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# Short Course: Introduction to Biostatistics for Clinical and Public Health Study

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## Synopsis

This short course introduces clinical and public health researchers to biostatistics as applied to public health and management studies. Biostatistics is the science of describing, summarising and analysing health-related data. It is essential to understand biostatistics in order to design, conduct and interpret health-related research. The basic principles and methods used in biostatistics are covered in this short course. This includes the technical qualifications necessary for analysing and interpreting data on a descriptive and bivariate level. Topics include: classification of health data; summarizing data using simple statistical methods and graphical presentation; sampling distributions, quantifying uncertainty in results from a sample; statistical distributions; comparing two/more groups/methods using confidence intervals and hypothesis tests (p-values); assessing the association between an outcome and an exposure using the chi-squared test; risk comparisons (RR & OR); prediction of an event or identifying risk factors for an event of interest where the event is measured on a continuous scale or a binary scale (yes/no); sample size calculations.

Attendees will be very briefly introduced to the computerised statistical package, SPSS. However, if you are not proficient in using SPSS, I would recommend you to register for the SPSS short course (<http://www.med.monash.edu.au/sphpm/shortcourses/spss.html>) In the SPSS short course theory will be complemented by the use of applied examples and exercises to enhance understanding and facilitate development of practical skills.



# Learning Objectives/Outcomes

- Discuss classification of data, various epidemiological studies, and method of data collection for evaluating research question in the concerned Epidemiological Studies.
- Summarize data (using graphical display and descriptive statistics) that has been collected from the concerned populations.
- Discuss the probability distributions for variables collected in public health studies (Application Level) and evaluate the sampling variability (uncertainty) in data analysis results
- Discuss the statistical significance of a hypothesis about the study population based on sample data (normality assumption holds) and evaluate the difference between two groups.
- Formulate boundary values for parameters in the study population and evaluate the precision in its estimates based on sample data (normality assumption holds).
- Evaluate the difference between more than two groups based on sample data where data in each group follows the normal distribution.
- Evaluate the difference between two or more groups when normality assumption does not hold or data is ordinal or discrete.
- Explain the relationship between an outcome (continuous scale) and exposures and identify the truly independent exposures for the outcome of interest.
- Evaluate the risk that an event (binary) will occur given a particular exposure, compared to the risk of the event occurring in the absence of that exposure.
- Explain the relationship between a binary event and exposures and identify the truly independent exposures for the event of interest.
- Evaluate the association between event (categorical) and exposure where either or both can have multiple categories.
- Power analysis and sample size calculation.

# Schedule

Day	Lecture/Activities	
1	<b>Modules 1-3: Key Concepts in Public Health and Clinical Studies</b> <ul style="list-style-type: none"> <li>Classify data and explain study design and sampling methods</li> <li>Use a statistical software package to present data using relevant graphs and summary statistics</li> <li>Measure sampling error or uncertainty in data analysis results</li> <li>Be familiarize with the normal and t-distributions and their use in public health research</li> </ul>	Case Study 1
2	<b>Modules 4-8: Statistical Methods for Analysing Continuous Data</b> <ul style="list-style-type: none"> <li>Formulate research hypotheses in the context of comparing two or more groups and evaluate the hypothesis using relevant statistical methods</li> <li>Describe the relationship between an outcome and multiple exposures, and predict the outcome from the knowledge of these exposures</li> <li>Use a specific statistical software package for hypothesis testing as well as for evaluating relationship b/w an outcome and one or multiple exposure(s)</li> </ul>	Case Studies 2 & 3
3	<b>Modules 9-11: Statistical Methods for Analysing Categorical Data</b> <ul style="list-style-type: none"> <li>Formulate research hypotheses in the context of relationship b/w a binary event and exposure/s</li> <li>Assess the statistical significance of relationship b/w an binary event and an exposure</li> <li>Estimate the magnitude of the association b/w an exposure and a binary event</li> <li>Describe the relationship between a binary event and multiple exposures, and then predict the event.</li> <li>Use a specific statistical software package for evaluating the relationship b/w an event and one or multiple exposure(s)</li> </ul>	Case Studies 4 & 5
3	<b>Module 12: Sample size calculation</b> <ul style="list-style-type: none"> <li>Discuss the importance of power analysis in a public health study.</li> <li>Calculate an optimum sample size for the study.</li> </ul>	