

## MNM Student dress code guideline

### SCOPE

This guideline applies to:

- all students enrolled in nursing and midwifery preregistration degrees (Bachelor of Nursing, Bachelor of Nursing/Bachelor of Midwifery (Honours) and Master of Nursing Practice).

### GUIDELINE STATEMENT

This guideline outlines the dress code requirements for students undertaking Clinical Learning Environment (CLE) workshops and clinical placements with clinical placement providers.

Adhering to professional dress codes can assist health professionals to acquire the confidence of their clients and the broader community. Schools and Departments have professional dress codes for all students designed to promote Monash University students as well presented and professional. Where prescribed, uniform **MUST** be worn by all students undertaking practice components of their courses.

The Unit Coordinator or delegate may either prevent a student from attending the CLE or commencing clinical placement or remove a student from a clinical placement in the event of a failure to follow these requirements.

Monash University Nursing and Midwifery (MNM) choice of uniform attire takes into consideration the context of where care is delivered, e.g. in-patient care or in the community, and will influence the style of dress that is appropriate for that environment. Therefore, scrubs are not an appropriate choice for student nurses who are required to attend clinical placement in various clinical settings.

This guideline takes into consideration infection control, occupational health and safety (OHS), and patient safety measures.

The following principles must be adhered to:

1. Hand Hygiene:
  - No watches, bracelets or jewellery (other than a flat plain wedding band) can be worn.
  - Nails should be kept short and clean. Nail polish including, but not limited to, shellac, gel, acrylic, and silk nails, **MUST NOT** be worn as chipped surfaces can harbour micro-organisms.
  - All shirts/tops **MUST** be short sleeved (above elbow), no outer garments (e.g. cardigans, vests, jackets) can be worn when working in the CLE or on clinical placement.
2. Protection and movement:
  - Tops/Pants/Shorts/Skirts must enable for free movement and ensure that no midriffs are visible.

- The following jewellery are permitted but must comply with OHS requirements and if applicable be removed to facilitate hand hygiene:
  - Fob watch (or equivalent)
  - Flat plain ring (e.g. wedding band)
  - Stud earrings may be worn but for OHS reasons earrings of other description are not permitted.
  - Facial rings and nail rings are not permitted. Facial rings can be replaced by studs.
- Footwear must be comfortable, waterproof (leather or leather like) and easy to clean, non-slip sole (rubber soled), closed toe and heel and appropriate for the CLE and clinical placement environment. Sports shoes must not be worn unless they adhere to the above requirements. For example, mesh sport shoes do not protect feet from fluid spills, heavy objects or sharps.

### 3. Student identification:

- All students are required to obtain:
  - Monash University identification badge (student ID card) and
  - Monash University name badge (as shown below), which must be worn at all times during placements.

Please buy a plastic badge holder (soft round edges only) for student ID card available from the campus bookshop.

### 4. Cultural/Religious/Health Dress Requirements:

For students that have specific cultural/religious/health dress requirements, the following applies:

- Sleeves able to be secured above the elbow for hand washing and patient care activities are permitted. Garments worn under the uniform top must be in line with the uniform colours (navy blue or black).
- Headwear will be short length, secured with clips, not pins, and will not cover any part of the face.

### Approved uniform:

Students are expected to comply with the following approved dress code.

Polo or Shirt with Monash University logo and Monash University name badge (preferred name):



These items can be purchased at the [Monash Book and Merchandise Store](#).





## Appendix 1:

### Do's and Don'ts

| Clothing, Jewellery and footwear | Do's  | Don'ts  |
|----------------------------------|---|---|
| Jewellery and Nails              | <ul style="list-style-type: none"> <li>• Fob watch</li> <li>• Flat band wedding band can be worn</li> <li>• Studs only for ear and facial piercings</li> <li>• Natural, short and clean nails</li> </ul>  | <ul style="list-style-type: none"> <li>• No bracelets, wrist watches, necklaces, rings (other than flat wedding bands)</li> <li>• No hooped earrings or facial rings.</li> <li>• No nail polish, gels, acrylic or false nails.</li> </ul>   |
| Tops: Polo and Shirt             | <ul style="list-style-type: none"> <li>• Monash branded polo and shirt that can be purchased at <a href="#">Monash Book and Merchandise Store</a>.</li> </ul>   | <ul style="list-style-type: none"> <li>• No long sleeves under the uniform that are below the elbow.</li> <li>• No cardigans or jumpers or Hoodies when in the CLE or clinical environment.</li> </ul>  |
| Pants, Skirts and Shorts         | <ul style="list-style-type: none"> <li>• Business pants, navy or black, full length, tailored</li> <li>• Tailored shorts, navy or black, (Knee length – no shorter than 2.5 cm or 1 inch above the knee)</li> <li>• Skirts, navy or black, (knee length – No shorter than 2.5 cm/1 inch above the knee; Long skirts not below the ankle)<br/>Note: these can be purchased at any retailer of your choice.</li> <li>• Work pants with side pockets. Note: can only be purchased from the <a href="#">Monash Book and Merchandise Store</a>.</li> </ul> | <ul style="list-style-type: none"> <li>• No denim/jeans</li> <li>• No cargo pants</li> <li>• No 3/4 pants</li> <li>• No leggings, jeggings or legging-type pants</li> <li>• No scrub pants</li> </ul>   |
| Footwear                         | <ul style="list-style-type: none"> <li>• Black or Navy</li> <li>• Non-slip</li> <li>• Waterproof material (leather or leather like)</li> <li>• Feet must be fully cover</li> <li>• Are comfortable</li> </ul>   | <ul style="list-style-type: none"> <li>• No ballet flats</li> <li>• No colours – black and navy only</li> <li>• No straps</li> <li>• No coloured soles or coloured stitching – black only</li> <li>• No high heels (not higher than 4 cm).</li> <li>• No mesh or cloth</li> </ul> |