



TARGET Nutrition Study

Newsletter

The Augmented versus Routine approach to Giving Energy Trial

Issue 1
March 2016

*On behalf of Marianne Chapman and Sandra Peake,
the TARGET Management Committee,
ANZIC-RC and MRINZ*

Happy Easter

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It was wonderful to see so many of you at the 18th Annual Meeting on Clinical Trials in Intensive Care / Research Coordinator Workshop in Noosa this year and have the opportunity to talk to you face to face—this is going to be an exciting year for TARGET and your participation is greatly appreciated.

Study Progress

- New Zealand held a very successful regional TARGET start-up meeting on 25th February with 11 of 12 sites represented.
- Start up meetings in Adelaide (for the South Australian sites); Austin Hospital; and Canberra Hospital have been conducted.
- Wonderful support and thoughtful feedback from all meetings—thank you.





Study Progress (continued)

- We are expecting the feed to arrive in Australia by mid-April so those sites who are in the primary roll out phase of recruitment will commence soon after delivery.
- The CRFs are completed after adding new sepsis questions (on baseline form) and following feedback from start-up meetings to ensure they are universally understandable and user friendly.
- The comprehensive data dictionary is being completed now that the CRFs are finalised.
- The database is ready and looks fantastic—thanks to those of you who have road tested it for us!
- Chart stickers, bedside alerts and prompts are ready; tape measures are being sourced; site files are done.

So have a wonderful Easter 2016 everyone, we look forward to moving on to the next phase of TARGET after the break.



Easter close down

Monash University is closed from Friday 25th March and will reopen on Wednesday 30th March 2016

Australian sites—please contact Lorraine Little

MRINZ is closed from Friday 25th March and will reopen on Tuesday 29th March 2016

New Zealand sites—please contact Diane Mackle

(contact details overleaf)