

Health & Fitness Centre

Conditions of Entry

- All Health and Fitness Centre users must observe the terms and conditions of entry, and all directions of Monash Sport staff and agents at all times. Monash Sport reserves the right to require you to leave if these conditions are not adhered to.
- Members must scan their membership card before each workout.
- A sweat towel must be used during all workouts.
- Appropriate clothing and footwear is to be worn at all times within the Health & Fitness Centre. Jeans, work boots, thongs, sandals, slippers and open toed shoes are prohibited.
- Customers found using the Health & Fitness Centre under the influence of alcohol or any other function impairing drugs will be required to leave.
- It is the responsibility of customers to provide Monash Sport staff with any relevant medical history or restrictions relevant to an exercise program. You are required to inform Monash Sport of any changes in such a medial condition.
- Use of the exercise facilities is entirely at your own risk and you release, to the fullest extent permitted by law, the Monash Sport Health & Fitness Centre, its employees and agents, from all claims and demands of whatever kind which may arise from the use of the exercise facilities.
- No customer will solicit business for financial gain from any other member for any purpose. This includes, but is not restricted to, personal training, medical or dietary advice.
- Bags are to be left in the lockers or baggage compartments provided. Monash Sport will not accept any responsibility for any property you have that may have been lost, stolen or damaged while in the Health & Fitness Centre or change rooms.
- Food, hot drinks or drinks in glass containers/bottles are prohibited within the Health & Fitness Centre.
- No guests or visitors are allowed into the Health & Fitness Centre unless they have permission from a Monash Sport staff member.
- Casual users of the Health & Fitness Centre must complete a casual visit form and pay the casual visit fee.
- Children under 16 years of age are not permitted in the Health & Fitness Centre unless they have permission from a Monash Sport staff member.
- Out of courtesy to other patrons, please remember to return weights and equipment to their correct position when you have finished each exercise.
- The use of training chalk is prohibited within the Health & Fitness Centre.
- Misconduct with equipment, using obscene or profane language or exhibiting behaviour that may cause injury or is considered offensive or threatening by other members or Monash Sport staff will result in the immediate eviction of that person and/or withdrawal of membership.
- Photography or videoing is not permitted unless by prior arrangement with Monash Sport.

