

ABOUT ME

This form helps you tell your coach/teacher about what can support you in your community program.

I am participating in this program because:

I can already:

Things I can't do yet:

Something I find challenging is:

ABOUT ME

Self-Determination in Community Programs

My strategies are:

You can support me by:

You can access more information from here:

An important note for program leaders:

This information should be treated confidentially, and only shared with others with the consent of a young person. Thank you for all you do to encourage and mentor young people – your positive belief in a young person's ability to achieve their goals makes a huge difference.