


Are you concerned about your cholesterol levels?

Be part of this study to find out if taking a seaweed supplement can lower cholesterol levels and help reduce your risk of heart disease.

- **Are you between the ages of 18 and 65?**
- **Do you think you might have high cholesterol?**

Contact Margaret to find out more.

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 tinyurl.com/MonashSeaweed

The study will take place at the Notting Hill BASE facility and will involve four visits, of approx. 30 minutes, over the course of 12 weeks.

Upon completion you'll receive a **\$50 Coles/Myer voucher**, a FREE 30 minute nutrition consultation and body composition report valued at **\$100**, and go into the draw to **win an iPad!**



Scan the QR code to our online screening survey

