knowledge to be an effective member of the mental health team. With Commonwealth Supported Places available, there’s never been a better time to further your nursing career.

You’ll gain knowledge in key areas and with the latest emerging models of care and therapies, learning from experts within the mental health nursing field.

Advanced and highly flexible, this course is designed to prepare you, a registered nurse, with leadership skills, to plan, implement, coordinate and evaluate health care, as well as formulate policy for a diverse and multicultural society. On completion, you will be equipped to improve the health of individuals, families, communities and the development of the profession.

In the Mental Health Nursing specialisation you will:

- Gain leadership skills in mental health nursing to plan, implement, coordinate and evaluate person-centred and recovery-oriented health care.
- Develop core skills on the nature of mental illness, the mental health nursing process, ethical and legal issues, and various contemporary psychotherapies and techniques to support person-centred and recovery-oriented care.

You may be eligible to exit early with a Graduate Diploma in Advanced Clinical Nursing if the award requirements have been met.

Yookyung Lee
Master of Advanced Clinical Nursing graduate (2020)

“The mental health specialisation gave me very practical knowledge and skills that I can apply in my practice. It was very satisfying to see that the knowledge I gained has improved my nursing care and ultimately benefited my patients.”

Course code
M6031

Study mode
On-campus (Clayton, Peninsula)
Multi-modal (Clayton, Peninsula)

Intakes
First semester: February

Durations
Part time: up to 3 years
Full time options available
ELECTIVES
You’ll have the opportunity to customise your degree around your interests, with a choice of electives. Pick nursing electives, or even units from another area of study (with the permission of the course convenor).

Explore a list of approved electives at handbook.monash.edu/current/courses/M6031

If you are studying in the on-campus mode you may need to attend either/both the Clayton and Peninsula campuses depending on where your elective is offered and some travel between campuses is expected.

RESEARCH PATHWAY
Monash is recognised globally for research excellence. As part of the Master of Advanced Clinical Nursing, you may have the opportunity to work on a nursing research project, with one of our expert supervisors. Completing this can be used as a pathway to a graduate research degree, such as Doctor of Philosophy.

WHY CHOOSE MONASH?
- Content developed and delivered by recognised experts.
- Flexible learning delivery modes.
- Study by all coursework or combine coursework and a minor thesis.
- Elective units allow you to meet your career aspirations.
- Network with like-minded nurses wanting to advance their careers.
- Ranked #14 in the world and #1 in Victoria for Nursing (QS World University Rankings 2022).
- COMMONWEALTH SUPPORTED PLACES (CSP) AVAILABLE.

LEARN MORE
For further information about the Master of Advanced Clinical Nursing, including entry requirements and fees, visit monash.edu/study/course/m6031 or contact:

FUTURE STUDENT ENQUIRIES
T 1800 MONASH (666 274)
E study@monash.edu
monash.edu/nursing

MY PASSION IS SUPPORTING STUDENTS TO THINK CRITICALLY ABOUT THEIR PRACTICE AND CHALLENGE PRE-EXISTING IDEAS OF MENTAL ILL HEALTH. I HAVE A STRONG FOCUS ON REDUCING STIGMA, SUPPORTING RECOVERY-ORIENTED MENTAL HEALTH PRACTICE AND PROMOTING MENTAL HEALTH IN ORDER TO BREAK DOWN BARRIERS AND PROMOTE INCLUSION.

Alison Hansen
Specialisation Lecturer