

## Monash University Policy

<b>Policy Title</b>	Health and Wellbeing at Monash University Policy (Australia only)
<b>Date Effective</b>	
<b>Review Date</b>	
<b>Policy Owner</b>	Director Business Support, Buildings and Property
<b>Category</b>	Operational
<b>Version Number</b>	1.0
<b>Content Enquiries</b>	<a href="mailto:wellbeing@monash.edu">wellbeing@monash.edu</a>
<b>Scope</b>	All Staff
<b>Purpose</b>	To articulate the principles that underpin the University's commitment to workplace health and wellbeing and provides guidance to support the development and implementation of health and wellbeing programs at the University.
<b>POLICY STATEMENT</b>	

The University builds a workplace culture and environment that values, supports and promotes programs and policies that improve the physical and mental health and wellbeing of employees.

<b>Supporting Procedures</b>	<a href="#">Health and Wellbeing at Monash University Procedure</a>
<b>Responsibility for implementation</b>	Occupational Health & Safety Heads of academic/administrative units and controlled entities Supervisors and managers Staff and students with health and safety responsibilities Health & Safety Representatives Wellbeing Champions Staff
<b>Status</b>	
<b>Approval Body</b>	<b>Name:</b> Vice Chancellor <b>Meeting:</b> n/a <b>Date:</b> <b>Agenda item:</b> n/a
<b>Endorsement Body</b>	<b>Name:</b> Monash University OHS Committee <b>Meeting:</b> 3/13 <b>Date:</b>

	<b>Agenda item: 3.3</b>
<b>Definitions</b>	
<b>Legislation Mandating Compliance</b>	Occupational Health and Safety Act 2004 (Vic) Occupational Health and Safety Regulations 2007 (Vic)
<b>Related Policies</b>	Monash University Occupational Health & Safety Policy Monash University Wellbeing & Support Policy Monash University Mental Health Policy Monash University Equity & Diversity Policy
<b>Related Documents</b>	Monash University Wellbeing & Support Procedure – Employee assistance program (Staff Counselling) and supervisor assist service Monash University Guide to Managing Conflict – Positive steps for managing and promoting a healthy workplace culture Wellbeing & Support Procedure – WorkCover Monash University Equity & Diversity Procedure - Discrimination and Harassment Grievances Monash University Equity & Diversity Procedure – Staff Disability