



MASTER OF DIETETICS

IMPROVE HEALTH AND TREAT DISEASE THROUGH DIET

Whether it's working with individuals or whole communities, studying dietetics gives you the opportunity to make a real difference through food and diet. Become an advocate for evidence-based nutrition from day one.

The Master of Dietetics provides you with the knowledge, skills and practical experience required as an Accredited Practising Dietitian. Our course explores food science and systems, fundamentals of health and disease, population health, food service and clinical dietetics.

Throughout this degree, you'll have opportunities to apply your dietetic knowledge outside the classroom through simulated patient scenarios, hands-on food activities and working in Monash's nutrition clinic. You'll also access innovative facilities at the Be Active Sleep and Eat (BASE) facility, including a commercial kitchen, exercise and fitness suite and body composition equipment.

In the Master of Dietetics you will:

- Develop the professional and personal qualities required for dietetic practice in a variety of workplace settings
- Get hands-on experience through placements in clinical, food service and public health
- Build your research skills and complete your own research project, under the guidance of our nutrition and dietetics experts

Course code

M6002
CRICOS code: 084910M

Study mode

On-campus (Clayton)

Intakes

Second semester: July

Durations

Full time: 1.5 or 2 years depending on prior qualifications

COURSE STRUCTURE

PART A	PART B	PART C
<p>Foundational studies</p> <p>Examine the nutrition and food science underpinning dietetics.</p>	<p>Evidence-based dietetics planning and treatment</p> <p>Develop core knowledge and skills relevant to practice with a focus on person-centred care and a systems approach to nutrition.</p>	<p>Dietetic practice</p> <p>Connect the theoretical components with practice, under the guidance of practitioners.</p>

To find out more about what you'll study, visit monash.edu/study/course/m6002

Depending upon your prior qualifications, you may be eligible to receive credit for Part A.



"Something that sets us apart as Monash graduates apart is our paediatric skills. Doing my placement at the Royal Children's Hospital in Melbourne really opened my eyes and I found I loved paediatrics. We're now in the process of launching our own child development program that I'm part of in Mount Isa."

Kiri Woodington

Remote Generalist Dietitian (APD),
Gidgee Healing and Master of Dietetics graduate (2018)



WHAT DO DIETITIANS DO?

Dietitians apply the science of nutrition to improve health outcomes for individuals. This could be working one-on-one to treat patients with medical conditions, or influencing health on a larger scale through work in public health and policy.

Find out more dietitiansaustralia.org.au

PLACEMENTS

Throughout this course, you'll complete 100 days of practical experience across food service, public health and clinical settings.

We partner with some of the state's major healthcare providers including Alfred Health, Monash Health, Eastern Health and Peninsula Health, to give you access to high-quality clinical training.

You'll also implement public health projects with organisations like YMCA and Parks Victoria.

PROFESSIONAL RECOGNITION

This course has been accredited by the Dietitians Association of Australia (DAA) and graduates are eligible to become Accredited Practising Dietitians (APD).

CAREER OPPORTUNITIES

Studying a Master of Dietetics can lead to a diverse range of career options, in areas like:

- Community nutrition and public health
- Consultancy or private practice
- Food industry
- Food service and management
- Government and policy
- Patient care
- Research and education
- Sports



"I completed a public health placement in Darwin with Outback Stores, an organisation that works to improve remote community food supplies. The highlight was being able to work on a project that would make a real difference in the lives of thousands of people in communities with limited access to food."

Camilo Cayazaya
Master of Dietetics student

LEARN MORE

For further information about the Master of Dietetics, including entry requirements, fees and scholarships, visit monash.edu/study/course/m6002 or contact:

FUTURE STUDENT ENQUIRIES

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monash.edu/medicine

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