Monash University Policy

Policy Title | Health and Wellbeing at Monash University Policy (Australia only)
---|---
Date Effective | 
Review Date | 
Policy Owner | Director Business Support, Buildings and Property
Category | Operational
Version Number | 1.0
Content Enquiries | wellbeing@monash.edu
Scope | All Staff
Purpose | To articulate the principles that underpin the University’s commitment to workplace health and wellbeing and provides guidance to support the development and implementation of health and wellbeing programs at the University.

**POLICY STATEMENT**

The University builds a workplace culture and environment that values, supports and promotes programs and policies that improve the physical and mental health and wellbeing of employees.

<table>
<thead>
<tr>
<th>Supporting Procedures</th>
<th>Health and Wellbeing at Monash University Procedure</th>
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| Responsibility for implementation | Occupational Health & Safety  
Heads of academic/administrative units and controlled entities  
Supervisors and managers  
Staff and students with health and safety responsibilities  
Health & Safety Representatives  
Wellbeing Champions  
Staff |
| Status | 
| Approval Body | Name: Vice Chancellor  
Meeting: n/a  
Date:  
Agenda item: n/a |
| Endorsement Body | Name: Monash University OHS Committee  
Meeting: 3/13  
Date: |
## Agenda item: 3.3

### Definitions

**Legislation Mandating Compliance**
- Occupational Health and Safety Act 2004 (Vic)
- Occupational Health and Safety Regulations 2007 (Vic)

### Related Policies
- Monash University Occupational Health & Safety Policy
- Monash University Wellbeing & Support Policy
- Monash University Mental Health Policy
- Monash University Equity & Diversity Policy

### Related Documents
- Monash University Wellbeing & Support Procedure – Employee assistance program (Staff Counselling) and supervisor assist service
- Monash University Guide to Managing Conflict – Positive steps for managing and promoting a healthy workplace culture
- Wellbeing & Support Procedure – WorkCover
- Monash University Equity & Diversity Procedure - Discrimination and Harassment Grievances
- Monash University Equity & Diversity Procedure – Staff Disability