### ACADEMIC

Students have access to a wide range of support within the Faculty, Monash Library, Learning Skills and more. You may feel overwhelmed and unable to reach out as deadlines loom. Reach out to options for support early and often.

- **Research & Learning Online**: resources to support skills and strategies for study and research.
- **Drop-In Sessions**: students can get expert advice from a learning skills adviser or librarian.
- **Academic Integrity**: this tutorial covers information to ensure students are aware of academic responsibilities such as citing and referencing.
- **English Connect**: resources to develop academic writing, reading, presentation skills and more for those students who are from a Non English-Speaking Background.
- **MonTrack**: advice and information on the services, facilities and opportunities at Monash so that you can make the most of your time at uni.
- **Resources for Thriving**: features a range of resources created specifically to support students at ADA.
- **Course Advice**: Students can meet with a MADA Student Services team member, or submit an online query with Monash Connect.
- **MoVE (Monash Virtual Environment)**: a platform for students to access the specialised software and applications they need for their course.

### SOCIAL/EMOTIONAL

University students are a ‘high risk’ population for mental health difficulties given that the prevalence of mental disorders is highest in the 16-24 year old age group. ([APS, 2014](#), [Staffman, 2010](#)).

- **Counselling Services**: provides FREE 24/7 support to all students struggling to cope with personal or study.
- **Course Advice**: Find time to speak with a Monash Connect staff member if you have questions relating to your course or unit enrolment. Call to have your query sorted on +61-3-9902 6011
- **Anita Blom**: Manager, Student Experience + Inclusion.
  - **Book a time to meet with Anita**: +61-419 665 676 (M – F)
  - **G2.17**
- **Queries about international student visa requirements** can be referred to Monash Connect’s International Student Support team.

### CONCERNING BEHAVIOUR

All staff and students have the right to feel safe at Monash. If you see or experience behaviour of concern, take a moment to consider the most appropriate course of action — do not attempt to ‘work things out’ if there is an issue of safety — take action immediately. This section will supply you with tools and information to seek expert support as appropriate.

- **The Safer Community Unit**: (ph 99051599) is focused on identifying and reducing risks to the safety and wellbeing of our students, staff and wider community at Monash. They provide advice and support as well as key information to help you in difficult or risky situations. If you’re feeling threatened or unsafe, please contact the Safer Community Unit. Students can make an anonymous report online if they have witnessed or experienced threatening behaviour.
- **Emergency Contacts**:
  - **On Campus**: 9905 3333 (Security 24 hours)
  - **Off Campus**: 000 (police, fire or ambulance)

### Sexual Assault

Students can seek support for themselves or for someone that they know who may have experienced sexual assault. The sexual assault reporting booklet will guide students through reporting options and provide information and support.

### WHAT YOU SHOULD KNOW— your guide to safety at Monash

- **The Monash Student Charter**: clearly sets out the key expectations of students and by students to foster this learning community.
- **Students concerned that the University has not met their expectations can access student grievance or appeal processes.**

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**Resources for Thriving**: features a range of resources created specifically to support students at ADA.

- **Mental Health support organisations and effective support** FREE with a Mental Health Treatment Plan.
- **Headspace**: (including Youth Health Factsheets)
- **MHFA Training**: Mental Health First Aid training is a skills-based program delivered over 2 days.

Students living with a condition which impacts their learning should register with Disability Support Services. This will facilitate access to flexibility and assistance.