

Working Alliance Inventory for General Practice (WAI-GP)

Citation for English version of WAI-GP: Elizabeth A Sturgiss, Elizabeth Rieger, Emily Haesler, Matthew J Ridd, Kirsty Douglas, Shelley L Galvin, Adaption and validation of the Working Alliance Inventory for General Practice: qualitative review and cross-sectional surveys, *Family Practice*, Volume 36, Issue 4, August 2019, Pages 516–522, <https://doi.org/10.1093/fampra/cmy113>

WAI-GP – Patient survey

Below is a list of statements describing how people might interact with their GP.

Please circle your answer under each of the statements.

1. As a result of seeing my GP, I am clearer as to how I can look after my health and wellbeing.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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2. What I am doing with my GP gives me new ways of looking at my health and wellbeing.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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3. I believe my GP cares about me.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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4. My GP and I work together on setting goals for looking after my health and wellbeing.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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5. My GP and I respect each other.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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6. My GP and I are working towards health goals that we both agree on.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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7. I feel that my GP understands me.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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8. My GP and I agree on what is important for me to do to look after my health and wellbeing.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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9. Even though I may do things that my GP does not advise or suggest, I know they still care about me.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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10. I feel the things I do with my GP will help me to achieve my health goals.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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11. My GP and I have a shared understanding of what I need to do to look after my health and wellbeing.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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12. I think we're doing the right things for my health and well-being.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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WAI-GP GP survey

Patient name –

Below is a list of statements describing interactions between a GP and their patient.

Please circle your answer in relation to the above patient under each of the statements.

1. My patient and I agree on the tasks required to manage his/her health and wellbeing.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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2. I am genuinely concerned for my patient's welfare.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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3. We are working towards health goals that we both agree on.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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4. My patient and I both feel confident about the effectiveness of our current approach to managing their health.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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5. I respect my patient as a person and accept them without judgement.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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6. We have a shared understanding of the kind of changes that would help my patient.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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7. My patient and I respect each other.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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8. My patient and I have a common understanding of his/her health goals.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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9. I care about my patient even when he/she does things that I did not recommend or advise.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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10. We agree on what is important for my patient to work on.

Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
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Scoring the Working Alliance Inventory for General Practice (WAI-GP)

The patient and GP survey can be used together or alone. This will depend on your research question. For example, if you are interested in the patient perspective of the therapeutic relationship, you could use the patient surveys only. If you are interested in how the two parties compare in their view of the therapeutic relationship, then you could use them both.

Missing items – in our research, we have excluded surveys that have more than one missing item.

Patient survey

- Each item is scored out of 5 – Strongly Agree = 5; Strongly Disagree = 1
- For the total WAI-GP score, add all the items and divide by 12
- If you are interested in the sub-parts of the WAI-GP, add up the score in each subcategory and divide by 4.

1	As a result of seeing my GP, I am clearer as to how I can look after my health and wellbeing.	Goal
2	What I am doing with my GP gives me new ways of looking at my health and wellbeing.	Task
3	I believe my GP cares about me.	Bond
4	My GP and I work together on setting goals for looking after my health and wellbeing.	Goal
5	My GP and I respect each other.	Bond
6	My GP and I are working towards health goals that we both agree on.	Goal
7	I feel that my GP understands me.	Bond
8	My GP and I agree on what is important for me to do to look after my health and wellbeing.	Task
9	Even though I may do things that my GP does not advise or suggest, I know they still care about me.	Bond
10	I feel the things I do with my GP will help me to achieve my health goals.	Task
11	My GP and I have a shared understanding of what I need to do to look after my health and wellbeing.	Goal
12	I think we're doing the right things for my health and well-being.	Task

Bond – items 3, 5, 7, 9 (add item scores and divide by 4)

Goal – items 1, 4, 6, 11 (add item scores and divide by 4)

Task – items 2, 8, 10, 12 (add item scores and divide by 4)

GP survey

- Each item is scored out of 5 – Strongly Agree = 5; Strongly Disagree = 1
- For the total WAI-GP score, add all the items and divide by 10
- If you are interested in the sub-parts of the WAI-GP, add up the score in each subcategory and divide by the number of items in that category.

1	My patient and I agree on the tasks required to manage his/her health and wellbeing.	Task
2	I am genuinely concerned for my patient's welfare.	Bond
3	We are working towards health goals that we both agree on.	Goal
4	My patient and I both feel confident about the effectiveness of our current approach to managing their health.	Task
5	I respect my patient as a person and accept them without judgment.	Bond
6	We have a shared understanding of the kind of changes that would help my patient	Goal
7	My patient and I respect each other	Bond
8	My patient and I have a common understanding of his/her health goals.	Goal
9	I care about my patient even when he/she does things that I did not recommend or advise.	Bond
10	We agree on what is important for my patient to work on.	Task

Bond – items 2, 5, 7, 9 (add item scores and divide by 4)

Goal – items 3, 6, 8 (add item scores and divide by 3)

Task – items 1, 4, 10 (add item scores and divide by 3)