

The **Monash Women's Health Alliance (MWA)** channels and leverages our network of over 185 research leaders, over 50 specialist research groups, data sets, registries, biobanks and clinical trial footprint, to lead a step change in prevention, public health and clinical practice, for women, girls and gender diverse people of all ages.

THE MONASH WOMEN'S HEALTH ALLIANCE

Centred on improving women's health outcomes through the lifespan, the MWA addresses both current and emerging women's health outcomes, with a focus on workplace policy and practice, education and workforce development and translational research.

Key MWA partners include Monash University and a network of members spanning Victoria's health care system including leaders in women's health research, all dedicated to effecting positive health outcomes across women's health care, research, prevention, services and advocacy.

ENSURING THAT EVERY WOMAN HAS ACCESS TO THE LATEST EVIDENCE BASED INFORMATION AND CARE TO LIVE THEIR BEST LIFE

Playing a leadership role and central point for collaboration, Monash University works with Alliance partners, external stakeholders and network members providing a front door to Government, collaborators and the community seeking access to internationally recognised expertise and a centre for solutions.

The MWA brings together a statewide network collaborating with national and global networks and connecting with community.

50+ RESEARCH GROUPS	 75+ WOMEN'S HEALTH CLINICAL TRIALS RECRUITING NOW
CLINICAL GUIDELINES & PRACTITIONER TOOLKITS	150k SPECIALIST CONSULTATIONS & ADMISSIONS
SPECIALIST HEALTH CLINICS FOR WOMEN	RESEARCH IMPLEMENTATION TOOLKITS
	 TRAINING THE NEXT GENERATION OF HEALTH CARE WORKERS & RESEARCHERS

“For too long, the health needs of women have been secondary in health systems, research and education. The Monash Women's Health Alliance has put the needs of women and girls front and centre in their world-leading work. Our battle is now to ensure that women get their health information from these experts. Our battleground is on the digital platforms where so much misinformation takes hold.”

Professor the Hon. Jill Hennessy, Vice Chancellor's Professorial Fellow, Monash University and Chair, Monash Women's Health Alliance

IMPACTING WOMEN'S HEALTH CHALLENGES THROUGH THE LIFESPAN

At the forefront of women's health and research, the MWAH collaborates to embed research and education into our network of clinical partners and the community with a focus on the development of innovative treatments and therapies through optimising models of care, impacting and improving the lives of women.

Working across 3 key streams; Policy and practice, Education and workforce development and Translational research, the MWAH are working towards improving lives across priority areas for women including:

- Menstrual health and disorders of menstruation, including endometriosis, premenstrual dysphoria, PCOS and the many causes of amenorrhea
- Sexual and reproductive health
- Mental health and well being
- Cancers
- Cardiovascular health
- Autoimmune disease
- Pain management
- Body image and eating disorders
- Fertility and pregnancy
- Dementia and cognitive decline
- Healthy ageing and prevention of chronic disease
- Menopause - management, impact on work arrangements, interventions
- Health in the workplace
- Workforce - educating and training for health and care professionals

CONTACT

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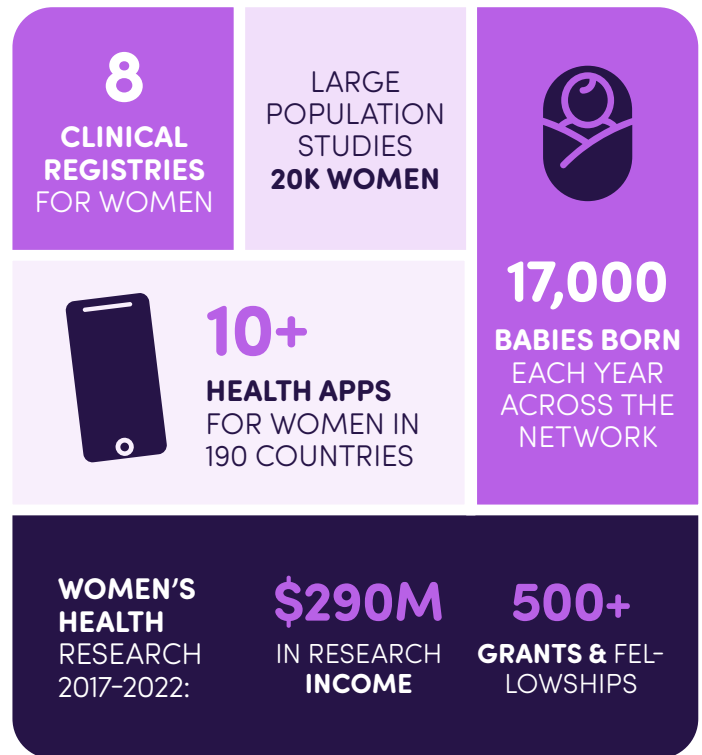
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#monashwomenshealthalliance



EXPLORE OUR APPS, AI AND DIGITAL TOOLS

Body Image

- Jem: Chatbot to support young people to develop healthy body image
- Essi: AI tool to provide support while waiting for a psychologist

Reproductive Years

- AskPCOS: APP and website with information, a questions prompt, symptoms tracker and discussion forum

Fertility

- Healthtalk Australia: Digital resource with explainers, information, lived experience stories and support

Pregnancy

- Optimal Me: Online health coach, SMS tips and reminders

Menopause

- AskEarly: Menopause App with a personal dashboard to track symptoms, a discussion form, information and a question prompt list

BE THE FIRST TO HEAR OUR LATEST NEWS

Instagram @mwha.monash

Website www.mwha.monash